

# Cheshire

# Smile

The Quarterly magazine of the Cheshire Homes Summer 1965 Price 1s 6d





# on our cover



Colette Jaquin, the girl on our cover, with a vivacious personality and an elfin face, comes from Dauphine in France. She spent a month helping at Le Court last summer, accompanied by a friend, Danielle Grangier. Why did they come? They hear such 'good stories' about Le Court from another French girl, Christine Royer, who spent part of her summer holiday at the Home in 1961.

With her parents and eight brothers and sisters, Colette lives at Romans in the department Drome. The town lies just off the main highway to the Mediterranean, sixty miles south of Lyons, and her father runs a shop there – a charcuterie. Colette, herself, has finished two years of her training to be a teacher at the University of Lyons.

Danielle, also a native of Romans, went to the same boarding school as Colette in Tournon, some twelve miles distant from their home-town. For the last two years, Danielle has been teaching at St. Donat, not far away.

Colette and Danielle, both 21, are pictured above in the Le Court grounds, the shot having been taken, like the one on our front cover, by Neville Thomas. They made themselves very popular with all sections of the Le Court community, and are typical of the young girls and boys who have come over to Britain from continental Europe to spend a period working voluntarily in one of the Cheshire Homes.



# Cheshire Smile

The Quarterly Magazine of the Cheshire Homes

Vol. 11 No. 2 Summer 1965 one shilling and sixpence

Contributions to *The Cheshire Smile* are invited from all readers. Opinions put forward in individual articles do not necessarily represent the official view of the Cheshire Foundation. It is our aim, however, to encourage free expression of ideas. Publication dates fall roughly in the middle of March, June and September, but early December. If you would like to ensure that you receive *The Cheshire Smile* regularly, we should be glad to put your name on our mailing list.

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## Deadlines for Next Issue

All news items for the September 1965 number should be received by the Regional Editors not later than 5th July. Regional Bulletins, letters to the Editor, etc., must be received here at Le Court by 19th July. No further notice of these dates will be sent to the Homes, so please make a note of them in your diaries. Special articles, photos, drawings, etc., should be sent, as early as possible, direct to the Editor, Le Court.



# People & Places

**A round up of topical items about interesting people, and places of note by the Roving Reporter.**

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## **ANNUAL CONFERENCE and FAMILY DAY, 1965**

The Annual Conference of the Cheshire Foundation Homes was held this year on Saturday, 22nd May at the Irish Club, 83 Eaton Square, London, S.W.1 (not 82 as in previous years).

By kind invitation of the Management Committee of Greathouse, the 1965 'Family Day' is being held at this Home on Saturday, 17th July.

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A month or so ago, I called upon the Editor during his stay at Athol House. It was the first time I had been to the Dulwich Home for several years, and I was delighted to have the opportunity of seeing this lovely house again, and of meeting some old friends. Among the latter were Norman Whiteley and Virginia Woodward, both of whom I remember meeting at the film show in Shell-Mex House last June. Norman told me that he was responsible for liaison with the London Transport Inspectors at Brixton who drive the Athol House bus on a rota system. Last year, they did 250 trips for the residents, and drove some 7000 miles. This seems to me a really wonderful effort.

I was also introduced to a helper who has been to the Home every weekend for the last four years. She was introduced to me as Ellen. 'Nobody knows my surname', she confided. It certainly seems to be a pretty wonderful record that Ellen Coyles has put in for the last four years. Frank Spath told me how particularly happy he had been during his fortnight with the cheerful crowd at the Dulwich Home.

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I had an air letter today from Margot Gibb in Durban. She says, 'Here, we shall be soon embarking on our first Trustees' Meeting. I'm longing to get around and start some more new Homes'. For the moment, however, she is doing a job. I expect we shall soon hear that

the new Home in Durban has become a reality.

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I expect you will have heard about the Concert that took place in Southwark Cathedral on 7th April, in aid of the Overseas Cheshire Homes. The Hospital Symphony Orchestra very kindly laid on an interesting programme, and over 300 people heard the Concert in the lovely and unusual setting of this comparatively unfamiliar London Cathedral.

Before the Concert, there were several parties. Henry Marking gave one in his Mews flat, to which he had invited a number of people who are connected in one way or another with the Homes. Elaine Mayes was there, also Francis Collins (who has taken over from Henry Marking the sifting and general administration of offers of help), and Miss Shirley Hawes, one of the Ampthill Committee. Lord Sinclair also gave a small party after the Concert, and Dennis Parker, the man who did so much to start the Home at Mushin in Lagos, was present at that one. A third party was given by Mrs. Kay Sanders for members of the Appeals Committee, and the guests here included Mrs. Kate Barker, Mrs. Jean Scott-Hill, and Ted Gibbons and his wife.

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Mention of Henry Marking reminds me that he was recently in Hong Kong, and visited the Cheshire Home there. He took a number of photographs of patients, including some of a little Chinese boy who has developed in the Home a remarkable gift for painting, principally by copying pictures, but copying them in a truly remarkable way. Henry bought one or two of his paintings, which he showed me.

While on the subject of Overseas Homes, I must not forget to mention that the G.C. is planning to visit West Africa some time in November. He will be visiting the Homes in Sierra Leone and Nigeria. Margot Gibb paid a hurried visit to these Homes in February, she having really pioneered them several years ago. This will be the first visit of the G.C. to West Africa, and we must



all wish that it will be successful. Certainly, everyone connected with the Homes in those two countries is eagerly awaiting the Founder.

The other day, I spoke on the phone to the chief medical officer of Shell, who had been visiting the Shell installations in the great new oil development areas of the Eastern Region, Nigeria, of which Port Harcourt is the principal town. He had called in at the Cheshire Home in that town, and was able to give me a glowing account of the wonderful spirit of this Home for handicapped children, and of the nuns who run it. Apparently, there is strong support from many Africans in Port Harcourt, and, of course, as usual, Shell is taking a benevolent interest in the work.

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When I was staying in Bedfordshire a few months ago, I took the opportunity to visit Ampthill Park, which I used to know well in the early days of its life as a Cheshire Home. I was quite astounded at the marvellous spirit prevailing there, and at the numerous activities going on. Particularly striking is the new wing, now nearly finished, which will enable the present congestion to be considerably relieved. Miss Lovett, the Matron, gave up a lot of a Saturday afternoon to showing me round, and to introducing me to the residents and helpers. I bumped into Francis Collins along one of the corridors. He has almost become one of the family, spending as he does many, if not most, of his weekends at the Home.

My visit happened to coincide with that of some relations to Christine Webb who is severely incapacitated by her disability but who has now begun to earn money at the Spastics Centre, Bedford. Only the day before my visit she had walked for the first time with calipers. Her happiness about all this was as great as that of her relations, the Matron, staff, and her fellow-residents.

Miss Lovett introduced me to Kay Crawley who does a lot of work on her typewriter. She was typing the breakfast menus when I met her. She and Matron have a race to do the *Observer* crossword every Sunday. Matron said that Kay usually won. Others I met at Ampt-

hill were Kathy Turnbull, who has been responsible for selling the *Cheshire Smile* for the last three years, and for organising raffles, Ted Cocking, Chairman of the Residents Welfare Committee, and two friends whom I remembered from the old days, Henry Clerk and Jack Linnington.

I did enjoy this return visit after what had been far too many years, and it certainly seemed to be a very happy Home indeed. Miss Lovett took me on a tour of the basement, where she has a number of wheelchairs, which would be particularly useful in the Overseas Homes, if we could somehow find a way of getting them across the seas.

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Many readers will have seen a little book called 'Heritage' by the late Mrs. Beatrice Black, which was published by her husband, Mr. N. C. Black, during 1963 in her memory. The Mission for the Relief of Suffering, along with other charities, has benefited from the proceeds of the sale of this book. It is also worth mentioning that one reader of the book has just sent the Mission a generous donation of £300. For any Homes or Friends interested in distributing the book, it is supplied in any quantity at 3s 6d per copy, to be sold at 10s each. Enquiries to Mr. N. C. Black, Heritage, Southwood Avenue, Walkford, Hampshire.

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#### JEROMY AND ELIZABETH - THE CHESHIRE CHILDREN

A most unfortunate mistake occurred in our last issue. Jeromy and Elizabeth, the two children of Group Captain Cheshire and Mrs. Sue Ryder Cheshire, had been visiting Eastern Europe with their parents last autumn, and a photograph (taken by their father) was published showing them sitting together in a wheelchair at the Konstancin Home in Poland. Quite erroneously, the caption implied that they were patients of the Home. Appropriate apologies have been made.

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#### CHESHIRE HOMES DAY OF PRAYER 1965 - REPORT

The Annual Day of Prayer for Cheshire

Homes was held this year on Sunday, January 24th. It was observed in many of our Homes, and in some, special services were arranged for the occasion.

This is the Day on which we specially ask all Christian people to join with us in intercession for the work of the Foundation. Prayers are directed to a better understanding of suffering, in order that we might become more faithful followers of Jesus Christ, and play a more active part in fostering true peace in the hearts of men and women throughout the world.

At Le Court, a 'Unity Service' was held to which were invited all Christian people in the Home. It was entirely a lay event, and the order of service had been compiled and arranged by Le Court residents. It is of great interest that members of both the Roman Catholic congregation and the Anglican congregation have since asked for such services to be made a regular part of life in the Home. A second service of the same kind was held in Holy Week, and a more regular programme is being worked out.

A service was arranged on the Day at Greenacres, the Warwickshire Cheshire Home. And this Home also sent a circular letter to all the churches in the Sutton Coldfield area bringing their attention to the Day and its purpose.

St. Cecilia's duly set aside this Sunday with the same object in mind. The chapel was overcrowded, and the very fine service was conducted by an old friend and warhorse, and veteran Mons soldier, the Reverend Biggs.

The (R.C.) Family of the Cross chose this Day for their Annual Day of Recollection, which was held at a Convent in London. Several residents from various Cheshire Homes were able to be there.



## Retirement of 'The Professor'

DR. G. C. CHESHIRE and Dame Mary Cheshire resigned in December 1964 from the Board of Trustees of the Cheshire Foundation Homes. This bald announcement hides a great deal, and we cannot let the occasion pass without retelling something of the story.

From 1952, the year that saw the birth of the Cheshire Foundation as a properly constituted and registered body, till his retirement, Dr. Cheshire has been at the very centre of its affairs. In fact, he has been the most important figure in the organisation – after his son, Group Captain Leonard Cheshire. It is doubtful whether the Foundation will ever be able to find another Trustee whose personal contribution could be as great as that made by 'The Professor' – the term by which he has been, and still is, generally and fondly referred to.

We sometimes wonder whether Dr. Cheshire's main claim to distinction, at least within the Cheshire Homes, is considered merely to be 'the father of Leonard Cheshire'. If this be so, it is very far from the truth. Eminent colleagues have described him as one of the greatest lawyers in this country. Lord Denning, Master of the Rolls, a long-standing friend and colleague, has something to say on his legal attainments in the appreciation published on the opposite page.

Yet it is, of course, a fact that Dr. Cheshire is the father of Leonard Cheshire. And, as a friend has put it, 'All of us owe a great debt to our parents; but to his father and mother, Group Captain Cheshire must owe a very special debt. Both during his childhood, and since he became a man, his father and his mother (the late Mrs. Primrose Cheshire) provided the sure base from which their son went forth on his dynamic expeditions, and to which he returned for short, all too short, rest periods. No wonder that their son stresses so much the value of home life'.

In 1952, when the affairs of Le Court were becoming more and more shaky, it was to his father that G.C. turned. Dr. Cheshire advised putting the movement onto a firm legal footing,

and so the Cheshire Foundation was formed.

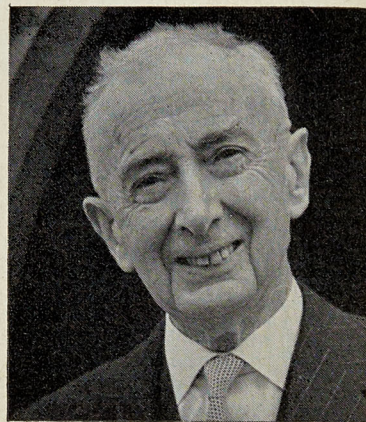
For the last thirteen years, which have seen such a phenomenal expansion in the movement to its present total of some 80 Homes widely spread out over a good part of the globe, Dr. Cheshire has been Vice-Chairman of the U.K. Foundation most of the time. Then, when Lord Denning resigned from the Chairmanship on his appointment as Master of the Rolls, Dr. Cheshire agreed to be acting-Chairman for a while. He guided the affairs of the Foundation, the responsibilities of which had increased so enormously, until 1964 when the Hon. Mr. Justice Edmund Davies – like Lord Denning, a former pupil of Dr. Cheshire – took over the Chairmanship.

Dr. Cheshire has devoted a great deal of his time, energy and wisdom to the work and the welfare of the Cheshire Foundation, both in Britain and overseas. He has visited every Home in Britain, several of them more than once, and, with Mrs. P. Cheshire, carried out in the winter of 1957/58 an arduous tour of India visiting all the Homes then open in that country. His advice on the innumerable problems put to him, his objectivity, his commonsense, and his sense of humour, have always been of inestimable value at the heart of a movement which has grown at such speed.

The Trustees of the Cheshire Foundation are preparing a Resolution (to be passed at their next meeting) placing on record their deep appreciation of Dr. Cheshire's contribution to the Cheshire movement, and their equally deep sense of loss at his resignation. It is hoped to present this Resolution, illuminated and handsomely bound in leather, to Dr. Cheshire at some suitable time during the summer.

We all hope that, now happily settled with Dame Mary (whom he married in July 1963) at Laundry Cottage, he will long remain in the background as one of our 'Elder Statesmen'. Troublesome points will almost certainly arise in the future, and Leonard Cheshire will still

turn to his father, and be guided to the best solution. Dr. Cheshire's sane, sound commonsense will show that he is not called 'The Professor' for nothing. He is the wisest of all.



*The 'Professor' – Dr. G. C. Cheshire*



# An Appreciation

by The Right Honourable The Lord Denning, P.C., Master of the Rolls

IN 1922 I went up for a *viva voce* examination in the Final School of Jurisprudence at Oxford. The youngest of the examiners was a young don, Geoffrey Cheshire. He asked some penetrating questions to which I could give no adequate answers. I was sure then, as I have been ever since, that he knows all the answers. He is one of the most outstanding jurists of our time. He has held the highest academic post in the English legal world, the Vinerian Professor of English Law at Oxford. A gifted lecturer, his classes were always full to over-flowing. He has made great contributions to the law on important subjects in which he is the acknowledged master, the Law of Contracts, Private International Law, and the Law of Real Property. These books are studied by students all the world over. But not only by students. Judges and practitioners consult them daily for the wisdom they contain. They reveal great accuracy, keen insight, and an unequalled skill in exposition.

He retired from his Professorship in

1949 and went to live at Laundry Cottage, Empshott, to devote himself, you might think, to his books. But it was just about this time that his son, Leonard Cheshire, was setting out on a venture which was destined to change the lives of many. He was at Le Court, close by, looking after a few very sick people – without money or resources, with nothing but faith to sustain his efforts. You all know the rest of the story. How it has spread across the world to many lands. At all the crucial points in this venture Leonard Cheshire always turned for advice and support to his father – and to his mother. Willingly and lovingly they gave it. Their contribution was immense. I well remember the day when we went over to Laundry Cottage – the roads almost impassable with snow – and we three, the Professor, Leonard and I, became the first Trustees of the Cheshire Homes.

As the years went by, the Professor took more and more an active part in the Homes. Whenever a new Home

was being started his advice was sought. Leonard had to go overseas from time to time. The Professor stepped in and visited the Homes. He helped, in his wisdom, to solve all the 'teething troubles' by which Homes are so often beset. He deserved, and he received, the confidence and love of all.

Geoffrey Cheshire has won the admiration of lawyers everywhere for his work in the field of law. He has won the love and respect of good folk everywhere for his work with the Cheshire Homes. He is a very, very dear friend.



# Mission for the Relief of Suffering

THE Mission for the Relief of Suffering, whose three co-founders are Group Captain Cheshire, Mrs. Sue Ryder Cheshire, and Mother Teresa, was formally constituted in 1964, and registered, under that name, with the Charities Commission.

According to its Constitution, the Mission is an association of autonomous organisations, each of which has aims and objects such as are charitable according to the laws of England, and each of which is devoted in its own way to the relief of human suffering. All of these organisations share the same basic principles and ideals. All of them are non-political, non-denominational and non-sectarian.

The first members of the Mission are the Cheshire Foundation Homes for the Sick, the Sue Ryder Forgotten Allies Trust, and the Raphael Settlements at Hydon Heath, Surrey, England, and at Dehra Dun, India. The Missionaries of Charity, founded by Mother Teresa in India, have now also become a member-

unit of the Mission. Any other outside organisation, Government or private, whose way of working presupposes some measure of voluntary effort or self-sacrifice, can apply to become either a full member or an associate member.

*The objects of the Mission are as follows:*

- 1 to obtain and exchange information, views and advice on all matters concerning the mutual interests of the member-organisations;
- 2 to assist any member-organisation in need;
- 3 to awaken the general public to the call to help the vast number of suffering humans throughout the world, and to speak with one voice in their cause;
- 4 to co-ordinate, and, if necessary, extend, the activities of member-organisations;
- 5 to do whatever else is seen to be necessary for the relief of suffering generally, including, where possible,

the establishment of new organisations to meet particular needs.

The ultimate authority in the Mission is vested in a General Assembly, which is to be as representative as possible of the Mission as a whole. There will also be an Executive Committee to exercise the executive functions of the Mission. It will work through a small secretariat, staffed in great part by voluntary help, whose main purpose will be the collection and distribution of information, the co-ordination of activities, and the general business of the Mission. It is hoped to appoint the first President of the Mission in the near future.

The Mission will be supported through monies received by subscription, donation, bequest, etc., and also by annual subscriptions levied on its member organisations. These latter subscriptions are to be proportionate to the individual means of the organisations and, in total, sufficient to meet the expenses of the Mission.

## Book Reviews

### **The Young Chronic Sick**

*Reproduced from 'Developmental Medicine and Child Neurology' by kind permission of the Editor.*

**Report of a Sub-Committee appointed by the Scottish Health Services Council. Edinburgh, H.M.S.O. 1964, pp. 18, 1s 6d**

'The Young Chronic Sick' is more superficial and its criticisms more genteel, but it tells the same sad story as the 'Handicapped School Leaver' and 'Handicapped Children and their Families' recently published. In Scotland as in England, the net of legislation is theoretically adequate, but the meshes are too wide, the corners are not held up, and half the fishermen are asleep. Through the gaps pass an unending crowd of children who get less than they deserve. There is inadequate information and poor liaison amongst the departments concerned. The Report resolves this by advising registration, but this is

only a means to an end. A register is only of value as a sharp tool in the hands of a doctor who is determined to see that each individual child gets a square deal, and who is himself backed by his local authority with money and resources. In the words of the Report the problem of the young chronic sick is essentially a problem of individual human needs.

On employment problems the Report agrees with the 'Handicapped School Leaver', but fails to recognise that this will always be a problem if during the critical years of their lives children are away in residential schools.

Everyone should be embarrassed when young chronic sick can only be accommodated with geriatric patients. This is a terrible problem because there are (relatively) so few in this category that to concentrate them in special units would take them too far away from

home. Provision of day care is much more realistic and it is sound policy to suggest that voluntary organisations should combine amongst themselves, and with local authorities to provide this.

We must re-examine the whole network of care for the handicapped and chronically ill. Permissive legislation is often insufficient to persuade small local government units to divert rates to the handicapped; stronger national legislation is needed. This Report, with its companions, should be compulsory reading for paediatricians, local authority doctors and administrators.

*R. M. Forrester*

### **A Social Conscience at Work Social Work and Social Change**

*by Dame Eileen Youngusband,*

*D.B.E., J.P., LL.D.*

*Allen and Unwin, 1964, 21s.*

A book about social work and social change might seem of little direct interest



to the Cheshire Homes and the disabled people who live in them. But here are three quotations from this eminently quotable collection of lectures and articles. 'Social work has been described as an embodiment of the social conscience.' 'Our natural tendency in relation to those who are different, perhaps handicapped, or with a different skin colour, or mentally ill, or who behave in ways which violate the accepted standards of our society is to push them away from us, to isolate them, to cut them off from us, lest they threaten our virtue and pride of place.' And on the next page 'This work with deprived and encapsulated communities is of course another aspect of breaking down isolation.' Which of us, physically deprived, has not been pushed away? Sometimes able-bodied people isolate us with pity, sometimes with condescension, sometimes with almost-hidden horror of our deformity, sometimes with determined disbelief that we are thinking, feeling human beings like themselves. And the danger of communities for disabled people is that they may become encapsulated: the disabled people within defending themselves by solidarity and withdrawal from the pain of rejection; the able bodied people outside defending themselves against the pain of admitting that deformity, sickness and death are part of the human lot. The evolution of the social conscience which is our hope for the future is described in this book in terms of the change and development in social work.

Dame Eileen tells of the surging pioneering in Britain during the fifty years up to 1903, the inexplicable loss of the initiative to America, and our resurgence since the end of the second world war. She gives an account of social work and the social services today. There is a chapter on adoption and the unmarried mother, and three chapters on the juvenile courts. (For twenty-five years Dame Eileen has been a juvenile court magistrate.) The second half of the book is about the international scene and consists of lectures given in five countries abroad. It begins with an exposition of 'The Philosophy of Social

Work', from which the above quotations were taken, and goes on to talk about education in social work. The Young-husband Report on Social Work Training, resulting as it did in the Young-husband Courses all over Britain, is proof enough of the author's authority on this subject, though she modestly refrains from mentioning it.

*Social Work and Social Change* is a book which constantly relates the past with the present, the present with the future. The material reforms effected by the work of earlier pioneers, and technological progress, have produced such radical changes that the emphasis can now move towards trying to solve personal problems and improve mental health. The knowledge gained in the fields of dynamic psychology, sociology, and cultural anthropology combined with new insights being gained by research and field work allow us hope that the conflicts in society can slowly be resolved, the sum of human happiness increased. Dame Eileen writes with the wisdom of experience, rare humanity, and a gift for clarity of thought and expression shot through with delightful touches of humour. Social work inspired by qualities such as hers can do much to reduce the stresses both of disability and community living.

### Account Outstanding

*Reproduced from 'Fortitude' the journal of the Civilian Maimed and Limbless Association, Sydney, Australia.*

If you had a business with 350 employees and an annual turnover of £150,000 would you leave the entire financial control, including budgeting, to a quadriplegic, a muscular dystrophy, a dermatomyositis and two arthritics?

Well that's what has been done by one of Sydney's most efficient contracting organisations.

And that's not all. It has 260 production workers who are polios, spastics, epileptics or otherwise seriously handicapped. In fact, able-bods are just not acceptable, unless indispensable.

The organisation is Civilian Maimed and Limbless Association which runs five eight industrial workshops in Sydney, Newcastle and Wollongong and has a

ninth in view for Bourke.

Maybe you don't know what a quadriplegic and the rest are. A quadriplegic is one who is paralysed in all four limbs. Gary Clout, 23, is the quadriplegic in the Association's accounting team. He broke his neck diving into the Hunter River at Scone and will be confined to a wheelchair for the rest of his life. However, he is doing an expert job as the Budget Controller.

Muscular dystrophy is a progressive muscular complaint which in the long run has much the same effect as quadriplegia. It has hit Reg Hulbert, 25, the senior member of the accounts staff. His legs are more seriously affected than his hands. He is able to drive to work from his home at Oatley in a car that has been converted so that he can drive without using his feet.

Dermatomyositis is an extremely rare and crippling disease that causes a complete wastage of flesh and muscle. It struck Ben Meads when he was 12 years of age. Now at 27, he is totally immobile except for minor movement in his fingers. But Ben studied during his illness and convalescence and qualified as an accountant and tax agent.

Arthritis is common enough to need no description. The two remaining members of the accounts staff are arthritics. Lillian Unwin, a young widow from Glebe, walks with crutches and drives her own hand-controlled car to work. She is the pay mistress and keeps all pay records. David Waters, 29, Mosman, like Lillian is affected mainly in the legs, but less severely than any of his work-mates, consequently his book-keeping is punctuated by much jumping up and down, passing books, etc., to the less mobile members of the team.

Nine out of ten employers would write off the whole of this team as quite unemployable but the administrators of C.M.L.A., Mr. and Mrs. H. Bedwin, say they could not do without one of them. They make up an extraordinarily efficient combination and what is more a happy and co-operative group.



THE lovely and vivacious face alongside is that of Dr. Dinah Kohner, who worked for some time as the only British doctor on the American Mercy ship s.s. *Hope* – the forerunner and counterpart of the British White Fleet project. Dinah thought she might be able to help with the latter enterprise, and wrote to Group Captain Cheshire offering her services. However, she was injured on 1st of September last, when the plane carrying her and five other Project Hope members crash-landed in the Ecuadorian jungle. They were all on the way to treat the sick in Ecuador's interior. Dinah received severe head injuries in the crash, and following an emergency brain operation aboard ship, was taken to the University of Kingston Hospital, Jamaica. She died on 14th September; she was only 28 years old.

Dinah Kohner was born in Czechoslovakia, but her father, a lawyer and a graduate of Charles University, Prague, emigrated to the United Kingdom and settled in Belfast, Northern Ireland, where Dinah grew up. It was from here, of course, that she acquired the brogue that was such a part of her great charm. She was educated at Queen's University Belfast, where she graduated in 1959, with a degree in medicine.

She was selected as Rotary International Fellow to represent the whole of Ireland, and went to the Children's Hospital Medical Center, Boston, U.S.A. in 1961. Leaving there in 1963, she worked at Whittington Hospital, London, until she joined Project Hope.

Dinah seems to have first made contact with the American Hospital Ship idea when she and the Director of Project Hope appeared together on the same T.V. programme in Washington. But she also had connections with the Peace Corps through President Kennedy's Secretary.

During her last holiday, between her service as Registrar at the Whittington Hospital, and her journey to Ecuador, she undertook an intensive course in Spanish, and after only a month spoke well enough to lecture in the language. This, together with her winning ways, enabled her to recruit an army of 300 volunteers – members of the British and American Embassies, doctors, local



mothers, etc. – to fight malnutrition. It was this programme that swept the country like wild-fire rather than the normal educational and clinical activities carried out by visiting doctors in the ordinary routine of Project Hope.

Dinah had strong views about how to help the poorly nourished people in underdeveloped countries. She believed that if it be possible to cut through red tape, grip the enthusiasm of the local population rather than of official bodies, talk to the people in their own language, and teach *them* rather than only the doctors and nurses – if it be possible to show the people how by their own efforts they can keep themselves and their children alive, with the means available, this can achieve more than medical help to individual cases.

'Her remarkable warmth and charm won friends wherever she went,' said a colleague, 'but behind the charm lay deep dedication and a strong will. From the beginning, she had talked about her goal of doing public health and nutrition work in the developing countries. She planned her career to this end. She was known as "Queen Dinah", and beloved all over Ecuador, when she died. Her death is a tragic loss, but in a short period of time she had touched, comforted or inspired more people than most of us do in a full life-span.'

Dinah's father, who had brought her attention to the Ryder-Cheshire Mission for the Relief of Suffering, and to the attempt to establish a British White Fleet Project, wrote to the G.C. after her death. 'She responded to your idea immediately, although she was overtired by her work on the medical administration of the s.s. *Hope*, her clinical work in the paediatric wards of Ecuador, her nutrition programme, and her co-operation in the immunisation programme. Ever since her school days, Dinah was imbued with the idea of international understanding and helping suffering people all over the world. What a pity that she was prevented from joining you.'

# TRAGIC DEATH OF YOUNG WOMAN DOCTOR



## Stages of Growth

MOST of the organisations concerned with the welfare of the permanently disabled are staffed by conscientious people with an urge to help those less fortunate than themselves. The founding of such bodies is comparatively recent; their growth has been rapid. The influence they have had on the general attitude of people towards the disabled, and upon the help made available to them, has been quite phenomenal.

This very success, however, often leads to a new problem, not theoretically insoluble, but in practice difficult of solution. It is a problem of transition, engendering mixed reactions in all concerned.

There is a saying current amongst those involved in this kind of social work that the intention behind the work is to 'help the disabled to help themselves'. But what happens when the recipients of this help make real use of it, and start helping themselves? What is the attitude of those who run such organisations when those they have thought for, fought for, and provided for, try 'flexing the muscles' that have so generously been given them, and strike out on their own account? It seems that trouble starts as soon as the once-dependent are given sufficient independence to pass from the largely receptive to the largely inceptive. Then it is that wills clash, and feelings are hurt.

Why should this be so? The reason is, perhaps, that the physical needs of the disabled are comparatively easy to grasp and to cater for, whilst the non-physical needs are more nebulous and difficult to satisfy. With much time and effort devoted to the task – and the unstinting service of many individuals must never be decried – it has been possible to provide comfortable Homes with a hundred-and-one amenities, many facilities for those living at home, entertainment and sport of many kinds, occasional luxuries – in fact, almost every practical and material help possible for the disabled. This security, the fact that they are no longer absorbed with mere existence, offers disabled people the opportunity to form and expand

their own ideas; the increasing physical independence enables them to put the ideas into operation. They begin asking questions about what is being done for them; they concern themselves with the quality of the services that are being provided – not necessarily asking for more of them, but perhaps for alternatives to what is being given. They ask for the service to be done with them rather than for them.

For those who run our charitable bodies, this questioning, this independence of action and personal initiative on the part of the disabled, is extremely difficult to accept as something inevitable in the development of the social work they provide, as, in fact, the real proof of its success. They don't appreciate the growth in the people who were once so entirely dependent on them, but have now attained a new status. Mere physical existence has lost for these disabled its hitherto all-absorbing importance, whilst the social, psychological and spiritual aspects of life have become of over-riding concern. Surely such a transition is to be welcomed. But the people who have given themselves to this work and now find their decisions and actions being questioned, instead of welcoming the transition, are hurt by it; they misunderstand the motives and aspirations behind it, and are inclined to condemn and suppress. They treat as ungrateful those who are merely striving to take a further step towards the independence which, until then, had always been held up as a laudable goal.

These thoughts were really sparked off by the reading of three articles, prominently featured, at the beginning of the February 1965 issue of the *Spastics News*. This is the magazine of the Spastics Society, a well-known and influential organisation in the field of medico-social work for the disabled. Only twelve years old, the Society plays a valuable and progressive role in ameliorating the lot of disabled people. Already, its voice carries great weight in official quarters. The Society is directly engaged in treatment and research, education, and all kinds of

welfare work, including the running of a number of residential Homes for spastics – Homes that are very similar to Cheshire Homes. All this seems to give the articles mentioned not only added importance, but also immediate relevance for us in the Cheshire Foundation.

The three articles, all by spastics, were written around the idea of a Spastics Conference in this country on the lines of that held last year in Sweden (reported in our March 1965 issue). In the first article, Rosemary Dawson-Shepherd mentions that the Spastics Society often holds Conferences for the people who help spastics, and then adds 'it might not be a bad idea to give one for us, as those who are the object of that help'. She also remarks on the fact that 'there is beginning to be a slight hiatus between those who work for spastics and the spastics themselves. In the beginning, the Society asked the experts what would be good for spastics. Twelve years later, they have a number of very well-educated spastics who should have a chance to put their viewpoint over to the Society.'

In the second article, Bernard Brett argues that the people who can do most to help spastics take their place in society are those who suffer from cerebral palsy themselves. Spastics must show that they are 'capable of accepting a measure of responsibility within the community, as our brothers in Sweden and Denmark already do'. The proposed Conference would 'give us an opportunity to prove that we are willing and eager to play a part in the Spastics Society, which, for better or worse, has been dominated by the influence of parents until now'. This writer ends with the observation – 'Maybe, some of us can never know many aspects of "normal life", but we can try to play a part in this complex business of living and find joy in doing so'.

The third writer, John Roberts, expounds on a particular theme – 'the disabled person and the opposite sex'. Reporting on the Spastics Conference in *continued on page 13*



# PRACTICALITIES



BY \*  
THE  
BOFFIN

## Automatic Toilets

DR. MARGARET AGERHOLM, in her speech last July at the Annual Conference in Manchester, made brief mention, and strongly advocated the adoption, of automatic toilets, particularly by Homes for disabled people. Since that time, at least five Cheshire Homes have been in contact with Clos o Mat (Great Britain) Ltd., of 2 Brooklands Road, Sale, Cheshire, with a view to installing such equipment. It will probably be of interest to other Homes, as well as to individual disabled people and staff, to have some details of this system.

The Clos o Mat has only recently been introduced into this country. It is a Swiss invention, and has been in quite extensive use on the Continent over the past nine years, particularly in Germany, Austria, and Italy. The manufacturers claim, therefore, that it has had sufficient proof to be offered, not as an untried product, but as an apparatus which is now established and in which they have complete confidence. As Dr. Agerholm said in her speech, there is no doubt that this equipment will, in course of time, become standard in every civilised house and public building. At present, the U.K. distributors say that supplies are limited, and they are concentrating on introducing the system where it will be most appreciated – in hospitals and homes for disabled people.

Several units have been supplied to St. Dunstan's, and others are installed at Mary Marlborough Lodge (The Nuffield Orthopaedic Centre, Oxford), and at the Thalidomide Workshop, New Heritage Hospital, Chailey.

The Clos o Mat operates through the following sequence – (1) on depressing a pedal, or operating a switch hung from the ceiling, after defecation, a warm water douche is directed on to the

soiled part of the body, which is thus cleaned; (2) when the water cools, a release of the pedal, or a further click of the switch, returns the water nozzle to its original position in the wall of the closet basin, and at the same time turns on a flow of warm air, for two minutes, which is directed on to the wetted area; and (3) the conventional flushing of the closet takes place whilst the cleansing operation is in progress. There is also a manual control to flush the pan in the event of a power cut.

It is said that, not only is this system of great psychological benefit to a disabled person who has been dependent, perhaps for many years, on someone else attending to this necessary cleansing, but it also leads to a considerable saving of labour for the staff in any home or institution, and, what is more, relieves them of one of the less agreeable duties of their vocation.

The price of a single Clos o Mat unit is £233 (including delivery charges), but on top of this has to be reckoned the costs of installation, connecting up with the power supply, etc. Reductions are made for larger orders.

## Helping to Communicate

THE National Fund for Research into Poliomyelitis and other Crippling Diseases (Vincent House, Vincent Square, London, S.W.1) set up a Committee a year or two ago concerned with developing equipment to help severely disabled people read and write. It is known as the Committee for Writing and Reading Aids for the Paralysed (WRAP), and its Chairman is Mr. Hector Bolitho.

The first important 'invention' brought forth was a special microfilm projector which can stand beside a bed. Books on microfilm are provided on loan by the Committee, who intend to supply any

reasonable book asked for, and hope these microfilmed books will be almost as readily available to disabled people as ordinary books are from libraries.

The microfilmed book is projected on to a screen 9 in. x 6 in., which is fixed within ordinary reading distance from the eyes. The person can turn on to the next page by simply pressing a switch with his fingers – if there is any movement in them – or with his lips, or even with the muscles in the back of his neck. In one case, a man was unable to use his arms and legs, but there was just enough movement left in two toes to enable him to press the buttons.

The second important project concerned the provision of electric typewriters. A well-known manufacturer has generously agreed to provide rebuilt electric typewriters for disabled people at a cost of about £25, instead of about £150 for a new machine. Some 30 machines have already been supplied, and the appreciation of the recipients is most heartening.

The cost of the projector is £78. The special price of the electric typewriter is approximately £25. The microfilmed books are available on loan *free of charge*. It is hoped that Local Authority Welfare Committees will consider it reasonable to supply this equipment to the severely disabled where it is needed and desired. But WRAP intends that no person who needs either a typewriter or a microfilm project shall be obliged to go without because of lack of finance. It is also hoped to arrange for a POSSUM typewriter control to be supplied to any severely disabled person unable to type by other means.

WRAP will also advise disabled people, living in their own homes or in hospitals and institutions, who long for the experience of reading and writing.



Two other organisations offering facilities for those who are cut off from enjoyment of the printed word have been brought to our notice:

(1) The Nuffield Talking Book Library for the Blind, Mount Pleasant, Alperton, Wembley, Middlesex.

Lucy of Heatherley Cheshire Home has sent us details of this Library, which supplies 'talking books', primarily of course for the blind. Lucy writes: 'There must be many disabled people in Cheshire Homes whose vision is either double, or patchy, or blurred, or defective in some other way, and who are unable to read. Those who wish to enjoy books once again have now the means to do so through a multi-track tape-recording machine such as I have. With free membership of a library of talking books.'

'In order to qualify, you must see an ophthalmic surgeon, who, if he considers you are eligible, will sign a certificate which will be your "passport" to getting one. The annual rental of the machine is £2, but the books on tape are sent free of charge, even postage being paid. In the catalogue, you have a wide selection of fiction, biography, country life, history, travel, etc. to choose from. The "books" are read by well-known people.'

'I am certain that such a machine would give untold pleasure to many people unable to read printed books. I know. I speak from experience.'

(2) The Listening Library Limited, 31 Queen Anne's Gate, London S.W.1.

Basil Jackson of Seven Rivers, who worked with Marconi's for twenty years, was presented with a talking book machine from this Library through the good offices of old colleagues in Marconi's. The tape recorder is on permanent loan to the Home. The 'books' are loaned on a yearly subscription of £10 10s. Od., and although Basil's friends had been prepared to raise this amongst themselves, the 1964 subscription was paid from the Company's Benevolent Fund.

## LOOK AND LISTEN

**A sound magazine on tape for disabled people**

*Mr. Robin Barclay, Press Officer, Royal Automobile Club, sends us the following letter:*

A tapespondent friend of mine, knowing that I produce a special taped sound magazine ('Look and Listen') for blind and disabled people, recently sent me a copy of the Autumn 1964 edition of *Cheshire Smile*, in which there was a suggestion that members of the Cheshire Homes might take an interest in tape-recording. A splendid suggestion!

My friend thought that the Cheshire Homes might like to hear my sound magazine. Naturally, I should be only too pleased to send copies of the various editions (it is a quarterly production) on loan - if equipment is available to play it to them.

Briefly, each edition runs to about 40 to 50 minutes, and includes music (I have copyright clearance for this work), stories of special appeal, poems, items from newspapers, magazines, books, etc., and a piece of philosophy for those who like to dwell on the more serious things of life. In other words, I try to make each edition suit as many tastes as possible.

Another thought crosses my mind. If there were any demand shown, I could produce a quarterly sound magazine based on 'Look and Listen' but with a more personal Cheshire Homes' flavour. The title 'Smile Awhile - A sound magazine for Cheshire Homes' seems rather a good idea.

I have various readers helping me, which adds to the variety. Two organisations for blind people - one in London and one in Birmingham - already distribute 'Look and Listen', and find it excellent entertainment for their members.

(*Ed.* If any readers are interested in the idea, perhaps they would write direct to Mr. Barclay at 64 Barrow Road, Streatham, London, S.W.16).

## Stages of Growth

*continued from page 11*

Sweden last year, which he had attended, he says the delegates were very concerned with this question in relation to life in a Centre for disabled people. 'We found that in many Centres this question was not actually faced up to', and they felt that it should be.

These three articles are in themselves a commentary on the development described above, namely, the stages of growth of disabled people; first, being only on the receiving end, then the building-up process, and finally, maturing to independence and responsible initiative. This problem of transition to 'whole independence' is neither new, nor particular to disabled people. It must be seen in the context of the rapid social changes taking place all around us. It becomes more and more impossible to suppress or ignore. Anyway, to suppress or ignore is no solution. Only resentment and frustration is aroused, leading on to a clash of personalities, with the true issues involved being obscured, and their validity not properly considered.

Obviously, with such a continuous process of evolution, a solution to the problems will have to be worked out. All the organisations in the field have been, are, or will soon be, recognising the need for imaginative experiment in solving them, and the utmost encouragement of measures to foster the growing-up process in the lives of those they are caring for.

*A Resident of Le Court*



## Cheshire Homes—India

At the meeting of the Trustees (Cheshire Homes India) in Bombay last December, the resignation of Admiral Madden was announced, due to his departure from India. Dr. Dara P. Antia, Director of Union Carbide, was invited to fill the vacancy. Also invited to sit on the Board of Trustees were Mrs. John Matthal, Mrs. Sharda Mukerjee and Mr. K. M. Reddy. On the same day, December 20, the second Family Day in India was held at Bethlehem House, Bombay. More than 40 people attended, including Group Captain Cheshire, Major General Virendra Singh (Chairman) and other Trustees, Mrs. Captain and several members of the Bombay Committee, also the Anglican Bishop of Bombay. The event took place almost exactly nine years after Bethlehem House had been opened in a temporary building donated by a kindly contractor, the land being purchased on no more than a promise to pay. What a contrast to the beautiful buildings and gardens of today! It was unanimously agreed to send the Queen Mother a telegram; it's a custom that has been followed ever since 1954, when Her Majesty went to Le Court, and the first Family Day was held.

There are now 15 Cheshire Homes, existing or in preparation, in India, and we include a few brief items of news about them.

**Bangalore** For female patients. There is a beautiful, and much more cheerful, new building on elevated ground with a fine view on all sides.

**Baroda** Opened in 1964. The building, formerly an infectious diseases hospital, was given by the Municipality. At the beginning of the year, we had got possession of only half the building, with accommodation for ten. It was hoped that soon we would get the rest of the building.

**Bombay** This Home consists of several buildings built round what is becoming a beautiful rock garden. A new wing was

opened by the Governor, Mrs. Pandit, on October 3rd.

**Burnpur Lt.-Col. P. N. Nak** has secured a plot of land here; he has also drawn up plans for a home to cost about Rs 1.62 lakhs. Towards this he has already collected over Rs 30,000. Col. Kak, who lives and works at Burnpur, embarked two years ago on a project to supply chicks to the Poultry Farm at Jamshedpur, which helps to support that Home; this project has expanded rapidly.

**Calcutta** (Serampore) We raised some Rs 20,000 from 'A Night in Granada' in April 1964, and about Rs 13,000 from a Cheshire Week in November, which also provided much valuable publicity.

**Coimbatore** Mr G. R. Venkatesalu has very generously offered to give us about two acres of land for a new Home here, and also to erect a building. It is hoped to get the Maharaja of Mysore to perform the opening ceremony in June.

**Dehra Dun** This Home now has a new look, having been redecorated inside and out. In January, there were 36 patients, men, women, and children.

**Delhi** (Kakaji) A site, near the Holy Family Hospital, to which this can be transferred, has been offered. The Indian Government has promised a grant to help with the building.

**Jamshedpur** (Children's Home). A third dormitory has been completed so that it will soon be possible to increase the number of children from 40 to 50. Sister Anna Maria, who put the Home firmly on its feet, has now left; she is succeeded by Sister Maria Gonzales, a trained nurse.

**Katpadi** The souvenir of the Eighth Anniversary of the Home, which was issued in September, earned about Rs 2,000.

**Madras** (Covelong). The number of patients has risen to 20. Miss Gomes, the Matron, runs a dispensary for the neighbouring village. A chicken run has

been started, and some pigs introduced as well. If enough finance were available, the nearby 'Dutch Magazine' could be converted into a Children's Home.

**Mangalore** Another new Home in an attractive building, with pleasant surroundings. It was due to be ready by the end of January, and the first patients admitted in February.

**Poona** Only three patients, although the Home has been open for four years. Development has been delayed by difficulties about the lease, and getting sanction for more building from the Cantonment Board.

**Ranchi** Mrs. Storrs, living outside Ranchi, has very kindly offered to give a fine new building, three acres of land, and a large cash donation, for a new Home in the town. Col. Kak has visited Ranchi several times to arrange the legal formalities.

**Tiruchirappalli** The new Home here had not yet started in January.

**PAKISTAN** Last December, Group Captain Cheshire visited Pakistan at the invitation of Air Marshal Asghar Khan, Commander-in-Chief, Pakistan Air Force. Touring the country, the G.C. took in Lahore, Rawalpindi, Peshawar, and Karachi, and felt that prospects were good for Cheshire Homes there. Miss Barbara Coleman, Secretary to the Cheshire Homes India Trust, was sent later to follow up this visit.

## Malaysian Developments

The Sixth Annual Report of the Cheshire Homes Malaysia, covering the twelve months March 1963—March 1964, has just been received. Gratification is expressed at the amount of spontaneous and generous support that has been forthcoming, particularly when the numerous and varied charitable organisations which have been in existence for so long in Singapore, Johore Bahru and Kuala Lumpur are taken into consideration.



# OVERSEAS



**Singapore** Plans have been initiated for expansion and rebuilding. It is hoped that work will start soon on the new male staff quarters. An adequate drainage system is now installed.

In March 1964, there were 41 residents in the Home, 33 of these were Chinese, 5 Indian, 1 Malay, and 2 Eurasian. There were 25 males and 16 females, both adults and children.

With the approval and advice of the Commanding Officer and the Surgical Consultant, R.A.F. Changi have inaugurated a physiotherapy service for the Home. R.A.F. wives with nursing experience have been trained in remedial exercises, and organise a daily physiotherapy team for those residents who will benefit. In July 1963, a radio programme about the Home was broadcast; also an appeal for support, on Red Feather Day, by the Hon. Mr. Justice Tan Ah Tah (Chairman of the Cheshire Homes Malaysia Trust). During the year covered, we were honoured by visits from Toh Puan Noor Aishah, who opened our annual Sale of Work in 1963, and from H.H. Princess Ngarmchitr Prem Purachatra of Thailand, who is helping to prepare for the new Cheshire Home at Bangkok; the latter also visited the Johore Home. Of course, we were delighted to welcome Group Captain Cheshire once again, in March 1964; he paid visits to the Singapore, Johore and Selangor Homes.

**Johore** A team from H.M.S. *Ark Royal* under the leadership of Lt. Angus Geddes, stayed three week-ends at the Home. Amongst other things, they spent a great deal of the time beautifying the garden, distempered the kitchen buildings, serviced a wheelchair, and effected minor repairs about the house.

Power supply to the Home was connected in July 1963, thus doing away with all the inconvenience of gas lamps. There were 27 residents in the Home in March 1964.

A dance under the patronage of H.H. The

Sultan of Johore, and a Jumble Sale which His Highness opened, were both highly successful, and together brought in a profit of \$2,700/-.

**Selangor Home (Kuala Lumpur)** A large bungalow belonging to the Selayang Tin Mine Company has been bought, together with the accompanying 3-acre plot of land. Alterations to the buildings have been made, free of charge, by an architect.

The Home was officially declared open — on 7th April 1964 — by H.H. The Tengku Ampuan of Selangor. His Highness had already given his consent to be the Patron of the Home.

Group Captain Cheshire paid a three-day visit to Kuala Lumpur in April 1964, staying with Mr. and Mrs. Marjoribanks (respectively, Legal Adviser and Vice-Chairman of the Selangor Home). The G.C. had an audience with Their Highnesses The Sultan of Selangor and The Tengku Ampuan, paid a courtesy call on the Minister of Labour and Social Welfare, and made a speech at the official opening of the Home.

### **Cheshire Homes—Natal**

It was to be expected that the first Cheshire Home in South Africa would be springing up fairly soon, under the influence of Margot Gibb, our past Secretary in London, who is now resident with her husband in Durban. We are glad to report that things have now moved very rapidly towards this end. Thanks particularly to the generosity of the Round Tables in several local towns and cities, the first South African Home was opened earlier this year at Queensburgh in Natal.

The property that has been acquired consists of a house, with separate garage and outbuildings, on approximately three acres of beautifully wooded grounds, with superb inland and sea views. The postal address is: 890 Main Road, Moseley, Natal.

The house is small, but this is in its favour. Instead of spending an enormous amount of money altering a large house (which would never be really satisfactory) it is intended to build an entirely new wing as and when money becomes available. Mr. F. A. Jackson is Chairman of the Management Committee. Also serving on the Committee is Mrs. Margot S. Gibb. It is confidently anticipated that, through the help of the Bantu Administration, the second Home in Natal, this time for disabled Africans, will be established in the near future at Umlazi.

### **Starting up in Kenya**

Mr. D. E. Skudder, Chairman of the new Home at Likoni, Mombasa, and Mrs. Skudder, were on leave in this country during January, and were able to report developments to our London Office. Work at the Home had begun in October 1964, and much progress had been made. One ward was almost finished, and the stores, kitchen and showers were nearly completed.

Miss May Cutler has been in charge at the Home.

### **and in Uganda**

The first projected Home in Uganda will be for burnt-out leprosy cases, in the Busoga Province, at a place called Mbirizi. It will be known as the Nadioppe Cheshire Home, after its Patron, Sir Wilberforce Nadioppe, the Kybasinga of Busoga, who is taking a great interest in it.

The second Home will be for crippled children at Ngalama, twenty-six miles from Kampala, and will be called the Omonaka Kama Cheshire Home, after the well-known Luganda proverb referring to a young plant that helps to support itself. It is being arranged for two 'Little Sister' nuns for this Home to be sent down from Uganda to Mombasa in Kenya and trained by May Cutler as Assistants.

# AS NEWS

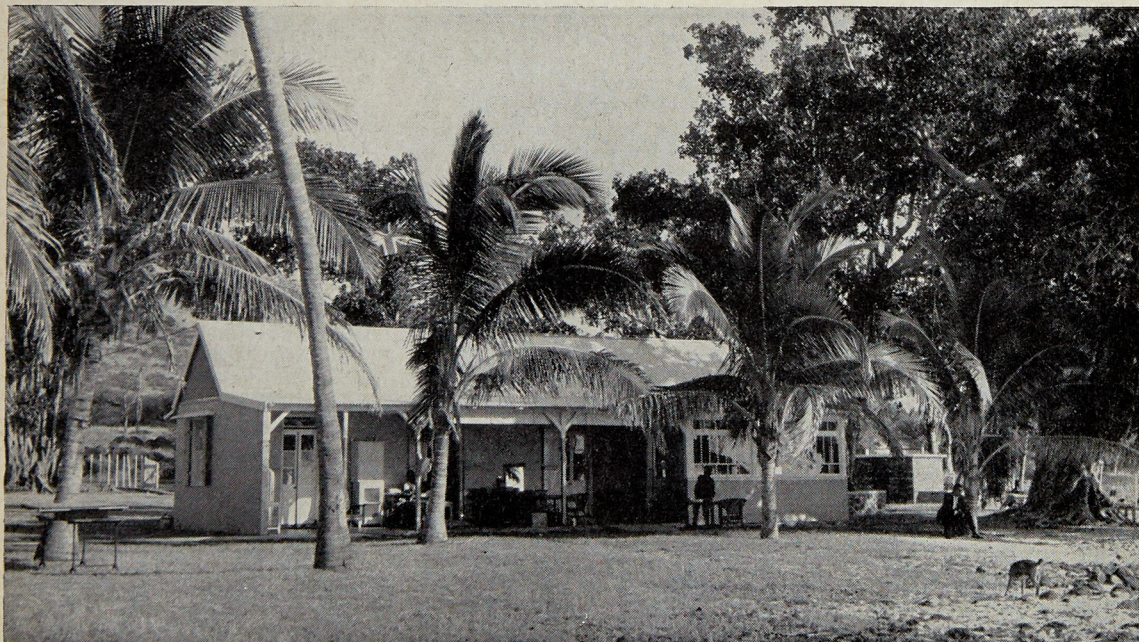


# PROGRESS AT TAMARIN

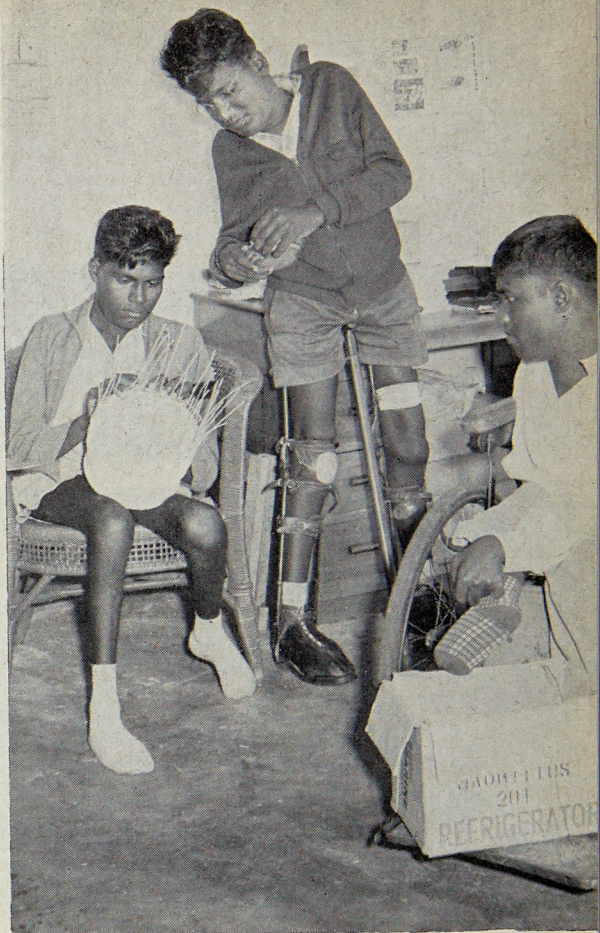
The Home at Tamarin, Mauritius, has been developing fast since it was started in November 1963. The Minister for Works and Communications, Mr. Harold Walter, agreed to allow the Committee the use of a building by the sea. This was very badly damaged in the cyclone of January 1964, but repairs were soon made, and in April of that year, the first patients, six boys, victims of the 1945 polio epidemic, and two ex-servicemen with cerebral palsy were admitted. Miss May Cutler was in charge, but she left for Tanganyika in October 1964 after training a number of local helpers.

The Committee has been reorganised. The Chairman is Mr. Frederic Robert ; Vice-Chairman, Mrs. D. L. M. Simpson ; Secretary, Mrs. Currimjee ; Treasurer, Mr. Obeegadoo. The patients seem to be extremely happy, and do basket work, painting, carpentry, and knitting ; they have enjoyed a variety of outings, and had a great many visitors ; a special Christmas party was arranged. The Royal Naval Hospital has taken a great interest in them, and once a week either a doctor or one of the sisters pays a visit to the Home and sees to their medical requirements.

At the moment, more wheelchairs are desperately needed. The only one that the Home possesses now lies broken and useless. The patients miss their rides to the village, where they had made many friends. If anyone knows of a wheelchair lying idle, and could get it sent out to Mauritius, it would be very welcome.

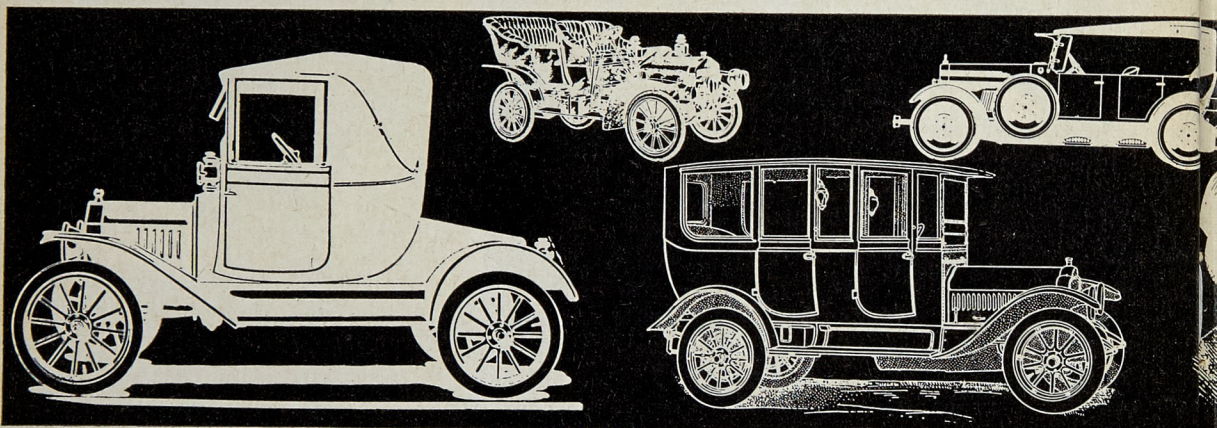








# LINCOLNSHIRE CAR C



The Lincolnshire Annual Car Competition was first conceived in the spring of 1962. One of the patients at Hovenden House happened to mention to the writer how much they would like to try running a really big raffle, possibly with a mini-car as the prize. I seized on the idea, and set about making plans. The first need was to mobilise a large army of helpers, and these were immediately forthcoming from the staff and patients of Hovenden House, together with many local people from Fleet, Holbeach, Long Sutton and Spalding. But it was soon obvious that we would have to spread our wings a lot farther.

Each summer a new car is bought; we have had so far a Mini and two models of the Morris 1100. Each week-end, the car is taken to fairs, agricultural shows,

traction engine rallies – in fact, to all the places where large numbers of people congregate. This work is done largely by members of the Boston Young Conservatives. This has realised over £2,300, being nearly sixty per cent of the total raised so far.

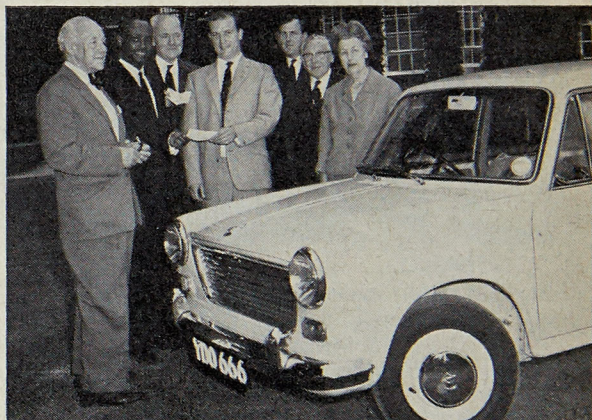
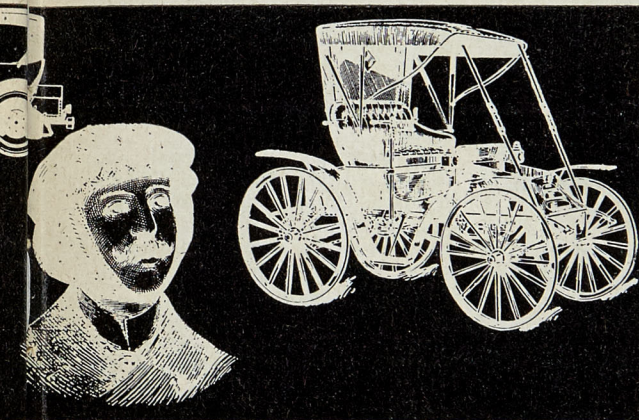
R.A.F. Stations throughout the country have provided the second biggest collecting ground. The writer's brother, Squadron Leader G. Middlebrook, sends books of tickets each season to every major R.A.F. base. These are the only tickets sent through the post. There must be umpteen raffle tickets arriving through letter boxes these days, and I am convinced that only the respect commanded, in the R.A.F., by the name of Cheshire ensures that we get such good results. So far, nearly £1,500 has come in from

this source.

You will note that we run a competition, not a raffle. It is illegal to raffle anything with a value of more than £100. Each spring, before the competition starts, a clock is locked in the safe at the Midland Bank, Boston. Competitors have to guess at what time – in fact, to the precise second – the clock stops in the next twelve hours. They do so by buying any one second, or as many seconds as they want to buy (at 1s per second, or three for 2s 6d). There are 720 books of tickets, one each for the 720 minutes in 12 hours; each book is divided up into 60 sections for the number of seconds in each minute. Therefore, we have 43,200 tickets to sell. Actually, if we sell anything approaching 40,000 we feel we have done very well.



# COMPETITIONS



In the three seasons, 1962–1964, we have raised £4,022; of this, £1,457 has been spent on the purchase of the three new cars. Other expenses have come to £210 (or 5.2%). The remainder (totalling £2,355) has been handed over to various Cheshire Homes.

A large part of this money has gone to Hovenden House, but some of it has been earmarked for the new Cheshire Home in North Lincolnshire, Stonecroft House, at Barnetby. Last year, we are delighted to say that the total raised was divided in half – one half going to the Lincolnshire Homes, while the other half was handed over to the Cheshire Home for Handicapped and Retarded Children at Addis Ababa, Ethiopia. We have heard from Sister Tabernacle, the Matron in charge of that Home, and know how much the

money is appreciated.

The lucky winners of the cars have been: Mrs. Elsom, Spalding, Lincs (in 1962), Sgt. R. Metcalfe, R.A.F. Odiham, Hants (in 1963), and Mr. H. Belbin, a civilian storekeeper at R.A.F. Thorney Island, Hants. An interesting point is that two of the three prizes have gone to people living not far from Le Court, the first Cheshire Home.

I have been most impressed with the devotion shown by quite ordinary people in making these competitions such a success. In particular, I would like to mention the members of the Boston Young Conservatives. To stand selling tickets in the open at week-ends is quite fun to start with, but to give up your week-ends continually, in wet weather and fine, for three whole summers, is to

*Proceeds of the 1964 Car Competition being handed over at Hovenden House. (left to right) Col. G. A. Grounds, Treas. Hovenden House; Mr. Amare, Secretary Ethiopian Embassy, London, receiving a cheque for £515 for Addis Ababa Home; the late Mr. G. E. Anderson, receiving £515 for Hovenden House; Mr. Tony Pears, Boston Young Conservatives; Mr. Martin Middlebrook, organiser; Mr. F. Andrews, of Barron Clark Ltd. who supplied the clock; and Mrs. M. M. Clark, Trustee, Cheshire Foundation. In the foreground, is the Morris 1100 which was won last year by Mr. Belbin of Thorney Island, Hants.*

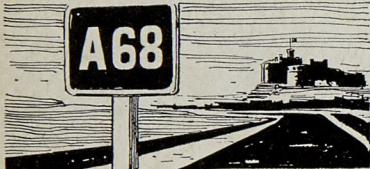
my mind an outstanding act of charity.  
N. M. Middlebrook





## TOC H – FIFTY UP

On behalf of all in the Cheshire Foundation we would like to salute Toc H on the occasion of its 50th anniversary. This is by way of being a corporate 'Thank-You' to Toc H from all the Cheshire Homes in gratitude for the many gifts and services so generously made and given ever since the early days at Le Court.



## SCOTLAND

Regional Editor: Amelia Bruce

Mayfield House Time seems to have flown by since our Annual General Meeting last November when it was announced that suitable plans had been agreed upon to build an extension for five more residents. On March 13th, the Lord Provost, Mr. D. Weatherstone, cut the first sod.

In November also, at the Rotary Club Hobbies and Handicrafts Exhibition, a first prize in sculpture was won by a resident who wishes to remain anonymous, and a second prize in photography was won by Walter Napier. With these good results, and the merit awards of a few others, Mayfield will be even better next time.

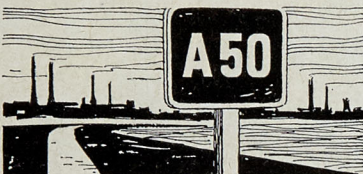
From March 15th–20th we held our Red Feather Appeal Week. Collectors' noses and fingers were blue, but despite the cold weather they raised the marvellous total of £1,651 6s 3d.

We are gradually making new friends in towns and villages farther afield. It is nice to have these contacts.

On April 1st, we had the pleasure of

a visit from Group Captain Cheshire. He was able to have a good look round, and managed to share some jokes and chat with us despite his busy schedule.

Since our last bulletin, Joan McInnes has come to us from Edenhall. We welcome her as one of the Mayfield family.



## WEST MIDLANDS

Regional Editor: Tom Dugdale

There are many points in common in the news from the West Midland Region Homes. First, they are all expecting a visit from Group Captain Cheshire. On May 1st, he is to open Greenacres. 'We aren't in existence yet – officially', says our reporter from Warwickshire. The Mayor of Sutton Coldfield, and possibly some other local mayors will be attending the opening. The G.C. is to stay at the Home for two days so that he can have a chance to talk to the residents informally. On May 2nd he will be visiting The Hill for their Open Day, and will also be staying there for two or three days. Then G.C. is going on to St. Anthony's, where on May 8th he is to officially open the new extensions, Phase II at the Home, and to thank all who have helped them over the last two years.

The family at St. Anthony's now includes 11 women and 19 men. At Greenacres the total is now 11, Don Richardson and Dennis Mincher from Cann House and Mabel Montgomery and Gladys Burrows having been welcomed to the family. Vivian Harvey came to The Hill to make a full house there again

with 28 residents.

A party from The Hill, which included members of the Management Committee and staff, made a trip to Liverpool to see the Ken Dodd Show. St. Anthony's, through the kindness of a good Friend, sent a party to a Wolverhampton pantomime. And from Greenacres, groups went to see Kiss Me Kate performed by the local Operatic Society in Sutton Town Hall, and to Jack and the Beanstalk at the Alexandra Theatre, Birmingham.

St. Anthony's wish to thank Mr. Clarke, a kind Friend from Wolverhampton, for presenting them with a bus. The Hill has not obtained any such transport yet, but a Bus Fund has been started and many people are working to build it up.

Individual items from the Homes include the visit of an Any Questions team to The Hill. Also visiting that Home were a skittles team from the Talisman Inn, Tunstall, and students from the Alsager Training College who often bring light entertainment with them.

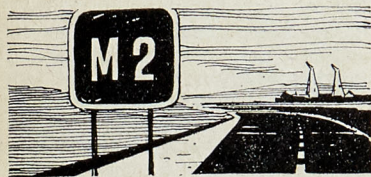
Since Christmas, there has been a fair amount of illness at Greenacres, Matron in particular having been very poorly. All at the Home were saddened by the death of Eve Hooton.

Three coffee mornings have been held in aid of Greenacres; also a dance at Sutton Town Hall by the Boldmere Conservatives. Members of the cast of ITV's Crossroads autographed programmes for the residents. The Mayor and Mayoress of Sutton called unexpectedly during March with a magnificent basket of fruit presented by Concentric Limited.

St. Anthony's report the death of Harry Nickless, who had spent three years there. They now have a full-time occupational therapist, and already they



find she has greatly encouraged them in their work. Many groups have given concerts and film shows, which have all been very much appreciated.



## LONDON AND THE SOUTH EAST

**Regional Editor:** Norman Whiteley

**Athol House** The ambulance was a year old on March 6th last. The residents gave a most successful party for the London Transport inspectors from Brixton Garage, who bought the ambulance for us, and have driven and maintained it throughout. We would like to thank the inspectors for driving some 7,000 miles on 250 trips during the year. Some of the longest were to Bath, Clacton, and Bognor Regis.

The residents and staff were very pleased to have Frank Spath for a two weeks' visit. When the time came for him to leave, a coach-load of Le Court residents came up to see our Home.

Five residents and staff went to the Lying-in-State of Sir Winston Churchill at Westminster Hall. Special arrangements had been made by the Earl Marshall for the disabled to drive in to Star Court, which led to the east entrance of the hall.

**Mote House** 'Fabulous' can never have been more appropriately used than when describing the Fancy Dress Party given by Matron and staff on New Year's Day. For a period of five hours, the party went on practically nonstop, and was greatly appreciated.

The Charing Eight - Scottish dancers - who are great friends of the Home, gave a wonderful display on January 9th. This team is very talented, and has provided exhibitions on the Continent. They have kindly consented to give an outdoor display at the May Fayre to be held in the grounds of the Home on May 8th. Mrs. Olive Stephens, of 'Ask Me

Another' fame, has agreed to open this function. So now all we want is a fine day.

Fourteen residents and four staff attended the Wembley Ice Show, 'Ali Baba' on January 13th in response to a very kind invitation which was in memory of Alvera. Before her illness, she had taken prominent parts in many ice shows.

Early in February, the Management Committee entertained residents, staff and friends to a party at the Home, each person attending wearing a hat to represent the title of a song. The party was a great success, and did not end until a late hour.

The 1964 Residents Committee was re-elected by ballot to serve for 1965. However, because of the large number of votes cast for Ivy and Ricky, it was agreed that they should become members of the Committee as well. The officers are now: Chairman - Peggy; Vice-Chairman - Tom; Treasurer - Alf; and Secretary - Ricky.

**St. Cecilia's** On January 16th, we welcomed the Derlyn Players. This talented company turned our lounge into a full theatre - complete with technicians, footlights, floods, spots, cutouts, etc. - and we felt that we had really been let into the secrets of theatrical production.

On February 13th, we had a big Bingo night, arranged by our Social Secretary, and this was well supported by the staff and Friends from outside. The M.C. and 'caller' was that indefatigable worker for all charity organisations, Charlie Cox.



## SOUTH OF ENGLAND

**Regional Editor:** Rosa I. Searle

The residents of Le Court have given much thought to railway travelling by the disabled, and early in December a letter was sent to the Complaints Box programme on Southern ITV. This resulted in the visit of a camera team,

and three of the residents appearing on television.

At one time during February, Le Court was invaded by the Navy. Sixteen apprentices and three officers from H.M.S. *Collingwood* did a wonderful job scrubbing the dining room floor twice with wire wool; they succeeded in getting the surface near-white in readiness for sealing. H.M.S. *Devonshire* was also roped into service; after much discussion two Chief Shipwrights laboured a whole day converting an ordinary bedroom door into a swing-door so as to enable the occupant to come and go at will.

The family welcomes Mr. J. H. Inskip of Liphook, a barrister, who has agreed to become Chairman of the Management Committee.

The Residents' Welfare Association had its A.G.M. in March, and elected a new Committee, Mr. D. Jarrett as Chairman, Mr. Paul Hunt as Vice-Chairman, and Miss Iris Chant as Secretary. Officers were also appointed to carry out the numerous commitments which the Association undertakes. The residents have received several marvellous gifts lately, amongst which was a H.M.V. automatic radiogram, the source of great pleasure.

The Fete Committee is working hard for the annual Garden Fete on July 10th, which is to be opened this year by Mr. Richard Hearne ('Mr. Pastry').

An annual event in aid of St. Bridget's is a fancy dress Pram Race, which took place on Boxing Day. The residents have enjoyed viewing a coloured film of the past four years' races. Along with several other good film shows, and transparencies of holidays taken in many parts of the world.

The Young Wives of Angmering, assisted by their husbands, entertained the family to tea, and this was followed by games, singing, and a stage show given by a group called 'Gonks' who were fabulous. There have been two visits to Ford Open Prison to see a well-performed play and a variety show.

The family are now working hard at handicrafts, hoping to put on an exhibition of their work during the summer.

A boxing tournament, organised by members of Littlehampton Rotary Club,



was a great success. Through the generosity of the Ferring Bridge Circle, and Mr. Bagnall, the Home has acquired a super gas cooker for the kitchen.

Sister Thompson has left to take up an appointment in Canada, and Sister Fowler to become a Health Visitor in Nigeria. Another sad loss was the death of Mrs. Violet Tricket, a popular auxiliary nurse who died suddenly on her day off. A warm welcome is extended to Sister McMaster who has joined the staff, and to Pam Richardson and Bert Funnell who have united with the family.

Heatherley residents thoroughly enjoyed a party given by the Management Committee in January. The chef laid on an enormous tea, which was followed by a variety show. Great ingenuity was shown by the family in the wearing of fancy dress hats representing popular song titles.

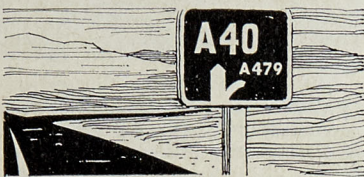
Eighteen residents went by coach to the ice show at Wembley, where they saw 'Ali Baba and the Forty Thieves'. There have been several other outings for smaller numbers of residents during these months, and in March the monthly coach-trips started with Mr. Geer taking the family to Seaford. Another highlight was a trip to London, to the Adelphi Theatre for 'Maggie May'.

The residents have enjoyed some very interesting documentary films, which have been shown every alternate week in conjunction with their normal film shows. There have also been many evening entertainments provided by different amateur dramatic groups.

Members of Crawley Round Table have devoted much spare time to painting and redecorating the long L-shaped corridor of the extension. It was a marathon task with thirty-two wheelchairs and their occupants milling around.

During February, Mrs. J. C. Mackenzie, the assistant Matron, visited the Great Priory Church, St. John's Square, London, for an investiture. She had been honoured with the rank of Officer of the Venerable Order of the Hospital of St. John of Jerusalem for the outstanding work she did in Cyprus. The residents feel honoured themselves to have such a distinguished person working for their welfare.

There has been great activity in one section of the grounds where a new car park is in the process of being made in readiness for the Annual Fete to be held on June 5th.



## WALES

Regional Editor: J. O. Davis

Danybryn is interesting amongst Cheshire Homes in so far as it was in use as a nursing home before being handed over to the Foundation. In fact, several of the residents who were there before, are still part of the present family. The second of the Welsh Homes will soon increase its beds from 27 to 35. Extensions are well under way. The appeal for £40,000 towards the new wing has already produced encouraging results, thanks to strenuous efforts by Friends. Most noteworthy of all the efforts was last year's Autumn Bazaar.

Movement inside the house was greatly facilitated by Mrs. Abe Sherman's gift of a fully automatic lift. Now the Western Welsh Omnibus Company – both management and staff – have increased movement outside the Home with the gift of a specially adapted coach. Drivers of the Company have undertaken to man the vehicle, without payment, whenever required.

From the special brochure about the presentation of the coach, we quote the following: 'The first stage was a complete mechanical and electrical overhaul . . . The wheel arches had to be lowered 3 inches and the centre of the existing floor had to be raised approximately 3 inches. Then the whole area covered with heavy-duty plywood. At the same time the rear end was cut away to receive an electric/hydraulic lift by which the chairs could be raised from ground level to the level of the coach floor. Due to parking difficulties in towns, etc., it was decided to use a lift instead of a ramp. The lift

cost £300 and was obtained for us by Mr. Hosking of Messrs. Thomas Hosking and Son Limited, and we thank the employees of Messrs. Hoover Limited, Merthyr, for their generous help towards the cost of the lift.

Within the coach, adjacent to the emergency exit, a bench-type seat was specially mounted and equipped with safety straps to accommodate residents able to walk. The main problem was how to secure the chairs once they were inside the coach. After many ideas had been thought out and tried, it was finally decided to fix a R.S.A. down each side of the coach, fitted with U-shaped clips which would secure the large wheel of the chairs to the body of the coach and leave the floor area completely clear of any fixing.

By this means five chairs can be accommodated on one side and four on the other. If necessary a further four chairs can be accommodated down the centre of the coach, secured to the chairs on either side by straps, with bench-seat accommodation for four. This makes a total of 17 residents, plus two attendants (seats provided on either side of the lift). Luggage racks had to be removed completely because of the restricted height, but limited luggage storage is provided below floor level either side of the lift and accessible from the lift-well.'

Needless to say, the coach is a great asset when we fulfil such generous invitations as the one from Woolworths in Cardiff to do our Christmas shopping (after normal opening hours), or from the Park Hall Cinema where we watched 'How the West Was Won', and when seeing Mike and Bernie Winters at the New Theatre.

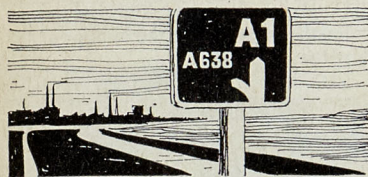
Two residents have had long stays in hospital – Lenda and Ken. We were all saddened by the loss of Tom Murphy who, although not long at the Home, had endeared himself to all.

Dolywern Dr. W. B. Aylmer Lewis retires from the chairmanship of the Management Committee after steering the Home through three splendid but difficult years. Fortunately, he remains a member of the Committee. Mr. T. R. Evans, who did so much towards the preparation of the Garden Fete, is wel-



comed as the new Chairman. Improved staff accommodation and a workshop are the next stage of development, and with such keen and active Support Groups these aims should soon be realised.

Amongst the many gifts and acts of personal service given to the Home, the lady residents are most appreciative of a hairdresser, Mrs. Glenys Morriss of Chirk, who every week spends a day at the Home making them glamorous.



## NORTH OF ENGLAND

Regional Editor: Alice M. Mackie

We are delighted to have news of the proposed new Home at **Sheffield** from Mr. Mottershaw (Press Officer). He tells us that they hope soon to have the reward of four years' hard work by their five Support Groups when they take over the premises in Mickley Lane, Totley, which are being vacated by the Cherry Tree Orphanage. There will be substantial alterations to make to the property, including the installation of a lift and further bathroom and toilet facilities. It is understood that at least £25,000 will be required to complete all the work. The Committee aims to provide accommodation for 35 young people in due course. We send our very best wishes to them in their venture.

Plans for a new workshop at **Holehird** have forged ahead in a most exciting way. All those who are in the work scheme share their earnings equally, and there is a charity box for the odd shillings left over.

A large debt of gratitude is owed to the two anonymous donors who between them have contributed almost sufficient money for the new extension, which will incorporate other additional amenities required.

The next great event in our lives is the holiday at two Pontins Holiday Camps.

Half the family has been booked for the one at Blackpool, and the other half for the one at Morecambe; there will be some of the staff at each place. A number of staff have to remain behind to tackle the spring cleaning, with the help of members of the House Committee and others who have kindly volunteered their services for a week.

Amongst recent voluntary helpers have been Andy Powell, aged 18, and Miss Joy Cooke on her third visit, while here for the first time was Miss D. Rodick-Smith of Aylesbury, Bucks, helping in the office. We have also had two Mill Hill Missionary students.

Sister M. Duffy and Sister P. Mundy having had to leave for family reasons, our two resident sisters are now Sister J. Tordoff and Sister M. V. Nash. We hope they will be with us for many years.

The Holehird chess team is a member of the Cumberland, Westmorland and Furness Chess League, and several matches have been played this winter with visiting teams. In addition, we have enjoyed plays, films, slides and lectures, and a show given by members of the Lunesdale Magical Society. The residents and staff gave a concert on March 26th in aid of the Bus Fund, and there will be a whist drive and Old Time Dance on May 1st in aid of the Workshop Fund.

A few months ago, the G.C. paid a visit to **Marske Hall**, and was obviously impressed by the transformation that had been achieved since he last was there before any residents had arrived. Naturally we were all excited to meet him. With him came Wing Commander Wally Dunn, a keen 'Ham', and there is the possibility of Marske Hall joining the group of Cheshire Homes linked by radio.

A sherry party for friends and helpers marked the occasion of our second birth day on February 1st. Later in the evening, the patrons and management of the Royal Standard Hotel, Redcar, took over and put on a lively concert for us. This happy crowd have been to the Home several times, and as well as providing entertainment, they bring fruit, sweets, cigarettes, not to mention beverages of various kinds.

Thanks to the efforts of Mr. and Mrs. N. Kay, longstanding friends of the Home, **Alne Hall** had the pleasure of being entertained by the Magicians' Circle of York, and at a later date by the Folk Singers of New Earswick. Toc H of York came on two occasions to show films. Easingwold Grammar School invited us to their dress rehearsal of 'H.M.S. Pinafore', and Sowerby and Thirsk Male Voice Choir made a very enjoyable evening of fine singing.

Mr. and Mrs. Peter Rowntree, who have done so much for the Home, spent an afternoon with us, and as usual showed a keen interest in what was going on. Another interesting visitor was Mr. Charles Longbottom, M.P. for York.

Wing Commander and Mrs. Dunn paid us a call. As a keen Radio Ham, the Wing Commander showed an interest in getting an R/T set established here.

During January, pantomime was the dominant note at **Spofforth Hall**. Besides 'Mother Goose' at Harrogate Opera House at the invitation of the Harrogate Lions Club, and 'The Babes in the Wood', given by members of the Social Section of the Leeds Amateur Operatic Society; there was at the Home on 15th and 16th January a pantomime given by a group of residents to an invited audience. It was a hilarious performance of 'Dick Whittington and His Cat'. The stage curtains recently acquired by the Residents' Committee proved of great value at all these performances. A small party also saw 'The Three Bears' at the Grand Theatre, Leeds.

At a successful coffee morning held in the Home, £57 was raised.

Annie Holgate is going on a fortnight's holiday arranged by the Spastics Society. She will be flying to Jersey and is very excited about it all.

Mrs. Stanley Price has resigned from the Management Committee because she has left the district. New members of the Committee are Mrs. Smith of Bardsey, Mr. Townsend of Clifford and Mr. Taylor of Harrogate. The following have been elected to the Residents' Committee for 1965 - Mr. J. Twist (Chairman), Miss E. Price (Treasurer), Miss L. Parkin, Miss A. Holgate, Mr. T. Fryer and Mr. C. Clarkson.

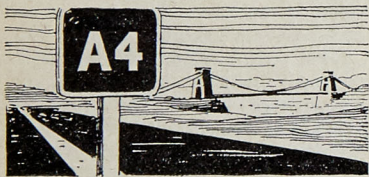


It is with deep regret we record the death of Muriel Hopkins at Harrogate General Hospital.

**Kenmore** reached its fourth anniversary in January, and the residents gave the staff the usual party.

Mr. and Mrs. Twitchett of the Cameo School of Dancing held their annual 'Lilac Waltz' Old Tyme Dancing Competition in the Cleckheaton Town Hall. Mr. and Mrs. E. Hill of Halifax received the winners' trophy from Alderman R. Fraser, Mayor of Spenborough. Over £85 was raised for Kenmore.

On February 26th, the residents gave a farewell party and presentation to Matron I. C. Gray to mark her retirement. Mrs. Kelly, our cook, who started here with Miss Gray in 1960 made the presentation of an automatic battery operated clock. Miss D. Hartley, our housekeeper, who was also leaving to be married in March, was presented with a canteen of cutlery by our new Matron, Miss L. Morrison of Shipley. The latter has served many tours of duty in Kenya with the Colonial Nursing Service, and has quickly settled down at Kenmore.



## WEST OF ENGLAND

**Regional Editor: Bob Hughes**

The **Cotswold Cheshire Home**, Cheltenham, owes much to Mrs. J. Barrett who has moved to Devon. Amongst many achievements, she will be remembered particularly for being instrumental in helping to found this Home, and as founder and leader of the popular 'Group of Friends.' The Management Committee, residents, and staff combined forces for the joint presentation of a gold inscribed wrist-watch, and to offer our gratitude for the past, and best wishes for the future.

Various outings commenced with a sumptuous meal in the lush surroundings of the Majestic Hotel, kindly pro-

vided by the Management and Patrons. We made a spectacle that got in the papers by being escorted there by Police Cadets! The Town Hall was descended on in force for a much-enjoyed 'Old Time Music Hall'. In our humble opinion the play, 'Love of Four Colonels', should win our RAF friends the 'Area' prize, as we thought it their best yet. The Scout 'Gang Show' at Gloucester was the usual hit.

Our close proximity to the town-centre, makes it possible for us to have excursions according to individual tastes, organized by Mrs. F. Aspinall and her friends, for shopping, coffee, visits to the various parks, exhibitions, cinemas, concerts, theatre, etc.

The 'Friends' went to town about their Jumble Sale, and made £74. We are grateful too, to the Committee headed by Mrs. Michael Rogers in raising over £200 with the now annual 'Red Feather' Ball for teenagers.

**Greathouse Toc H** members have made several outings, including the branch rededication service at Hardenhuish Church, Chippenham, 'Sausage and Mash' in a local village hall, and a guest night at Calne.

The Beaufort Hunt met at Greathouse during January, and the Duke and Duchess of Beaufort stayed a while with us. A party of residents, interested in the horse trials, attended one day of the annual 'Three Day Event', held in Badminton Park.

A feature of the winter film shows was a film made and shown by Mrs. Moseley on the Tokyo Equestrian events and her journey home via America. Other films have included films by the Variety Club of Great Britain and Reg Wates. The latter included films of Greathouse and Danybryn.

Three residents have become 'of age'. Francis Hopwood and Jean Brown celebrated their birthday together on February 13th, and Roger Parker on March 20th.

With deep regret we record the passing of Albert Lee and Raymond Guy, both residents of long standing.

Raymond, a native of Carisbrook, Isle of Wight, who was 44 years old, had been a resident of Greathouse for five

years. Through his hard and devoted work as Chairman of the Welfare Committee for over 3½ years he achieved much for his fellow residents. The weekly film shows, residents' outings, and numerous other functions were indebted to his ability for organization. He was also a founder member of the Greathouse joint mens' and ladies' Toc H branch and served it as Chairman.

Two important coming events are the Annual Garden Fete on June 12th, and the 1965 Family Day of the Cheshire Foundation on July 17th, of which Greathouse will have the honour of being the host.



## SOUTH WEST

**Regional Editor: Pamela Harvey**

The pantomime season lasted until February 15th at **St. Teresa's**, when the Sennen Players brought along their panto 'The Rolling Stones, or The Stones of Plouninec'. Film shows have continued to be a monthly favourite with Wrens from H.M.S. *Culdrose* working the projector.

G.C., together with Miss Cooper, returned to St. Teresa's in January to continue making the film about the Home. Father Walsh, the R.C. Chaplain at the original St. Teresa's, Predannack, and Grace Maundrell, one of the first workers there, also arrived to take part.

At **Cann House**, outings to variety concerts, plays, and other entertainments have continued to take place. The Loyal Order of Moose have provided us with slide shows and a brains' trust, while their wives look after the refreshments. Another entertainment that they made possible was a visit from the Kortne Hungarian Orchestra.

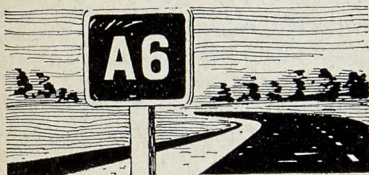
Work on the extension continues to make progress, and everyone is getting very interested seeing the plans taking shape.



During Cheshire Week, many residents were able to help with the street collection in Plymouth, making £98. The total amount from the Week is not known yet.

The football fans have continued to follow our local team, 'Argyle', and great excitement reigned on Easter Monday when they beat Northampton 5-2.

It is with regret that we report the death of Doris, who had only been with us for a short while. We welcome John and Pearl, and hope they will both be very happy at the Home.



## EAST MIDLANDS

Regional Editor: T. M. Gair

On April 24th, one of **Staunton Harold's** residents, Mary Currey, marries Henry McClay, who worked as an orderly at the Home until two years ago. Mary, who lived at Staunton for about five or six years and was joint 'shop-keeper' then, will now live in a cottage which Henry has found for them in Hertfordshire. All their friends both inside and outside the Home join in wishing both Mary and Henry a long and happy life together.

Whilst on the subject of departures, everyone in the Home will be sorry to lose the Church of England Chaplain, Rev. John Cooperthwait, who is moving to Wakefield. 'The Padre', as he is popularly known, has been our friend, as well as our vicar, for some five years.

Many of us will remember the meeting of the Quorn Hunt in our grounds - if only for the sight of a fox running quietly across the adjoining field - just after the hounds had disappeared in the opposite direction!

The G.C. paid a visit to **Seven Rivers** during March, and, as always, proved a stimulus and an inspiration to everyone. It is great to be able to quote his 'This is a happy Home'.

The residents who went to the pantomime at Ipswich were given an added thrill when the star of the show, Lonnie Donegan, and his wife, came and chatted with each of them.

The 'Babe of Bethlehem' scheme, through which the residents are supporting a child in the Bethlehem Cheshire Home, is having phenomenal success, largely due to the very hard work put in by Florence and her Committee. Florence, though blind, is working with relentless determination towards her ambition to go to Bethlehem herself, and meet their little charge.

Our youngest resident, Charles, who will be twenty-one in May, has been adopted by the local Youth Club, who collect him regularly for their meetings. Jerry, our painter, was delighted when the Colchester Art Society, of which he is a member, accepted four of his paintings for their Autumn Exhibition, and four more for their Spring Exhibition, one of which was sold. This was more than any other exhibitor. Jerry has graduated from 'painting by numbers' to a very interesting style of his own.

The drive and path have now been tarmacked, and, through *The People*, £500 has been given towards the purchase of a new van to transport the residents.

A change is reported in the Residents' Committee at **Hovenden House**, with Mr. F. Bradshaw taking over from 'Taffy' Wright, who is hoping to go to the new Home in North Lincolnshire.

Entertainment has been coming into the Home pretty frequently, and the Residents have also been getting out quite a bit. The highlight was a visit to Newark to see the Donkey Derby, with a stop for a picnic lunch 13 miles from Newark.

The family at **Holme Lodge** now numbers 23, having recently admitted Mr. Jeffers and Mr. Morton.

Coming back now to the Donkey Derby, which was held on the first Saturday in April at Newark, organised by the local Round Table to aid Holme Lodge. Have you ever tried to get a donkey to do what you want it to do? - well, imagine if you had 24 of them. This was the problem with the young riders at

Newark. 1,500 people saw eight races during the afternoon, and were able to back their fancy with either a book-maker or on the tote. Most of us were able to be present.

One recent outing slightly out of the ordinary was a trip to the new GEM store - American pattern - in which we were able to buy anything we wanted under the one roof. There were also visits to 'Dick Whittington' and to 'Princess Ida' given by our good friends the Long Eaton Operatic Society.

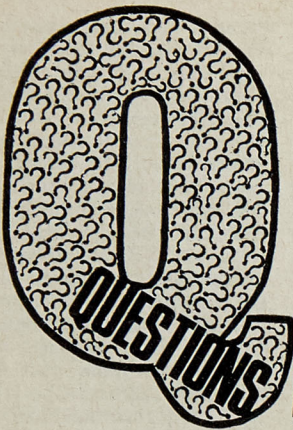
One big event at the Home was Mrs. Helling's coffee morning, when on a glorious day more than 250 ladies descended upon us. The grand result was £118 for the Building Fund.

We are looking forward to our week at the Derbyshire Miners' Welfare Centre at Skegness on April 23rd. Mr. Nash, a jolly ex-London bus driver, is taking a holiday from work and will drive us there and back; and his wife Betty is coming along as a voluntary helper.

Our postage-stamp of a garden is now looking more attractive thanks to the hard work put in by some local Borstal boys.

We are extremely grateful for the interest Sir Stuart Goodwin is taking in the Home, and for the two very large donations he has recently made.





## ANSWERED BY THE DOCTOR

*I have been told that for a disabled person who is forced to sit in a wheelchair or lie in bed most of the day, it is important, especially if you have a cold, to clear the congestion in the chest by breathing exercises. Could you explain why this is so, and what exercises are recommended?*

C.M.E

It is most essential for a disabled person who is forced to sit in a wheelchair, or lie in bed most of the day, to do breathing exercises; in fact, it is very helpful for a general scheme of exercises to be carried out daily within the patient's capacity. A person who is not up and about is very liable to congestion of the lungs, as the sitting and lying positions cause people to be in rather cramped and crouched positions; this restricts the movement of the lungs; in consequence, respiration becomes rather shallow, and congestion may ensue. As soon as breathing exercises are done, the chest cage is expanded and contracted alternately, causing the ribs, the thoracic spine and surrounding muscles to be brought into use; this helps to maintain the lungs in a healthy condition, and to reduce the incidence of infections at the bases of the lungs.

A suitable sequence of exercises would be as follows:

**1** Place the palms of your hands on the sides of the lower ribs, breath in as deeply as possible, then out as far as you can. You will find that your lungs expand

and contract quite considerably; in fact you can record the chest expansion by using a tape-measure. One of your fellow residents might assist you to measure the degree of expansion. Place the tape-measure completely round the chest, about two-thirds down.

**2** Try to pull your shoulder-blades together, imagine you are trying to grip a few five pound notes between them! !

**3** Try to press your head back, hard against the pillow, or chair, and if possible raise your shoulder-blades from the pillow.

**4** Breathe in, trying to get the air into the upper part of your lungs, then slowly breathe out.

**5** Bend the upper part of your body to one side, then to the other, and you will feel your ribs separating.

**6** Tighten, then relax your abdominal (tummy) muscles.

**7** Try to stretch yourself out, like a cat, think of your spine as a concertina, and then relax.

When doing your breathing exercises you must remember to breathe *in through your nose*; you may breathe out through your mouth.

All these simple exercises will help to expand your lungs, and reduce the stiffness in the neighbouring joints, and

**This is a new feature. In every issue, the Doctor will be answering questions sent in by readers. Please keep your questions as short as possible, and send your name and address even if you do not want it published.**

improve your muscle tone.

If you have the misfortune to develop congestion of the lungs, you must try to get rid of the sputum. Try hard to cough it up, do not use your handkerchief but get some paper tissues, which can be disposed of easily, and should be used *only once*; or you may have a disposable sputum pot.

Another method of clearing the lungs of sputum is known as postural drainage. It is a little more difficult, and your doctor must approve of it in your case. Lean over the edge of the bed (head downwards), for five or ten minutes. This position helps to release the sputum from the bases of the lungs – then try to cough up any phlegm.

Would it not be a pleasant break from the daily routine if three or four of you do these exercises at set times during the day! ! This little scheme of exercises to be really effective should be carried out three times each day, for five minutes at a time.

Simple supervised exercises on these lines are carried out at a number of Cheshire Homes for the benefit of the residents; and from Heatherley has come a lead, and written suggestions on these lines from Dr. Farrell and Mrs. Lucas, the voluntary physiotherapist there.



## Twelve young people take a hand

*Reproduced from The Log (Toc H Women's Journal), by kind permission of the Editor.*

STAUNTON Harold Hall is situated in what must be one of the loveliest parts of Leicestershire. As one looks down the hillside from the main road, this seventeenth-century stately home can be seen, with its private church alongside and lake in the foreground. This was once the home of the Earls Ferrers, but is now one of the Cheshire Homes, founded by Group Captain Leonard Cheshire.

The first mixed project of twelve young people coming from a variety of backgrounds with ages ranging from 15-20 was organised by Toc H, leaders being John Dessauer and Noel Baker, and duties were to include re-decorating, acting as nursing orderlies and any other general help required.

Behind this beautiful house were the stables which were to be our sleeping and living quarters during our short stay. The walls were white-washed and mattresses had been provided to soften the blow of the concrete floors. There was not every home comfort, but the fun we had sleeping there is something none of us would have missed. One of the larger stable rooms had been converted by some local young people into a 'lounge' with advertising posters pinned on the walls, and furnished with easy chairs, two settees and a piano. In the evenings we were able to relax here, take part in many interesting discussions, and grow quite accustomed to the odd bat flying overhead to its home in one of the far corners of the roof.

During this week we decorated one of the long corridors at the side of the House. The ceiling and walls were painted in a delicate shade of pink called 'blush'; doors in peacock blue and windows white, which looked very attractive when finished. As the majority of patients

there needed constant personal nursing, we were able to assist in many ways, and in this way got to know each one of them individually and something of their family backgrounds.

One of the most outstanding events of the week was our visit to New Lount Colliery, about three miles from Staunton Harold, for a conducted tour down this coal-mine. Each equipped with helmet and lamp we descended some 300 yards in the lift where we began our trek to the coal face. We eventually reached there after manoeuvring our way through extremely muddy conditions and under and around conveyor belts, then on hands and knees for the last lap. We had not realized the fact that we had walked well over three miles and certainly looked dishevelled when we reached the top again.

The main attraction of the week at the House was the Garden Fête held on the Saturday which was opened by one of the patients. This was by no means a small country Fête. Different organizations and villages from all over Leicestershire had erected their own stalls, including the patients who had on display soft toys, dolls, rugs, etc., made in the Therapy Dept. There were many attractions to be seen and heard that afternoon, such as the Leicestershire and Derbyshire Yeomanry Band and the 'Kontiki' Rhythm Group. It was estimated that about 6,000 people supported the Fête and a profit of over £3,000 was realized for the Home.

The true fellowship found not only between our own group, but also especially with the patients is something which will remain embedded in our minds. To enter into their lives and share their everyday problems was an experience and challenge to us all.

With God's guidance we envisage organizing many other projects next year, and in this way to introduce more

young people to Toc H and to the Christian principles of friendship and service.

*Eveline Wallis (on the staff of Toc H Woman's Association)*

**AFTERWARDS, Eveline Wallis, had a letter from Tom Gair, Chairman of the Residents' Committee, and here are two of the things he wrote:**

**'I have heard many people this week express my own opinion that your party was the friendliest of the many working parties we have had here in the past few years.**

**'The fact that your party was composed entirely of young people gave me a personal terrific kick, for it has long been my pet "hobby-horse" that the youngsters of today are every bit as good as ours or any other ...'**



## 'I shall not cease from mental fight . . .'

*May we introduce another Cheshire Home resident – Jimmy Turner of Holehird.*

In and out of hospital since the age of five, with no home life since then – cheerful and courageous, persevering and determined – eager to learn – to know the how and the why – despite the fact that his sight is such that he cannot be helped by optics, because he can't focus steadily – spends hours reading and studying – always seeking ways in which he can help others! Despite the fact that he cannot stand without support, spends the beginning of every day making his bed with skill, and then remaining in his bedroom for bible study and prayer – yes, Jimmy Turner is his name. Jimmy must have had a wonderful mother. He once said she did not cease in her endeavours to find for him the best treatment available. And with a tinge of sadness in his voice, he says now, 'I was born too soon to benefit from the schemes of educating and training the disabled that we have today'. Yet, by his reading, he has succeeded in providing his own education.

Jimmy joined the Holehird family in January 1962, and was the third permanent resident. Born on July 4th, American Independence Day, he bears the name of a great American general – Incumen – and has inherited the determination of a warrior. He came to us from St. John of God Hospital, Silverdale, via Queen's Hospital, Blackburn, via Sharoe Green Hospital, Preston, via the Farnham Institute, via the Orthopaedic Hospital, Pyrford, Surrey. His home is at Rishton, near Blackburn.

An unusually large bump of curiosity has sometimes led Jimmy into difficulties, and in the early days, when the house was full of workmen, Jimmy and his pusher could always be found at the scene of new operations, inside and outside the house. He quickly earned the name of 'Foreman'.

Last summer, Jimmy was one of the party that went to Heatherley, down south, on an exchange holiday plan. He enjoyed the change of scene very much indeed, and took full advantage of the

opportunity to explore new territory. He now has a much greater ambition . . .

One Sunday in the summer, Archdeacon Alun Morris from Palestine preached at St. Mary's Church, Windermere, and Jimmy listened to his sermon on the Holy Land. Later, at lunch in the vicarage, Mrs. Westropp, the vicar's wife, enquired from her visitor at what time he would like to depart. To her astonishment, he replied that first he had an appointment to keep at a place called 'Holehird'. On asking with whom was the appointment, Mrs. Westropp was informed, 'Mr. James Turner'. Thus it came about that Archdeacon Morris, Mrs. Westropp and Jimmy sat on a seat in the Holehird garden, overlooking lake and mountains, while they discussed the land where there were many other lakes and many other mountains. 'Do you think', asked Jimmy, 'that I could go on a pilgrimage to the Holy Land?' 'Well, Jimmy', came the reply, 'I've certainly never heard of such a thing before, but really I can see no reason why people like you should not go. I'll look into the matter, and see what can be done. But, of course, you will have to find the fare.' So, ever since then, Jimmy has been saving all he could spare to try and make his dream come true. We all hope and pray that the machinery of officialdom is moving right now to open the gateway.

Jimmy is amazingly knowledgeable, amazingly well-read, and mentally versatile. He takes tea round to other residents – he fetches and carries for the sewing party on Tuesdays – he does handiwork and takes his part in the work-scheme. All this, despite the barriers and obstacles of being a spastic, which affects his movement, his balance, his sight and his speech.

Jimmy has overcome Giant Despair, waded out of the Slough of Despond, and learned to scale Hill Difficulty – and knows how to break the iron bands of frustration. How we wish that some of today's Angry Young Men, who have so much – health and strength, freedom and opportunity – could meet Jimmy and those like him!







# FETE DAY

The day of the Fete  
Dawned bleak and drear,  
Dark rain clouds hovered near by,  
And Mary Ann crisp in scarlet and white  
Looked up at the laden sky.  
She came to a sudden decision,  
With a nod of her pig-tailed head  
She hurried back into the farm house,  
Where the others were still in bed  
Past the room where her brother lay  
Still hugging his teddy-bear, sleeping.  
Past her parents' room, where deep in sleep  
They lay unconscious there.  
Up, up she went to the attic  
Avoiding the creaking stair,



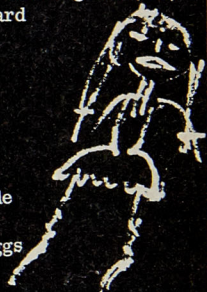
And silently opened the attic door  
Disturbing a mouse who was there,  
He squeaked as he hurried for safety  
behind some old books near the door,  
Mary Ann padded on into the room  
and knelt on the dusty floor.  
"Now listen O God" she admonished;  
"We must have it fine for our Fete,  
The people won't come if its pouring with rain  
Wet shows, they simply hate",  
And Daddy's in charge of the coconut shy,  
And Mummy is helping with tea,  
And four-year-old Tim's in the fancy dress,  
And there's even something for me  
After tea, I am going to dance in the park,  
And how can I dance if it's wet?  
My ballet shoes often slip on french chalk  
Wet grass is far worse, I bet.  
She opened her eyes, and choked on a sob  
As she saw the pouring rain,



And two large tears coursed their way down her cheeks  
Matching those on the window pane.  
Through a mist of tears, she got to her feet  
And stumbled her way to the door,  
Then light as a leaf, she leapt down the stairs  
Till she reached the bottom floor.  
By half-past ten the rain had stopped  
A weak sun struggled out.  
Timmy - now dressed as a cavalier  
Began to dance and shout  
"The rain's gone, the sun's out" he cried in highest glee,  
Mary Ann pinched and squeezed him hard  
"Don't dare to notice" said she.  
By half-past two the sun was hot

The sky a peerless blue  
The Flower stall was a riot  
With colours of every hue.

Mr Clark's marrows swelled with pride  
As they sat side by side with potatoes,  
Cucumbers, cauliflowers, beetroot, eggs  
And lovely juicy tomatoes.  
The W. I. had a fancy goods  
Table-cloths, aprons and hats,  
The disabled folk showed their baskets and trays  
Leather-work, soft toys and mats.  
Young Timmy, long-lashed, golden and merry  
Came first in the fancy dress.  
Mary Ann, slender and brown as a berry  
Danced well, as you all may guess.  
Excited and happy in the bath that night  
She was weary, but very gay,  
And when she knelt later to say her prayers  
Gave thanks for a "lovely day".



by Dot (of Heatherley)



# two true ghost stories

Tom Dugdale  
(The Hill, Sandbach)

DID YOU ever meet someone who had actually seen a ghost? No, neither did I, so I don't believe in them. Yet I must admit to a couple of what I can only describe as ghostly experiences. Let me tell you about them.

The setting for the first one was perfect. I was the only occupant of a wing of an isolated old farm house. I woke up just as the dawn was beginning to grey the sky, to hear the wind howling round the house and the rattle of rain as it was driven hard against the windows. My eyes were just level with the back of a chair which stood beside my bed, and as I lay there half asleep enjoying the contrast between my nice warm bed and the violence of the elements outside, I saw the chair move towards me, pause, then move away again. My first thought was that my eyes had gone queer, so I rubbed the sleep out of them, then looked carefully

again. The wind howled and once again the chair moved towards me, then moved away. What could it be? Ah! The cat. She had got in through the open top window before, and who could blame her on a morning like this. So I hung my head over the side of the bed and searched every corner of the floor. No cat. Nothing the least bit different from normal to explain this phenomenon. Yet the chair still continued its irregular movements, the wind still howled, and the rain lashed at the windows. . .

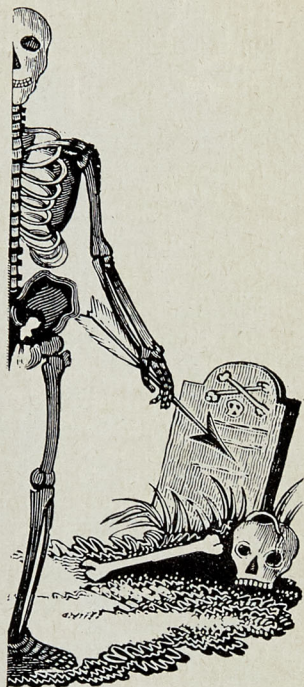
The second experience was under quite different conditions. I was living in the town, in a modern semi, one of the many in a road with street-lighting and all the other status symbols of civilisation. I occupied a bed-sitting-room on the ground floor, and at bedtime it was my practice to observe the proprieties by preparing my bed, undressing, then turning the light out before drawing the curtains to let in the cool night air. I had been entertaining friends, so it was in the wee small hours before I pulled back the curtains of my darkened room and turned to cross to my bed. . . and then I saw him or IT!

The light from one of the street lamps shone through the window full on to an easy chair, and sitting in the chair, as if he owned the place, was my ghost. He was wearing a shroud which came to a point above his head, and had two large holes cut in it for his eyes. His arms rested naturally on the arms of the chair, and the shroud reached comfortably down to the floor.

I stood amazed and stared at the apparition. He was transparent, but perfectly clear cut. I only wished that there had been someone else in the house, whom I could have brought to meet him. Then I wished him a very goodnight, and climbed into bed.

Now these are honest true stories, and as I have already said, I do not believe in ghosts. So there must be a materialistic explanation for them. There is.

In the first case, my room in the old farm was above a cold rather damp cellar, and the cellar window was left permanently open to keep the place aired. My room had a fitted carpet,



fastened down all round its edges. The gusts of wind blew in through the cellar window, and up through the floorboards, lifting the centre of the carpet well-up off the floor. As the carpet rose, the chair tipped towards me, then, as the gusts of wind died down, the carpet fell and the chair moved back to its normal position.

In the second case, the window had steamed up, and, by a most amazing coincidence, the shape and size of the condensation and its position on the window allowed the street lamp to cast on to the chair the exact shape needed to make my ghost.

They say that things always happen in threes. I am not superstitious, of course, but I wonder if the third time it will be a real ghost. Anyway, it has not happened yet – touch wood, and I am keeping my fingers crossed!







## SMALL ADVERTISEMENTS

### Does Anybody Want A Duplicator?

Ellams Hand-operated Rotary Duplicator, red and black drums, quantity of ink and stencils, surplus to requirements, offered **Free** to any Cheshire Home requiring one.

Apply to Residents, Athol House, 138 College Road, Upper Norwood, S.E.19. Phone GIPsy Hill 6770.

### Stamps

FROM OVERSEAS (Left on paper) wanted by collector. Payment offered toward funds of Home from which sent or to Headquarters. 2/6d per hundred. More for values over 1/6d. BOX No. 101

### Note to Advertisers

All enquiries and matters regarding advertising in the Cheshire Smile to be sent to;

The Dayton Press  
1 Crane Court, London E.C.4  
Telephone FLE 1107

## Magazine Envelopes

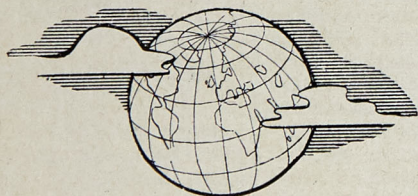
Enquiries have been received from several Homes about whether we could make magazine envelopes available to them (i.e., envelopes suitable for sending the larger-sized magazine through the post). We shall be glad to send to the Homes supplies of suitable envelopes (with tuck-in flap and 'Printed Matter' on outside) on request, at the following rates:

12 .....	2s. 0d.
25 .....	3s. 6d.
50 .....	6s. 0d.
100 .....	10s. 6d.

(minimum quantity - 1 doz.)

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**CIGARETTE PAPERS  
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# Mission for the Relief of Suffering

*Registered in the U.K. as a Charity*

**Founders: Sue Ryder, O.B.E., Group Captain G. L. Cheshire, V.C., D.S.O., D.F.C., and Rev. Mother Teresa, M.C.**

**President: Mrs. Lakshmi Pandit**

Out of the combined work of the Sue Ryder Forgotten Allies and the Cheshire Foundation Homes for the Sick there has evolved the concept of an association—or family—of separate and autonomous organisations, each devoted in its own way to the relief of suffering, but all sharing the same ideals and principles. The function of this Mission is, on the one hand, to strengthen its member-organisations by virtue of making them part of some larger entity, and, on the other hand, to extend their opportunity of doing good by the possibility of joint and concerted action. Application for membership from any charitable organisation is always welcome.

## **The Raphael Settlements**

As one step towards this goal, the Forgotten Allies and the Cheshire Homes have

pooled some of their resources and experience in order to establish a series of International Settlements in different parts of the world, the primary aims of these being:

(i) to supplement the work of the two Foundations by taking those specialised cases which neither of them are able to admit;

(ii) to safeguard and develop the spirit of the Mission as a whole;

(iii) to test out new ideas.

**Dehra Dun, U.P., India.** (Tel. Dehra Dun 901)

Beautifully situated in the foothills of the Northern Himalayas, the first Raphael is the Far Eastern Headquarters of the Mission. Beginning with only tents in April 1959, it today houses 96 leprosy patients, 50 men-

tally retarded children, and 20 other children who, although fit, come from unsatisfactory home circumstances. Raphael is planned as a whole village of Homes for many different kinds of people in need.

*Hon. Sec.:* Mrs. Ava Dhar.

*Hon. Welfare Officer:* Mrs. D. Rawlley.

**Hydon Heath, Godalming, Surrey, England.** (Tel. Hascombe 383)

More recently opened, the English Raphael provides accommodation for the older age groups, and for married couples (both young and old) who might otherwise be forced by their disabilities to separate. It will shortly have a 12-bedded wing for the heavily disabled.

*Warden:* Lt.-Col. R. Taylor, M.B.E.

## **1. Sue Ryder Forgotten Allies Trust**

*Registered as a Charity*

*Founder:* Sue Ryder, O.B.E.

*Hon. Adviser:* Sir Eric Berthoud, K.C.M.G.

*Personal Assistant:*

Count George Baworowski

*Personal Secretary:* Miss P. Bains

*Secretaries:* Miss M. Towers,  
Miss C. Brookes, Miss A. Grubb

*Hon. Treasurers:* S. Poole Esq.,  
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*Hon. Medical Advisers:*  
Dr. Grace Griffiths, M.B., M.R.C.P.,  
Dr. M. Ryder, M.B.

*Hon. Press Officer:* J. Thurlby, Esq.

All enquiries about Sue Ryder Forgotten Allies Trust should be made to Sue Ryder Home, Cavendish, Suffolk. (Glensford 252).

Following the relief work started in 1945 in many camps, hospitals, and prisons for the victims of Nazism, there is today still much individual case-work throughout Germany, in addition to the following:

**Sue Ryder Homes for Concentration Camp Survivors.**

Cavendish and Melford, Suffolk. 140

Forgotten Allies are brought each year from the Continent for a complete holiday and to join those permanently there.

**Sue Ryder Home for Sick and Disabled Forgotten Allies.**

Hickleton Hall, near Doncaster.

**St. Christopher Settlement.**

Grossburgwedel, Hannover.

*Secretary:* Mr. Jerzy Neumann.

Eight homes and several flats, built mostly by international teams of volunteers for those whose health is broken, and for others released from prison and in need of rehabilitation and help.

**St. Christopher Kreis.**

Berlinerstrasse, Frankfurt a.m.

*Chairman:* H.H. Princess Margaret of Hesse and the Rhein.

Since 1945, Sue Ryder has been personally responsible for the visiting, after-care, and rehabilitation of the homeless boys of eight nationalities in German prisons.

**Homes for the Sick in Poland**

*Chairman:* Director Rabczynski, Ministry of Health and Social Welfare, Warsaw.

Prefabricated buildings, each containing forty beds and costing £7,000 are sent from England to relieve the distress of the Forgotten Allies. Fourteen Homes have been established at Konstancin, Zywardow, Naleczow, Helenow, Pruszkow, Radzymin, Bydgoszcz, Zielona Gora, Gdynia and Gora Kalwaria, etc.

**Homes for the Sick and Disabled in Jugoslavia**

*Chairman:* Dr. Kraus, Minister of Health, Belgrade.

Three Homes have been established for 120 patients on the outskirts of Belgrade, and a further four Homes are at Pristina, Pec, Travnik and Kragjjevac.

**Home for the Sick and Disabled in Greece**

*Chairman:* Mr. Theologos, Institute for Research and Development of Vocational Rehabilitation of Disabled, Athens.

One Home has been established near Athens.



## 2. The Cheshire Foundation Homes for the Sick

*Registered as a Charity*

Caring for the incurable and homeless sick (mostly in the younger age-group), they are autonomously run by local committees within the general aims and principles of the Foundation. In each country there is a central trust which owns all the properties, presides over the Homes, and is the source of the committees' authority. Average number of patients when Home complete: thirty.

### United Kingdom

*Patron:* The Rt. Hon. The Lord Denning, P.C.

*Chairman:* The Hon. Mr. Justice Edmund Davies, LL.D.

*Trustees:* Dr. Margaret Agerholm, M.A. B.M., B.CH.(Oxon),/Group Capt. G. L. Cheshire, V.C., D.S.O., D.F.C./Mrs. Sue Ryder Cheshire, O.B.E./Mrs. M. M. Clark, J.P./R. G. Emmett, Esq./The Earl Ferrers,/ His Honour Judge Rowe Harding,/F. J. Laycock, Esq., M.B., B.CH., D.P.H./The Lady St. Levan, J.P./H. E. Marking, Esq., M.C./Miss C. E. Morris, M.B.E./B. Richards, Esq./Peter Rowntree, Esq./W. W. Russell, Esq./The Lord Sinclair, M.V.O. (Managing Trustee).

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*Personal Assistant:* Miss E. Evans

*Hon. Medical Adviser:* Dr. Basil Kierman, M.R.C.P.

*Hon. Treasurers:* J. R. Handscomb, Esq., R. G. Emmett, Esq.

Enquiries to: 7 Market Mews, London, W.1 (GROsvenor 2665)

## U.K. Cheshire Homes Directory

	Tel. Nos.	
	Office	Residents
<b>Alne Hall</b> , Alne, York	Tollerton	295
<b>*Amersham</b> , Bucks		
<b>Amphill Park House</b> , Amphill, Beds.	Amphill	3247 3173
<b>Athol House</b> , 138 College Road, London, S.E.19	Gipsy Hill	3740 6770
<b>Cann House</b> , Tamerton Foliot, Plymouth, Devon	Plymouth	71742 72645
<b>Carnsalloch House</b> , Kirkmahoe, Dumfries	Dumfries	4924 2742
<b>Coomb</b> , Llanstephan, Carmarthenshire	Llanstephan	292 310
<b>Cotswold Cheshire Home</b> , Overton Road, Cheltenham, Glos.	Cheltenham	52569 —
<b>Danybryn</b> , Radyr, Glamorgan	Radyr	335 —
<b>Dolywern</b> , Pontfadog, Wrexham, Denbighshire	Glynceiriog	303 —
<b>Greathouse</b> , Kington Langley, Chippenham, Wiltshire	Kington Langley	235 327
<b>Greenhill House</b> , Timsbury, near Bath, Somerset	Timsbury	533 —
<b>The Grove</b> , East Carleton, Norfolk, Nor. 94W	Mulbarton	279 —
<b>Heatherley</b> , Effingham Lane, Copthorne, Crawley, Sussex	Copthorne	2670 2735
<b>The Hill</b> , Sandbach, Cheshire	Sandbach	566 508
<b>Holme Lodge</b> , Julian Road, West Bridgford, Nottingham	Nottingham	89002 —
<b>Honresfeld</b> , Blackstone Edge Road, Littleborough, Lancs.	Littleborough	88627 880651
<b>Hovenden House</b> , Fleet, Spalding, Lincolnshire	Holbeach	3037 —
<b>Kenmore</b> , Whitcliffe Road, Cleckheaton, Yorkshire	Cleckheaton	2904 2724
<b>Lake District Cheshire Home</b> , Holehird, Windermere, Westmorland	Windermere	2500 387
<b>Le Court</b> , Liss, Hampshire	Blackmoor	364 229
<b>*Lindsey Cheshire Home</b> , Lincolnshire		
<b>Llanhennock Cheshire Home</b> , Caerleon, Mon.	Caerleon	545 —
<b>Marske Hall</b> , near Redcar, Yorkshire	Redcar	2672 —
<b>Mayfield House</b> , East Trinity Road, Edinburgh 5	Granton	2037 4157
<b>Mote House</b> , Mote Park, Maidstone, Kent	Maidstone	87911 87317
<b>St. Anthony's</b> , West Midland Cheshire Home, Stourbridge Road, Wolverhampton, Staffs	Wombourn	3056 2060
<b>St. Bridget's</b> , The Street, East Preston, West Sussex	Rustington	3988 —
<b>St. Cecilia's</b> , Sundridge Avenue, Bromley, Kent	Ravensbourne	8377 7179
<b>St. Teresa's</b> , Long Rock, Penzance, Cornwall	Marazion	336 365



## U.K. Cheshire Homes Directory (continued)

		Tel. Nos.	
		Office	Residents
<b>Seven Rivers</b> , Great Bromley, Colchester, Essex	Ardleigh	345	463
<b>*Sheffield</b>			
<b>Spofforth Hall</b> , near Harrogate, Yorkshire	Spofforth	284	287
<b>Staunton Harold</b> , Ashby-de-la-Zouch, Leicestershire	Melbourne	71	387
<b>Warwickshire Cheshire Home</b> , Greenacres, 39 Vesey Road, Sutton Coldfield, Warwicks.	Sutton	7753	7960
<b>White Windows</b> , Sowerby Bridge, Yorkshire	Halifax	81981	82173
<i>Mental Rehabilitation Hostels</i>			
<b>Miraflores</b> , 154 Worples Road, Wimbledon, S.W.20	Wimbledon	5058	
<b>Gaywood</b> , 30 The Downs, Wimbledon, S.W.20	Wimbledon	9493	
<b>Nicholas House</b> , 3 Old Nichol Street, Bethnal Green, E.2.	Shoreditch	5165	9298
<i>Homes for Mentally Handicapped Children</i>			
<b>Hawthorn Lodge</b> , Hawthorn Road, Dorchester, Dorset	Dorchester	1403	
<b>The Green</b> , Christleton, near Chester	Chester	35503	

## Overseas Homes

*Joint Hon. Administrators:* Mrs. J. Scott-Hill and Capt. Andrew Duncan, O.B.E.  
*Secretary:* Mrs. K. G. Barker.  
 5 Market Mews, London, W.1. GRO 2267.

### EIRE

- Ardeen**, Shillelagh, Co. Wicklow.
- St. Laurence Cheshire Home**, near Dunkettle, Cork.

### INDIA

*Trustees:* T. N. Jagadisan, Lt.-Col. Prem Kak, J. A. K. Martyn, O.B.E. (*Managing Trustee*), Col. L. Sawhny, Admiral G. B. Madden, Major-General Virendra Singh (*Chairman*), P. S. Maller (*Hon. Treasurer*), V. J. Taraporevala (*Legal Adviser*).  
*Enquiries to:* P.O. Box 518, Calcutta.

- Cheshire Home, Rustam Bagh Estate, H. A. L. Main Road, Domlur, **Bangalore**, 17

\*2 Cheshire Home, opp. Buddhev Colony Kareli Baug, **Baroda**

- Bethlehem House, near Vinayalaya, Andheri, **Bombay**, 59

\*4. Cheshire Home, **Burnpur**

- Shanti Rani House, 13 Upper Strand Road, Serampore (nr. **Calcutta**), West Bengal.

6. Cheshire Home, **Coimbatore**.

- Govind Bhawan, 16 Pritam Road, **Dehra Dun**, U.P.

8. Banarsidas Chandiwala Swasthya Sadam, Kalkaji, **New Delhi**.

- Rustomji P. Patel Cheshire Home, Sundernager, **Jamshedpur**, nr. Tatanager, Bihar. **C**

10. Vishranthi Illam, **Katpadi** Township, North Arcot, Madras State. **L**

- Anbu Nilayam, **Covelong**, Madras.
- Cheshire Home, **Mangalore**.

\*13. Cheshire Home, **Ranchi**.

- Cheshire Home, Bishop's Compound, **Poona**, 1.

\*15. Cheshire Home, **Tirichirappalli**.

### CEYLON

- Cheshire Home, Wester Seaton Farm, Negombo, **Colombo**.

### ETHIOPIA

- Cheshire Home, P.O.B. 3427, **Addis Ababa**. **CM**

### HONG KONG

- Hoi Sin (Star of the Sea), Chum-Hom-Kok, nr. Stanley.

### JORDAN

*Chairman:* Rt. Rev. Mgr. Nameh Simaan, V.G.

- Cheshire Home, P.O.B. 100, **Bethlehem** **C**

- Cheshire Centre, **Amman**, Box. No. 1710 **C**

### KENYA

- Likoni, **Mombasa**, Cheshire Home
- Cheshire Home, **Nairobi**

### MALAYSIA

*Chairman:* Hon. Mr. Justice Tan Ah Tah  
*Enquiries to:* 10b Chulia Street, Singapore (Tel 93210).

- Johore Cheshire Home, Jalan Larkin, **Johore Bahru**.
- Telok Paku, 90 Nicoll Drive, Changi, **Singapore**, 17.
- Rumah, 'Amal Cheshire, 7½ Mile Ipoh Road, Batu Caves, **Selangor**, Kuala Lumpur.

### MAURITIUS

*Chairman:* Mr. L. Epsitlier Noel.

- Cheshire Home, **Tamarin**. **C**

### MOROCCO

*Patron:* H.E. The Princess Lalla Fatima  
*Chairman:* Mme. J. M. Cherifa d'Ouezzane.

- Dar el Hanaa, 3 Place des Aloes, Mar-shan, **Tangier**. **C**

### NATAL

*Enquiries:* P.B. Box 3827, Durban.

- Cheshire Home, 890 Main Road, Moseley.



## NIGERIA

*Chairman:* Federal Chief Justice Sir Adetokunbo Ademola.

1. Oluyole Cheshire Home, c/o P.M. Box 681, **Ibadan.** C
2. Cheshire Home, **Enugu.** C
3. 177 Agege Motor Road, Mushin, **Lagos.** C
4. Obiomo Cheshire Home, 6 Onwenu Street, **Port Harcourt.** C

## PAPUA NEW GUINEA, Territory of

*Chairman:* Percy Chatterton, Esq.

1. Cheshire Home, Box 1058, Boroko, **Port Moresby.** CM

## PORTUGAL

1. Lar Da Vontade, Rue Candido dos Reis, 38 Oeiras (nr. Lisbon).

## SIERRA LEONE

*Chairman:* The Chief Justice, Sir Salako Benka-Coker.

1. Sir Milton Cheshire Home, **Bo.** C
2. Cheshire Home, **Freetown.** C

## THAILAND

- \*1. The Cheshire Home, **Bangkok.**

## UGANDA

\*1. Nadiupe Cheshire Home, Mbirizi, Busoga Province.

\*2. Omunaka Kama Cheshire Home, Ngalama.

*\*Homes in preparation.*

**C** *For crippled children.*

**CM** *For mentally-retarded children.*

**L** *For burnt-out leprosy cases suffering from consequent disabilities.*

Overseas Homes are generally known by the names shown in **bold letters.**

## 3. Missionaries of Charity

Mother Teresa was born in Albania in 1910. In 1928 she came to Calcutta to join the Loretto teaching order. Here she remained for 20 years until the call came to devote her life to the poor and destitute. So with the permission of the Church she

founded a new congregation, the Missionaries of Charity, dedicated to the service of the poorest and most abandoned. Today her congregation, which numbers over 250 Sisters and 13 Brothers, runs 14 Homes in India, mostly for the dying, many schools,

and has now spread to Venezuela. Enquiries to: Mother Teresa Committee (U.K.), c/o 3 Silvermere, Byfleet Road, Cobham, Surrey.

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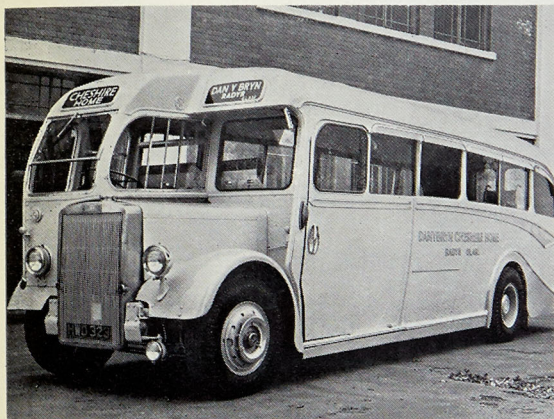
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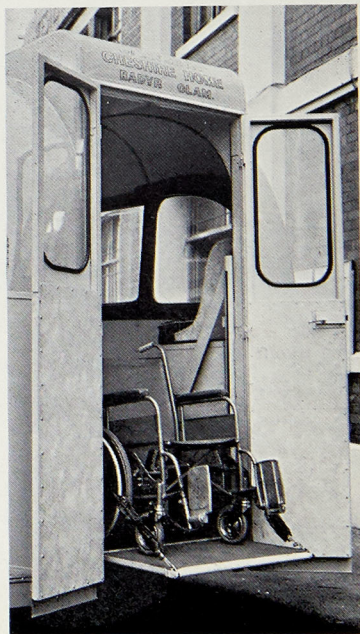


Above At Marske Hall, on 7 September 1964. The bus, which Saltburn and District Round Table have adapted, being officially presented. A rota of drivers has come from the United Bus Co. (Redcar), and the Middlesbrough Corporation buses.  
Photo: *Middlesbrough Evening Gazette*.



## SUPER COACHES- SUPER GIFTS

*Above and right* The specially adapted Western Welsh coach which was presented to the Danybryn Home on 7 November 1964. Staff at the Central Works, Ely, of the Western Welsh Omnibus Co. put in over 2,000 hours of their leisure time on the job of overhauling and modifying the coach. Western Welsh drivers have undertaken to man the vehicle, without payment, as and when required.  
*County Photos Ltd., Cardiff.*







The two pictures on this page (top, Autumn ; bottom, Winter) were entered by J. R. Bowie, a disabled resident at Holehird, the Lake District Cheshire Home, in our 1964 Photo Contest. He won a consolation prize for his four entries.

# LAKE DISTRICT SCENES

