

# Cheshire Smile

The Quarterly Magazine of the Cheshire Homes Price 10p

Autumn 1978



Rumah Amal Cheshire Selangor.  
(The Selangor Cheshire Home)

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The Quarterly Magazine of the Leonard Cheshire Homes

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*Hon. Editor:* R.E.L.

*Hon. Consultant Medical Editor:* Dr B. Kiernander

*Secretary:* Mrs Rosemary Collings

*Hon. Treasurer & Business Manager:* Mr W. G. Taylor

*Editorial and Business Office:* Cheshire Smile, Greenacres,  
39 Vesey Road, Sutton Coldfield, West Midlands B73 5NR. Tel. 021-355 4209

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**Cover:** Rumah 'Amal Cheshire Selangor  
(The Selangor Cheshire Home)

# The Chairman's Page



As I write, another Annual Conference has just finished. It was held at Sutton Coldfield, near Birmingham; and, before I go any further, I must repeat in writing what I said on that occasion, that the success of the Conference (and everybody seems to agree that it was a success) was due in no small measure to the hard preparatory work put in by all those concerned from the neighbouring Home, Greenacres. The staff at Market Mews, for whom the Annual Conference always involves a considerable addition to their already heavy workload, are the first to agree that without the full co-operation of everyone at Greenacres the task of organizing the Conference and making all the arrangements would have been twice as difficult. It was a splendid example of co-operation at all levels, the sort of co-operation which one hopes will always be typical of our work.

We decided to make something of an experiment with the Conference this year. Although outside speakers from many walks of life and with various qualifications have always in the past added interest to such meetings, there has also often been comment that, with only one fairly short day at our disposal, their contributions have meant that there was insufficient time left for our own people attending the Conference to have their say. Too often those who have wanted to speak up on matters of real and general interest have failed "to catch the Speaker's eye"; and consequently have gone home disappointed. So this year we decided to dispense with people from outside (with the exception of the Lord Mayor of Birmingham who opened the proceedings with some genuinely appropriate words) and to spend the whole day in discussion on topics of interest to us all. Two main themes were selected from a large number of suggestions canvassed and received from the

Homes: these were discussed among four groups in the morning; and in the afternoon, after the session had been opened with the by now traditional message from General Svendra Singh from the Eastern Region, spokesmen from those groups reported their views; and there was further general debate on these and other subjects until the proceedings were, as always, brought to a fitting close by the Founder.

It would be wrong to claim that everything went smoothly (and nobody who has ever been associated with these occasions would believe me if I did so); we had a record attendance of over 300 people and consequently there were physical problems with the sorting into groups and out of them again; there were acoustic problems with three of the groups having to debate within the same auditorium; and so on. But what mattered was the enthusiasm and freedom with which everybody weighed in. No holds were barred, nor should they have been; but nobody had to be called to order; and indeed nobody's name was even put into the referee's book!

So, my thanks to everybody who came, and of course it is a considerable strain on some of our people to do so; and to everybody who contributed to the real success of a "People's Conference".

Sincerely

*Christopher Farley*

Chairman

## VIEWPOINT

First of all may I say how nice it was to meet and talk to so many of you personally at the Conference here in Sutton Coldfield which is now a very happy memory, as we go forward again looking to the future and planning to put into operation the lessons which lead from the discussions, both formal and informal, that took place prior to, during and following that very happy occasion.

How fortunate we who are in any way connected with The Foundation, are in having such people holding office as Trustees. Men and women who spend so much time, thought, energy and not least, money in ensuring that Leonard Cheshire Homes are first of all, places where disabled people can live safely and securely without fear and without frustration, where they are encouraged to live their lives as fully as their disabilities allow, where they can enjoy freedom of expression and indeed have a big 'say' in the running of what is virtually their home.

No medals are awarded, offered or sought for such conditions for this of course is as it should be and as it should continue.

Yet with all the opportunities available, all the encouragement given, all that the Counselling Service has to provide, the question still must be asked, are the homes providing a 100% satisfactory environment for all the residents. I suppose the answer must be a negative one. At the same time I wonder how many people living ordinary lives in the day to day community are blessed with such satisfaction, from one's experience over many years, the answer again must be very few.

In the poem printed on another page the question is asked 'Have we become so materialistic, expecting, even demanding, far beyond our needs, that we have lost sight of the needs of countless thousands of people throughout the world whose needs are so infinitely greater than our own?'

We need, I believe, continually to ask ourselves the question 'are we becoming too complacent; do we take too much for granted, does the world really owe us a living?'

There is so much that we each, in whatever situation we are placed (and I speak particularly as a resident of the U.K.) can do to ease the burden of others, not even as far as, let alone the Third World (and how much they really do need our help) if we take the trouble to look even for a brief moment beyond our immediate horizons.

Our Founder, Group Captain Leonard Cheshire, has shown us the way, and referred to it in his address at the presentation of the Harding Award (which is reported elsewhere in this issue), while our Chairman Sir Christopher Foxley-Norris who recently visited many of the Overseas Homes in the Indian and Eastern Regions, is fully aware of the problems and difficulties, that are being faced day by day. How fortunate we are in having such a man, with such ability, such experience, such determination, drive and not least Faith in the cause, as Chairman of the Foundation. He gives us confidence and under his Leadership and guidance the Foundation can only go from strength to strength.

Many were the tributes paid to the addresses given at the Conference, and not least to that given by Mr Peter Rowley the Honorary Treasurer; the statement of accounts was most impressive. Where would one find such a small, dedicated team as that at Market Mews dealing with such a vast amount of work, and where also would one find such a team of Trustees working with such dedication?

As one of the very ordinary folk I hope no-one will mind if I take the opportunity of saying on behalf of us all, a very big and sincere thank-you to each and everyone of them, as individuals and collectively as a Body of Trustees. I think I can speak for all, residents, voluntary helpers and yes, too, for the staff and employees in Homes throughout the whole range of the Foundation when I say how deeply indebted we are to them for providing us with such an opportunity to serve our fellow men. I am reminded of the verse of scripture which says

*'inasmuch as you have done it unto the least of these, you have done it unto Me'. (Matt. 26 v46)*

R.E.L.

# Report of the Trustees

## For the 12 months from 1st October 1976 to 30th September 1977

The year 1976/77 saw a steady increase in the work of the Leonard Cheshire Foundation and at the end of the period under review, some 4,300 disabled and handicapped people were in residence in more than 160 Cheshire Homes in over 30 countries around the world. In addition to those directly involved in running the Homes, countless others continued to give their wholehearted support, and the Trustees send their thanks to everyone who helped and contributed in any way towards the diverse activities of the Foundation.

### Homes in the United Kingdom

During 1977, five Homes opened in the United Kingdom, as follows:

1. In January, the Amptill Home moved from Park House to a new purpose-built Home at Agate House, which cost approximately £300,000 to build.
2. The Dukeries Home, near Retford, opened in March.
3. Chipstead Lake Cheshire Home, near Sevenoaks, opened in July.
4. In September, Hutchings House, a group hostel for rehabilitation of ex-psychiatric patients, opened at Hillingdon.
5. James Burns House, the first phase of a major project at Bournemouth, opened in September. This project will involve the Cheshire Foundation Housing Association in later phases.

A survey of 69 United Kingdom Homes in early 1977 produced a total of 1,761 Residents, and there were, in addition, 59 Residents in the three hostels for ex-psychiatric patients. Thus the overall total of Residents was 1,820. A break-down of the age groups in the 69 Homes gave the following results and showed a continuing trend towards an overall increase in the average age of Residents:

Under 20	20-29	30-39	40-49	50-59	60-69	Over 70	Total
120	94	177	331	583	383	73	1,761*

The 'under 20' figures included 87 mentally handicapped children in three Homes in Dorset and Cheshire. Much thought was given throughout the year as to where these children can best be cared

for when they reach the upper age limit for the Homes. Those that give rise to the greatest anxiety are the children whom the staff feel should not be returned to hospital, but who are likely to be dependent on group homes or hostels.

So far as other categories of handicap were concerned, the largest group were sufferers from multiple sclerosis (504 Residents), followed by cerebral palsy (226) and rheumatic conditions (111). However, more than 700 Residents were recorded as having "other disabilities", indicating that many of them had multiple handicaps which could not readily be categorised into groups. This gives an indication of the wide range of disabled and handicapped people being cared for in Cheshire Homes.

Two-day training seminars were organised for senior staff and Management Committee members in various parts of the country. The amount spent on training during the year was £39,000, towards which a grant of £5,000 was received from the Department of Health and Social Security.

The domiciliary care services which operate from the Bournemouth and Gerrards Cross Homes are now well established, and schemes for extending this work were discussed.

### Trustees and Staff

There were no changes of Trustees during the year, but the General Secretary, Miss Carmel Short, resigned on 30th September 1977, after almost ten years in the post. Miss Short had also previously worked for 15 years in a voluntary capacity for Cheshire Homes, and her departure was marked by a great many warm messages of gratitude and appreciation from all parts of the Foundation.

Mr. A. J. Keefe joined the Market Mews staff on a part-time basis in May 1977, as Personnel Adviser, his duties being to advise Management Committees on such matters as personnel management, industrial relations, staff relations and trade union practices.

The Counselling Service is now firmly established. After three years work, the two original Counsellors moved to other posts outside the Foundation, and their places were taken by Mrs Gillian Corney and Mrs Alma Wise.

Throughout the year, co-ordination of information about vacancies in Homes, carried out by the staff at Market Mews, proved most valuable. This enabled help to be given to many more people enquiring about admissions than ever before.

Another growth area was in the use of the Founder's video programmes. This work has expanded beyond the Homes and Support Groups into the fields of community service and religious education, and many useful contacts have been made in schools and amongst those concerned with education generally.

## Overseas

1976/77 was an encouraging year for the Foundation overseas and especially in North America. A visit by the Founder to the United States provided tremendous impetus to all those working to promote Cheshire Homes; in Canada a visit gave fresh encouragement to those already making such remarkable progress.

During the former visit, a personal invitation to the Founder to attend the Conference in Washington of the U.S. President's Committee on Employment of the Handicapped provided a unique opportunity to make known the work of the Leonard Cheshire Foundation and resulted in many influential and invaluable contacts in the field of disability in the United States.

The Founder was also able to visit our Homes in India and Bangladesh, and he returned to the United Kingdom via Pakistan, where there are groups interested in starting Cheshire Homes.

Other visits by representatives of the Foundation included visits by Sir Henry Marking to Marrakech and Portugal; Mrs Pamela Farrell's visit to Nova Scotia, Canada; Ronald Travers's visit to the West Coast of America and to Nigeria and Sierra Leone; a visit by Lt. Col. Nigel Watson to Venezuela and Chile, and a visit by Mr Peter Rowley to the Seychelles on the occasion of the opening of the Dr. Hermitte House Cheshire Home.

Other good news from overseas included the opening of a new Home – the Ann Harding Cheshire Home in Johannesburg, South Africa, and the setting up of new Steering Committees for additional Homes in Canada, India and Thailand.

## Finance

Once again, 1976/77 was a good year for the finances of the Foundation. Of course, the cost of caring for the Residents rose substantially, partly because further Homes opened in the U.K., but mostly because of inflation. Expenditure on care of Residents is now running at £5,208,000 per annum, an increase of 17% (£757,000) on last year, but despite that, the cost of administration of Homes rose by only £100 to £393,352. This reflects most creditably on Staff and Management Committees of all the Homes who, in accordance with Cheshire policy, have kept their cost of administration down so that it represents only 6.5% of the cost of running the Homes. The total expense of running the Homes, including repairs and depreciation of equipment, etc., was £6,114,000, of which 73% was paid for by the per capita fees received from Local Authorities and Regional Health Authorities, 19.2% was covered by fees received from Residents and their sponsoring societies and the remaining 7.8% was provided out of monies received by way of donations, legacies and fund-raising.

The average cost of maintaining a Resident in a Cheshire Home is now £3,269 per annum. We are confident that this is substantially less than the cost of maintaining a Resident in Local Authority Homes, but it is essential that all concerned should continue to use every effort to achieve the maximum economies consistent with an acceptable standard of living for the Residents. If these costs are allowed to escalate unnecessarily, we may not continue to receive the same support from the Local Authorities, most of whom now adopt a very helpful approach when agreeing the per capita fees. Although the percentage contributed from voluntary sources is comparatively small, it is still a very substantial sum i.e. nearly half a million pounds (including provision for depreciation of equipment) and we are dependent upon the continuing generosity of our benefactors to provide such a large amount.

Donations and legacies in 1977, which represent by far the greatest part of our voluntary income, continued at the same high level as in the previous year and produced just over £1,500,000. We express our grateful thanks to all those who so generously contributed to our work and we trust that our friends and benefactors everywhere will continue to remember us in their Wills and in their charitable donations. Fetes and other fund-raising efforts during 1977 produced over £332,000, and this increase of £89,000 over the amount produced in 1976 from similar activities was the result of hard work and continuing interest of our support groups and supporters, who deserve the highest congratulations for achieving such an increase at a time when it is becoming more and more difficult to raise funds in this way.

The policy of the Foundation being that money given for charitable purposes should be spent on and for our Residents rather than being accumulated in a portfolio of investments, the few investments which we hold, mainly because they are not marketable or because donors have requested that we retain them, produced an income of £11,500. The remainder of our funds which, as far as possible, are kept on bank deposit or Local Authority loans, pending the money being paid out on such things as building projects, produced interest of £225,000. This represented an increase of £68,000 over last year and was mainly due to the high interest rates which prevailed during most of our financial year.

Another aspect of the Cheshire Foundation policy, which is clearly illustrated in the consolidated income and expenditure account, is our avoidance of national advertising, with the result that we spent only £22,000 on publicity. Similarly, we do not have a large or expensive central administration, and this, during 1977, cost £95,000, only £5,000 more than in the previous year – in spite of a considerable increase in work load and in variety of activity.

Thus, our total charitable income for the year was £2,113,000, of which £481,000 (22%) was used to make up the short fall in the cost of the care of

Residents and of running the Homes; £52,000 (2.5%) was spent on overseas Homes; £118,000 (5.6%) was spent on running the central administration and on publicity, and the remaining £1,515,000 (70%) was applied for capital purposes.

During 1977, schemes throughout the Foundation for bringing Homes up to a high modern standard and with a majority of single or double rooms for Residents continued at the same rate as in 1976, the amount spent on improvements and new Homes in 1977 having been £1,100,000, as compared with £1,036,000 in the previous year. Additional equipment, furniture and fittings during the year cost £189,000.

The fact that the consolidated balance sheet shows large amounts of cash at bankers and in hand can create a false impression that the Foundation has a surplus of cash and is not in need of further money. This is far from the case. It must be remembered that these are the consolidated accounts of 69 Homes and Steering Committees, whose annual expenditure on care of Residents and running the Homes amounted to £6,114,000. The cash held by those Homes and Steering Committees, which amounted to £1,468,000, is the equivalent of only three months maintenance; and even if the whole of this cash were used for working capital, it would not be unreasonably high, having regard to the time which it takes to collect the per capita fees from some Local Authorities. This cash is not, however, entirely working capital, as a large part of it, two-thirds in the case of the cash held by central administration, represents the Special Purposes Fund, i.e. the fund which is being built up and used mainly to provide new Homes and to improve existing Homes, and which now stands at £1,555,000. The whole of this will be spent on or for the benefit of Residents. To continue to bring all Homes up to the desired standard will, in due course, require considerably more cash than that at present in hand.

## Helping Each Other

September 30th, 1978

The time has sped so swiftly  
Since at Westminster Abbey we prayed  
For the Leonard Cheshire Foundation  
And to give thanks for every stone laid,  
For planning and future development  
To help the Disabled in need –  
The number of Homes in England has grown  
But quite rightly, far more overseas.  
Exactly five years later  
We gathered at Sutton Coldfield Town Hall,  
With Trustees and staff from Foundation  
And our Founder who inspires us all.  
Representatives were present from most British  
Homes –  
Residents, Committee members and friends;  
No doubt those from a distance away  
Were pleased when they reached journey's end!  
There was one who had travelled from far overseas  
For the Indian Homes he cares,  
His name is General Svendra Singh  
And a heavy responsibility he bears.  
There could be no comparison  
Between our Homes and theirs –  
The Disabled in the Third World  
Are fortunate if someone cares.  
We have become so materialistic,  
Demanding far beyond our needs,  
Taking our good fortune for granted,  
The spirit that affluence breeds.  
Is there no way that the British Homes  
Could contribute a small weekly sum  
To help those, far less fortunate,  
Their Disabilities to overcome?  
Or would it destroy the spirit  
Which amongst those folk is so strong,  
The fitter Residents earning a little  
To help their Home along.  
They have few staff at their beck and call  
To answer their every need  
So they give help to each other  
– Their lives are richer, indeed.  
Many more Homes are still needed  
To help countless, just only to live.  
With so much good will, much could surely be done,  
For the great joy of life is to give.

*Marjorie Bradshaw*

## I.Y.D.P.

### United Nations Planning for Year of the Disabled

1. In proclaiming 1981 as the International Year for Disabled Persons the UN General Assembly resolved that the Year should be devoted to certain specific objectives, in particular

- (a) Helping disabled persons in their physical and psychological adjustment to society;
- (b) Promoting all national and international efforts to provide disabled persons with proper assistance, training, care and guidance to make available to them opportunities for suitable work and to ensure their full integration in society.
- (c) Encouraging study and research projects designed to facilitate the practical participation of disabled persons in daily life, for example by improving their access to public buildings and transportation systems.
- (d) Educating and informing the public of the rights of disabled persons to participate in and contribute to various aspects of economic, social and political life.
- (e) Promoting effective measures for the prevention of disability and for the rehabilitation of disabled persons.

2. The Assembly has approved a programme, the main points of which include:

A "programme of action" which will be prepared for approval by the General Assembly in 1981. It will be designed to give effect to the two UN Declarations on the rights of the disabled and the mentally retarded.

A number of international non-governmental organisations have signified their intention of taking the International Year into account in their regular activities and some have indicated that they will organise special events for the year.

It has also been suggested that the disabled could play an active part themselves e.g. by organising themselves into a world federation.

Mention is also made of the need for further research into various aspects of disability.

### Ron Travers of the Foundation writes

The aim of the Year is to encourage the rehabilitation of the estimated 400 million people on earth who suffer from some form of physical or mental impairment. The key note is to be "full participation".

The Leonard Cheshire Foundation's contribution to this special Year will be an International Conference in London in June, 1981.

## Alf Morris M.P. Chairs World Planning Group

Alfred Morris, MP, Minister for the Disabled, recently chaired the first meeting of a World Planning Group to prepare a 'Charter for the '80s' for the world's 450 million disabled people, which was held in London.

The work of the Group, which represents countries all over the world, is linked to the International Year for the Disabled which the United Nations Organisation has planned for 1981.

Welcoming the Group to London, Mr Morris said: "I am honoured to have been invited to be Chairman of the World Planning Group. The invitation to me reflects international regard for Britain's strong commitment further to improve the quality of life for disabled people.

"Over recent years we have made a great deal of progress in improving both the well-being and status of our disabled people.

"We have learned that a coordinated approach is absolutely essential if Departments of State are to work out coherent policies on disablement. My appointment as Britain's first Minister for the Disabled has ensured that, at the national level, the interests of disabled people are taken into account at every stage of policy consideration.

"This new approach is also reflected at other levels. It is especially important locally in giving disabled people the right help in the right place and at the right time.

"Improved coordination at all levels is the way to faster progress. Thus I welcome this new initiative in promoting coordination on a global scale. The World Planning Group will assist all countries to learn from the experience of each other and to see the best way forward for their disabled people.

"Not all countries are able to progress at the same rate. One of the biggest challenges facing us is that of closing the gap between the rich and poor nations. I am sure this will prove to be of the most important challenges facing the World Planning Group.

"The preparation of the 'Charter for the '80s' will in itself give increased opportunity for cooperation in problem solving. I am sure that the 1980s – not least because of the UN's International Year for the Disabled in 1981 – will be a decade in which disabled people throughout the world will find new opportunities to triumph over handicap.

"That will be the fixed resolve of the World Planning Group's first meeting."

# Founder Receives 1978 Harding Award

Group Captain Leonard Cheshire, VC, DSO, DFC, Founder of the Cheshire Foundation, was chosen to receive this year's Harding Award.

The Award was presented to him by Kenneth Jenkins, President of Rehabilitation International, on 21 September in the Foyer Hall at Brighton.

The Harding Award was inaugurated in 1971 by Action Research for the Crippled Child and The Royal Association for Disability and Rehabilitation and is presented annually for 'outstanding work of immediate or future benefit to the disabled'. It is named after Field-Marshal Lord Harding, Chairman of Action Research from 1960 to 1973, who has played a leading role in the initiation of projects for the disabled and research into their problems.

The Award itself is a trophy donated by the British Steel Corporation and described by them as 'symbolic, modern and abstract'. Previous Award winners have included Mr Alfred Morris, MP, Parliamentary Under-Secretary of State for the Disabled; Professor Alastair Dudgeon, MC, TD, MD, MRCP; Miss Mary Greaves, OBE; Dr Mary Sheridan, OBE; Mr Duncan Guthrie, OBE, and Dr Philip Quibell, OBE.

In thanking the Chairman for the award, the Group Captain said - 'I am very much aware that although this beautiful and very symbolic award is being made to me personally, I am only part of a great number of people of different nationalities and backgrounds working together and I accept it on behalf of all those connected with our Cheshire Homes. But I also accept it on behalf of others who are working amongst disabled people, on behalf of disabled people themselves who are making such a contribution to the development and evolution of our society, because I feel very strongly that the world of disabled people is a very united world. I feel very privileged to be a small part of that fraternity who are contributing, researching, working and living with the object of making life more livable for those who have some kind of disability. I know we tend to talk about 'the disabled' but of course there is not such a group. We have to admit that all of us in one way or another have a disability, but mercifully over the past 20 years or so there has been a movement to enable the world to understand that it is not disability about which we are talking and dealing but human individuals who happen to have some physical or other disability.



Group Captain Leonard Cheshire, V.C. being presented with the Harding Award Trophy for 1978 by Mr. Kenneth Jenkins, President of Rehabilitation International at the Foyer Hall, Brighton.  
*Photograph: Central Office of Information, London.*

In my case it all happened very unexpectedly . . . I was looking for some great and wonderful solution when that old man Arthur came my way, and I was brought down to earth . . . others came and the house filled up and I was at a total loss to know what to do with a household of 24 disabled people . . . so I formed a committee, and that was the turning point for me.

I find that committees at first worry about money. If only we had more money how much more we could do! Now I have come to the conclusion that money is never the primary problem in our kind of work, it is people. In fact I think it is better to be a little poor because you have to make do with what you have got, you improvise, you feel challenged, you are at your best and from a religious point of view you can only do what providence will let you.

Our Cheshire Homes are trying to provide a home for disabled people who by virtue of the severity of their disability are not able to live either at home or an independent life in the community; a home that really will be home. Their home. I know there are some people who feel that such a residential home is a backward step, that it is impeding the process of integrating disabled people into the community, but integration in our view is not a question of architectural design or location of your house or

apartment, it is primarily a question of attitudes. People have said that if you were to build one flat in a block of flats, perfectly designed for a disabled person and give him all the home help he could want, he would be totally integrated. But who can tell how the other occupants will respond. He might be totally isolated. The way to integrate somebody who cannot easily live alone, in my humble opinion, is to provide a group home which itself is integrated. In our case every single home has been conceived, built, financed and run by the local community. There is virtually no control from the top.

When I first went to India in 1955 with two helpers, my total resources were £100, everything in India since that day 22 years ago, has been built by Indians with Indian money, so that there are now 22 homes in India, and each home has a feeling of belonging to the community. Its success is their success. The disabled residents who live in the homes feel that they belong to the community, so it is a 2-way coming and going. That home, one hopes should be a stepping stone. Somebody coming in from a very dependent or traumatic situation begins to gain confidence. He sees other people worse than himself doing things he never thought he could do. He learns to look after himself; his horizons broaden and there comes a day when he says he would like to get married or step out into the world and try on his own.

In Toronto, the Canadian Homes have their Clarendon Project. They have taken over a block of apartments which they have converted into 12 beautiful bed-sitting rooms with a kitchenette. There they have a half-way house in which to gain confidence and prepare themselves to go out and live their own lives in the community. When I asked the residents there if this is what they wanted they said yes, but had it not been for this home, they would never have taken the next step which again, they would not have taken unless they knew that should it fail, they could go back again.

To me, the basic need of all of us, whatever our physical state, is security. All of us need the security of a home or something that equalates to a home that's Mine.

I think security must be the starting point, onto which we should build everything that we can do to enable disabled people to achieve great independence.

I cannot leave without expressing my tremendous admiration for the whole field of rehabilitation in the broad and widest sense. I feel privileged to be a little part of this big movement that has so many aspects, but I would like to conclude by mentioning one aspect of rehabilitation which was perhaps not discussed (at the Naidex Exhibition at Brighton).

I came by accident into this world of disabled people, thinking that it was I who had something to give . . . and as best I could, I did it. I know it was

little, and that as human beings we can only do a little and find ourselves faced with hopes of doing more than we can ever fulfil. I would say that the human spirit becomes stronger, more resilient, more sensitive to other peoples needs, more mature under the challenge of adversity. When we walk into the next room we see people who in terms of freedom and mobility have lost almost everything, yet are not thinking of what they have lost, but of what is and what can be. But more than that, we are faced with a challenge that in disabled people, we see the whole section of our human family that is living under deprivation of some kind, be it great poverty or great injustice, and we feel impelled to become involved in their needs, and the more we do that, the more fulfilled we ourselves become. If we want to see a more united and livable world we have got to do something about that section living under such poverty, and I believe that there is no group of people that can make such an impact on that problem as our world of disabled people and those who work with them, because disability jumps every barrier of race and belief.

I feel that in doing our own work, which is to make those amongst us better off, to give them more independence, we should also be looking outwards to others who are waiting for somebody to come to their help.

*(The above is an edited version of the Group Captain's address, by kind permission of Action Research for the Crippled Child)*

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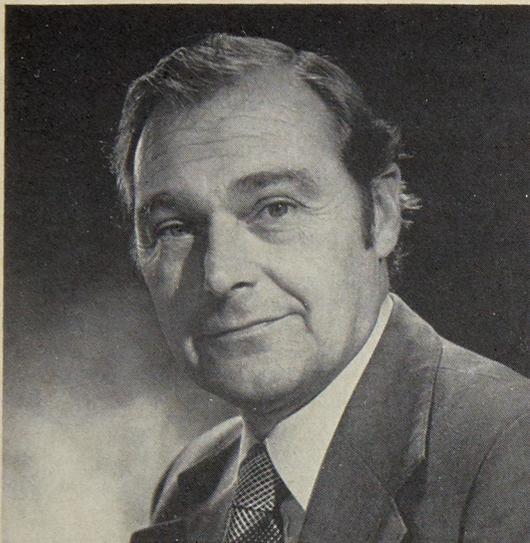
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## The Counselling Service

### PROFILE

ROBERT E. HOPKINSON — *North Of England Counsellor*

Robert was born in Yorkshire and educated at Salford in Lancashire and at Saddleworth in Yorkshire, he then went on to Kenyon Commercial College in Oldham, Lancs. He served in the R.A.F. Medical Branch for three years from 1945, returning to civil life working as a coach builder.

In June 1958 he joined Cheshire County Council Health Department, and after qualifying in social work at Manchester College of Commerce in 1966 became Deputy Area Mental Health Officer in 1968.

From 1971-74 he was with Cheshire County Council Social Services Department working as a Senior Social Services Officer where he was responsible for a team of generic social workers covering the full range of social work. He was also responsible for setting up a half way house for recovered mentally ill patients and for in-service training for mental health. He also carried a responsibility for departmental liaison with the Adult Training Centre, residential accommodation; special schools and hostels for the mentally handicapped.

In 1975 he was appointed as a psychiatric social worker in Guernsey where he was responsible for mental health problems on the island, but at the end of that year he returned to Manchester Social Services Department as a senior social worker where he remained until joining the Leonard Cheshire Foundation last July. At Manchester he

worked closely with the Disabled Living Adviser especially on matters concerned with aids and adaptations for handicapped people and was closely involved with the Area Training Officer.

He was a founder member and joint chairman of the North Cheshire Friendship Group set up some 10 years ago to help discharged psychiatric patients on return to the community and it eventually became an "open door" for anyone with a problem. He was also a member of Greater Manchester Council on alcoholism.

In his spare time (if any!) he enjoys gardening, especially growing vegetables and he says he would like to give more time to fishing and riding.

He has two daughters, one a State Registered Nurse married with two children and the other a qualified Nursery Nurse.



## The Way Forward

by the RT. HON. DAVID ENNALS, MP,  
Secretary of State for Social Services

There is no doubt that a period of enforced immobility helps one to understand the problems of disabled people. I had three years following the war when I had successively a leg in a metal caliper, my arm in an aeroplane splint and long periods of total immobility. I experienced then quite enough to have a deep respect for those who struggle to achieve maximum independence in spite of obstacles.

"Finding one's own way" has consistently been the theme of the Government's thinking about disabled people. We have emphasized that disabled people are people first and disabled second and we believe that, given the right help at the right time, the great majority of disabled people can find their

own way and lead full and independent lives.

What is being done to promote this independence?

The first, and most important, requirement for independence is being able to live in the community, with opportunities for work, recreation and social relationships. Much is being done to make this possible by the provision of adaptations to housing and of specially designed dwellings. The practical help available under Section 2 of the Chronically Sick and Disabled Persons Act 1970 is of particular value to disabled people living in the community and this is why we have repeatedly urged local authorities to accord a high priority to those services. Public attitudes have changed enormously since the 1970 Act.

Secondly, independence means having the greatest possible choice as to what to do with one's life. This is why the Government has striven to improve the education and employment prospects of disabled people. Particular progress has been made in the field of employment. Through improvements in the Disablement Resettlement Officers service and the publication of "Positive Policies" we have sought to persuade employers of the employment potential of disabled people and financial help is now available to employers who take on such people for a trial period.

Thirdly, independence means having the necessary skilled support and help to overcome limitations imposed by physical handicap. Vital support services are provided by local and health authorities and their importance was re-emphasized in the consultative document, "The Way Forward", last year. My Department plays its part directly by providing financial help to disabled people in the form of the wide range of cash benefits now available to disabled people. Cash provides flexibility and gives to individuals the independence and dignity of free choice. Of particular importance to disabled people trying to find their own way is the weekly Mobility Allowance, which since July at £10 has doubled in less than a year. Readers will also be aware that, in collaboration with the Government, a new charitable organisation, Motability, has been set up to assist disabled people who would like to have the personal use of a vehicle. This will be real break through in mobility for disabled people.

Much, of course, remains to be done. One particular concern is the way in which attitudes can often erect barriers in the path of disabled people seeking their own way. If we mean anything when we talk about disabled people finding their own way it is that they can and must be allowed to do what others do and to go where others go. It was to promote greater awareness of this truth that Alf Morris set up last year the Silver Jubilee Committee on Improving Access for Disabled People. Amongst other initiatives, the Committee has asked Britain's Mayors to initiate local action and I would urge all who read this to find out what is being done and what more could be done in their area.

Most of us have found our own way through life and have learned a great deal from it. In the past disabled people have too often not had the opportunity to make their own decisions and behind all the efforts of Government, both central and local, is the belief that our job is to help disabled people to help themselves.

*ACK 'Responaut' Summer 1978*

## Fully Equipped Mobile Holiday Home for the Handicapped

**The Lions Club of Newhaven, Peacehaven and Seaford in Sussex** have sent details of this Holiday Home which is available at very reasonable charges for handicapped people and residents of Cheshire Homes.

### Holiday by the Sea

The Mobile Holiday Home has now been installed for nearly a year on a permanent site overlooking the attractive Seaford Bay. There are good bus and rail connections to Brighton, Eastbourne and the main line to London.

Seaford is a lively yet restful town of nearly 20,000 people and is backed by the South Downs. The surrounding countryside and coastline has much to offer within a comparatively small area.

The Holiday Home, a 36 ft. x 10 ft. caravan, was specifically designed and furnished for the use of handicapped persons confined to wheelchairs, accompanied by their relatives or friends — it accommodates four persons. Applications are also considered from those who physical disability prevents them from taking a 'normal' holiday due to the lack of specially adapted premises. A car would be a distinct advantage, though not essential as some of our friends found in 1978.

We hope you will help us in this venture by booking early so that as many as possible may enjoy a holiday by the sea in a home specially made to suit their needs — not easy to find in a boarding house or hotel. It is requested that bookings during July and August should be limited to one week per family.

Further particulars and application forms can be obtained by sending a S.A.E. to Lion D. G. Finlayson, 2 Berwick Close, Seaford, E. Sussex marking the envelope 'CARAVAN'.

Bookings will be confirmed on receipt of the completed application form accompanied by a minimum deposit of £10, the balance to be forwarded at least 21 days before the date of arrival. You will appreciate the need for this arrangement since it would be difficult to secure last minute bookings with such a project.

As a 'Service' body themselves 'The Lions' suggest where organisations are involved in making bookings, that sponsorship could be considered.

# Around the Homes

## James Burns House Experiment in Integrated Living

This report comes from the 'small residential Cheshire Home' at Bournemouth mentioned by Sir Christopher Foxley-Norris in the address that was reproduced in the last edition of 'Cheshire Smile'.

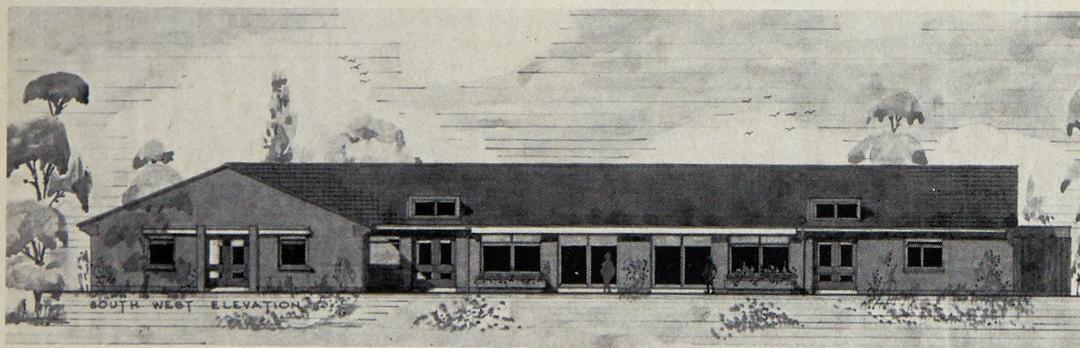
The Home that is to be the hub of the advanced experiment in integrated living to which he refers is a purpose-built, single-storey residence for eleven people which, having been imaginatively and generously planned and equipped, must lead the field in this type of accommodation. The seven single rooms provide the privacy that a recent contributor rightly considers essential to so many (and perhaps I may follow her Virginia Woolf with Robert Herrick: 'We bless our fortune when we see/ Our own beloved privacy'); numerous features that enable the residents to be as independent as possible are incorporated, and every reasonable effort is made to avoid an impression of institutional living. Certainly, James Burns House is evidence that, where material provision and care are of a high standard, they can combine to minimise what might otherwise be the inescapable drudgery or remorseless suffering of daily living, so allowing the spirit better to concentrate upon 'building an existence out of circumstance'.

When Group Captain Cheshire performed the opening ceremony, in September 1977, the editor of our Newsletter remarked of his speech: '... One remembers, in particular, a heart-warming openness of mind to new approaches to care, and a reassuring stress upon the vital importance of recognising each single person as an individual.' That the movement is indeed ready to experiment with new ideas – because the welfare of the disabled individual is paramount – rather than to be content with a blinkered commitment to a certain type of provision, merely because it has been considered suitable in the past, is once more plainly demonstrated by the planning of the next phase of the development. At present, the Home stands on its own on the site.

Soon, bungalows and two two-storey blocks of flats will be erected beside it, to house both able-bodied and disabled tenants. Economic circumstances have imposed alterations upon the original plan, but the concept remains the same. The novel feature is that the disabled person can remain with his or her family, in a normal environment, secure in the knowledge that, when the bread-winner is absent or in other circumstances, any help that is needed will be readily provided by the neighbourhood 'Leonard Cheshire Care Service'. A similar domiciliary Care Service has been self-supporting and effective since its pioneer inauguration, three years ago, in Poole.

In Bournemouth, however, to the provision of 'care' is added that of individually-tailored accommodation, thus frequently offering a chance of greater and – importantly – more prolonged independence. To observe the working of this pilot scheme will be an instructive and enlightening experience, which may well determine the form of care offered to the handicapped in society on a much wider scale.

James Burns House is the seventieth Cheshire Home in the U.K.: will it be one of the last in the traditional mould? Given the financial resources – and what re-thinking and re-alignment of the order of priorities of spending is needed nationally in this as in other spheres! – sensitive provision of help by society, advances in medicine, and increasingly-



*James Burns House – an artist's impression*

sophisticated mechanical aids will make full residential care for the physically handicapped the exception rather than the rule. (And there must be many, long in Homes, who feel if only they were younger, if only advances had not come too late, they could 'manage' even now.) Whilst full integration into society – being accepted, here and there, without distinction – must be the ideal, there will undoubtedly continue to be some people who would be 'at risk' without constantly-available supervision and care. In the future, the choice for them may well be between having this assistance provided by one or more 'helpers' at home – whether that home be run of the mill or purpose-built – or by 'Staff' in a Home; the latter option will always appeal to those who like the stimulus and security of community life, and must be available for those who need it. Where the residential Home is also the centre from which care is organised, it will no doubt feel a less impersonal service if it is known to have a living core.

It seems likely, therefore, that there will be a continuing need for the residential Home. What I very much hope to see in those developments where the Home is the caring nucleus is – no matter how rarely the freedom is exercised in one direction – an accepted two-way movement between Home and individual unit in the surrounding community. One can envisage a disabled person whose condition has deteriorated at length seeking the haven of a Home; much less often, but sometimes, he or she, having gathered strength and confidence, may move out into the world again. At all costs, we should avoid in our Homes a sense of 'All hope abandon, ye who enter here!' I prefer the impassioned plea of Edward Thring, the great headmaster of Uppingham: 'Let there be liberty to improve: only let there be some liberty!'

*Muriel D. Taylor*

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## ***Sing a Song of Sixpence at Appley Cliff, Isle of Wight***

I want to tell you a little bit about our staff here, and the picturesque float depicting the old nursery rhyme "Sing a Song of Sixpence" which they entered into various towns' carnival processions held during the summer weeks on the island.

On their evenings off some of the staff would meet here, busily cutting out blackbird wings and all the blackbird attire which made up the delightful

costumes; some of the staff children were also blackbirds and they looked really super in their gear, wearing black grease paint on their faces and arms (how they all loved wearing this, not so the Mums, who found it a job to wash it off). Paper rosettes were made to decorate the float with a large sixpence and a hardboard pie to house the blackbirds was artistically made by Leam who played the King.

After winning 1st prize in the Shanklin Carnival – a silver cup is now residing in a place of honour in the lounge. With the prize money they received, a steam iron was purchased.

While all the preparations and rehearsals were going on we heard the tune 'Sing a Song of Sixpence' played over and over again, it was taped to use in the procession.

A big thank you to our staff for this venture and all they do for us. Bless 'em all.

*Danne Kimber*

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## **Love at First Sight at "The Chiltern"**

Among the eight founder residents when the Chiltern Cheshire Home opened were Maurice Seymour and Elizabeth "Wendy" Hayward. For Maurice it was love at first sight, and his ten year courtship ended in triumph when he married Elizabeth at All Saints Church, Gerrards Cross on 2nd September.

Maurice had requested that his fiancée's nickname of Wendy, bestowed upon her as a child, should be used no longer; and for days everyone had done their best to comply, but certainly found that habit indeed dies hard.

Even the Rev. Bernard Chalken, conducting the service, was caught out.

"Do you, Maurice, take Wendy . . ."

"Elizabeth", corrected Maurice loudly and firmly.

"The only wedding" remarked Best Man Roy Castle afterwards, "where the bridegroom heckled the Vicar!"

More than 200 people filled the church, and 150 guests jammed into the Home for the reception.

"I never knew we had so many friends" said Maurice as he and his bride drove away in the residents' bus, suitably inscribed and decorated with all the trimmings, to honeymoon at Douglas House Cheshire Home in Brixham.

## Roy Hamilton of Holehird wins Supreme Award for Mouth Painting

Roy Hamilton, an ex-Flt/Sgt in the RAF, who has been resident at The Lake District Cheshire Home for eight years, suffers from Multiple Sclerosis, which has now progressed to the stage where he has no effective control of the limbs except for restricted movement of his head. Yet in spite of this, he has won this year's award of the supreme prize in the National competition in Arts and Handicrafts for disabled ex-Servicemen and women. "The DHSS Challenge Shield. This is awarded for the most outstanding achievement, having regard to the limitations and difficulties imposed by the pensioners' 'disablement'", and was awarded for a painting of Ullswater, done by mouth. The shield was presented to Roy by Lord Wells-Pestell at an exhibition held at The St. James Press and Conference Centre in London, on May 17th.

Roy was a most enthusiastic painter of water-colour landscapes, mainly of some of his beloved mountains and lakes. But when his fingers reluctantly gave up the struggle to hold a brush, he was forced to resign himself to the idea that this was over for ever, until a year ago, when he began to paint by mouth. Having heard of people who paint in this way, he began to wonder if he might be able to learn the skill, but his early experiments were not encouraging. The success that he finally attained was due to the combined efforts of a number of friends who helped in various ways. The first breakthrough came when an interested dentist made a special dental plate which enabled him to hold a brush between his teeth. This allowed him to paint strokes on the paper, but although Roy has good sideways movement of his head, he cannot draw it back far enough to lift it clear afterwards, with the result that his attempted paintings became a mass of unwanted smears and streaks. To enable him to overcome this a retired Consultant Engineer, Mr. Peter Renold, produced a most ingenious device. Using part of a bicycle pump, it allows Roy, by lightly blowing or sucking, to vary the effective length of the brush, as well as enabling him to change at will to brushes of other sizes. From then on Roy was on his way, with the invaluable help of Mrs. H. Taylor, herself an artist, who advised and guided him in overcoming the problems of learning a completely new technique.

Roy now paints only in gouache ('solid' water-colour), used rather in the manner of oils, as he is no longer able to keep his head forward as he did when painting water-colours 'on the flat', and so has to use a vertical easel. Again, Mrs. Taylor was responsible for evolving this method of 'setting him up' in a position where he can paint. Roy says that he is also much indebted to the two ladies from Occupational Therapy, Mrs. Judy Tomlinson and



Lord Wells-Pestell presenting the D.H.S.S. Challenge Shield to Roy Hamilton of Holehird for his mouth painting of Ullswater.

Mrs. 'Micki' Kershaw, who are always so patient and painstaking in fixing him and his impedimenta in exactly the right position for painting, which can be a trying task, but very necessary to him if he is even to begin. In fact, he maintains that his is only a very small part by comparison with the efforts of all these good people who have done, and still do, so much on his behalf, and thinks that by rights the shield is theirs as much as his!

## Patricia Morland of Holehird

Holme artist, Miss Patricia Morland, who was born in Holme where her parents still live, died on 18th March in the Lake District Cheshire Home at Holehird.

She devoted her life to art, and a selection of her paintings is on display at the Wild Life Gallery in Ambleside.

Over the years, despite a series of operations and the fact that she could only use two fingers, Pat managed to continue painting floral displays, and some of her work is now in America.

She was cremated at Lancaster and money in lieu of flowers amounting to £203 was donated to the Kidney Endowment Fund at Witherington Hospital, Manchester.

## A little bit of Heaven in Devon

This September we found the most perfect spot for wheelchairs!

Miss Marjorie Ekers is very disabled, and resides at Llanhennock Cheshire Home in Gwent.

She entrusted herself to the care of myself and two good friends and we stayed at Stoke Fleming, South Devon.

The owner of the Swiss Chalets flew with G.C. during the last war and has offered any residents of Cheshire Homes a holiday at reduced rates. His name is F. E. Brimescombe, and the address Penhill Chalets, Shady Lane, Stoke Fleming, Nr. Dartmouth, Devon.

They are very discreetly hidden in the most beautiful sub tropical gardens, have lots of room, plenty of hot water, bathroom, etc., full picture windows that look over Start Bay.

We did a boat trip from Dartmouth up river, four strong boatmen lifting the wheelchair and Marjorie aboard the boat.

The traffic warden at Salcombe gave us priority for parking right on the waters edge, the Coast guard at Prawle Point let us park outside his station on the cliff top. Everyone was exceptionally kind, and I would like many other residents to share this beautiful experience. The chalets are open all year round, thus making out of season holidays possible, especially as traffic can be heavy in Devon during high season.

If anyone is interested please write to Mr Brimescombe and he will send illustrated colour brochures to you. I shall also be delighted to answer any queries or questions.

We shall be there again late March, if only to feed the family of hedgehogs who adopted us each evening.

*Lilian Edwards*

## The Cotswold Home loses a Real Friend

The Cotswold Cheshire Home has suffered a sad loss in the death of Mr Lionel G. Northcroft, O.B.E., a prominent citizen of Cheltenham.

The Home was founded as a result of his concern and generosity. In the late 1950's, after a Rotary Club luncheon appeal he bought and gave to the Cheshire Foundation a large house in Overton Road, which, after a successful appeal for £20,000, was opened in September 1960 with twenty-three residents.

Mr. Northcroft was always concerned with the well-being of the residents, and he later provided a very fine sitting-room extension, which was appropriately named the "Northcroft Room".

As a man, and quite apart from his generosity, he was dearly loved by all the residents, who showed their affection in many ways, and only this summer

they gave him a R.H.S. Dictionary of Garden Plants, which as a keen and expert gardener he much appreciated.

To the sense of loss at his funeral service at Christ Church, Cheltenham, on the 21st of July, was added a heartfelt thanksgiving by a large congregation for a life well spent in the service of others.

*Bob Hughes*



## "Topping Out" at Holme Lodge

For the last two years Fund Raising Events have been held and management committee members with residents and staff have all been involved working on the various projects to raise the sum of £180,000 the cost of the New Extension. There was a "Topping Out" ceremony recently and the Mayor of Rushcliffe was present with a Trustee of the Leonard Cheshire Foundation, Mr Geoffrey Reid Herrick, his wife and son Robert, Mr Dennis McCarthy of Radio Nottingham, Mrs Buxton, Chairman of the Management Committee, Vice Chairman Mrs Rastall and other members, Mrs Browne, Administrator of the home, Reverend and Mrs Bailey, Mrs Reed, Councillor of Rushcliffe, Staff and Residents. The main objective of this building has been to give the majority of the residents a single room which seems to be the desire of many people in Cheshire Homes. There are a few double rooms for those who prefer to share. The new extension is hoped to be finished by January and will be officially opened by Group Captain Cheshire in June. Last but not least our thanks to local support groups and all the people who have contributed in any way to the Building Fund. More fund-raising events are being planned to meet the required cost.

*Dorothy Whiting*



Group Captain Leonard Cheshire with his Personal Assistant Ron Travers in happy mood at the Conference in Sutton Coldfield Town Hall.

## Celebrations at Greenacres

*What a week this has been! One might think that living in a Home means being cut off from the world, but this is not the case in Cheshire Homes. Usually visitors or voluntary helpers are walking in and out most of the day and even night if someone has an evening out. This week has been exceptional; our Annual Autumn Fair being precariously placed by the constant talk of Elections. For safety the date was changed to 28th September as a few years ago there was a last minute Election, hence the headlines – General Election nearly made minibus late.*

*Terry (Tight Lines) Thomas officially opened the Fair and I think we had a fairly good catch, the total being in excess of £4,000, a record for the Home, which will pay for a few bricks towards the £100,000 extension now being built. The next day brought more excitement when delegates began to arrive for the Annual Conference.*

*The Group Captain was one of the early arrivals and I hope, no I am fairly sure he did enjoy being with us as much as we enjoyed and were honoured to have him with us. How very grateful I am for his wonderful idea that enables me and so many others to live a secure happy life, and to the people who rally round and give their all.*

Greenacres' Delegates were most impressed with the Annual Conference and it's atmosphere. It was particularly pleasing to hear the Treasurer's report on how the Foundation spends less money on advertising, etc., and concentrates more on the welfare of all the residents in all its homes.

The Discussion Groups were ideal, and allowed every one concerned to air their views and comments on things that matter to all the homes.

We felt so honoured that the conference was so highly attended, especially as it was held in our own town.

It was interesting to hear from General Svendra Singh of the work being done in India, and we send them our most sincere good wishes for the future.

Our proudest moment was to see and hear our Founder, Group Captain Leonard Cheshire give his address, and long may he and his colleagues continue their wonderful work.

*Signed by Joan Atkins, Kathy Burden, Iona Parry Jones, John Cook and all of Greenacres Cheshire Home.*

## A Simple Prayer

Let me do my work each day; and if the darkened hours of despair overcome me, may I not forget the strength that comforted me in the desolation of former times.

May I not forget the bright hours that found me walking over the silent hills of my childhood, or dreaming on the margin of the quiet river when the light glowed within me and I promised my early God to have courage amid the tempests of changing years.

Spare me from bitterness and from the sharp passions of unguarded moments. May I not forget that poverty and riches are of the spirit.

Though the world knows me not, may my thoughts and actions be such as shall keep me friendly with myself.

Lift my eyes from the earth and let me not forget the uses of the stars.

Forbid that I should judge others lest I condemn myself.

Let me not follow the clamour of the world, but walk calmly in my path.

Give me a few friends who will love me for what I am, and keep, ever burning, before my vagrant steps the kindly light of hope.

And though age and infirmity overtake me, and I come not within sight of the castle of my dreams, teach me still to be thankful for life, and for time's olden memories that are good and sweet.

And may the evenings twilight find me gentle still.

*Submitted by Frank Wilson  
A Friend of "Greenacres"*

# Thinking Ahead at Marske Hall

The year 1978 (and our 16th) is running out with another burst of building activity at Marske Hall. Our new little wing of four bedrooms, the first single rooms in the Home, should be finished in a few weeks, and ready for occupation by February.

The extension joins on neatly to the sickbay built a year ago, and together they transform the appearance of the back of the Home. Some work remains to be done – a carport for the minibuses, a reconstructed garden or rockery area, and general tidying up; and the final result should be very much worth while.

This operation brings to an end the present programme of improvements to the Home, and takes us to the point when we have to consider what lies farther ahead, how we can best meet the needs of the disabled in the eighties and beyond. Throughout the Cheshire Foundation, much discussion of future policy is now in progress. We, too, are seeking the right answers for Teesside.

A study of these most difficult problems is being led by Mr. David Bowron, a member of our management committee, who asks the question?

## What of the Future?

It is now more than 15 years since Marske Hall welcomed its first residents, and during that time there have been many handicapped people who have treated it in all respects as their home.

The original building has been adapted, improved, and enlarged to make it a place where the residents can live comfortably, and be looked after efficiently.

It can be said that there have been few if any complaints; and to that extent it can be argued that the place is a success.

## So Why Alter It?

Times change, and so do people's standards and aspirations. What was acceptable in 1963 may not be so in 1978.

This goes not only for tangible items such as buildings and furniture, but also, and equally importantly, for the quality of life, which covers such intangible items as personal relationships, independence, responsibilities, and interests.

Throughout all Cheshire Homes, those responsible have been looking carefully at all these things, and are asking some searching questions. In our case a small committee has been set up to see what needs to be done to make sure that Marske Hall is on the right lines for the future.

## MARSKÉ-MANILA LINK STRENGTHENED

The bond between our residents and a group of Cheshire Homes in Manila, in the Philippines, has been strengthened in the last few months. Not only have two more donations been sent, but a correspondence has been started which makes all too plain the contrast between our way of living and the struggles that our new friends have to face.

These Homes receive no official support, and the residents' living standards are very low. They survive through their own efforts – by wood carving, metal work, weaving, watch repairing, etc. etc. They get a daily wage, and buy their own food.

In her latest letter, Sister Valeriana tells how two Homes have transferred to new 'residences' – one of them an old, dilapidated chapel which lets in a lot of rain through the roof. "But," she adds, "we have to be contented; it's better than nothing."

She also tells us their Wheelchair Department have just produced their first wheelchairs, and encloses a handsome brochure which advertises them. "Our people," she says, "are very happy for their achievement, which they consider great. We want to share with all of you any new developments because you have been part of our struggle."

Sister Valeriana can rest assured that our residents will continue to do what they can. All the collections at our Sunday services, and at our joint meetings with Marske Methodist Guild, are now devoted to this cause, which the residents have taken to their hearts.

We would be pleased to report on similar 'link ups' and 'bondings' of Homes.

*Editor*

## ROSEMARY GLASS – ATHOL HOUSE

Rosemary who was a resident at Athol House for many years, died there in March last year, and Mrs Hogan, the Matron, says that she is still greatly missed and was an example to them all at the home. Her brother Michael wrote the following poem.

### Rosemary for Remembrance

Speak of her splendidly  
"Baby" was small  
Flowers, birds and people  
She loved them all.

Speak of her happily  
She made no fuss,  
Dying, she lived her life  
An example to us.

Think of her tenderly  
Rosebud was frail  
Knowing the face of death  
Making men pale.

# LETTERS TO THE EDITOR

Dear Sir,

I was one of the first four residents at Matten Hall and have been here 12 years. I have just returned from spending the most lovely holiday in the U.S.A., visiting friends with whom I trained as a nurse in England. They were two Sisters and lived in Barre, Vermont. After much persuasion I agreed to accept their pressing invitation to visit them in the U.S.A. in September. Thanks to my Mobility allowance I was able to participate in this tremendous adventure. I have had multiple sclerosis for twenty-one years, so I thought "now or never".

After changing flight three times I was met by my hostesses at Newark, New Jersey and drove to Morristown where I stayed two days and then went on to Vermont. One of the highlights of my holiday was a visit to the Von Trapp family home where I had my photograph taken with Maria (of 'The Sound of Music' fame). This was so interesting and enjoyable. The autumn colours were simply beautiful and gave me much pleasure to behold.

A most unexpected surprise for me was a visit of friends from Pennsylvania and Canada that I'd met twenty years ago. I received the most tremendous reception, kindness and generosity wherever I went and can never hope to express adequately enough the immense warmth and sincerity I met across the Atlantic. It was a success from start to finish.

I hope that anyone in a wheelchair reading this might be encouraged to think about a trip abroad, rather than be discouraged by thoughts of the effort involved. I can speak from personal experience about the marvellous assistance at all airports en route and can honestly say everything went off very well indeed. I've now returned home with a headful of happy memories and feel mentally refreshed.

Yours faithfully,

M. Mary Lewin S.R.N. (disabled)

*Matten Hall  
The Leonard Cheshire Home  
Northumberland*

Dear Editor,

Readers' views being particularly invited on the article written by Miss P. Rose M.A. in the Spring issue 1978 of the *Cheshire Smile*, I should like to express my appreciation and agreement with her remarks.

So much of what she says is so true and obvious to anyone physically dependent but perhaps not so much to those who care for us.

Other articles in this same issue pursue similar themes such as the conclusions drawn by Maureen Grime S.R.N. and the subsequent changes at Springwood House. Homes should *not* be run on hospital routine lines. Set times for everything from bed-times to meals to outings has in time a paralysing influence on a person's individuality and sense of freedom. We know that certain times must conform but margins could be widened and always a lenient attitude maintained. As residents move around they are bound to notice differences in attitudes and rules.

Here, there does seem a need for a few common denominators underlying autonomous conditions to which Managements and Staff agree before taking on their tasks. Compromise not discipline should be the criterion. The Homes are not Houses of Correction and we are not criminals. Catherine Hodding puts it beautifully when she says that kindness, good humour and cheerfulness on the part of staff encourages a similar response from residents.

Sometimes it seems residents are expected to have all the patience and good manners as well as constantly expressed gratitude. We *are* grateful but our disabilities are not of our choosing which should be remembered.

We are sometimes accused of being apathetic but, in order to engage in any activity we need help to begin. As Miss Rose rightly says there is no more powerful stimulant than gainful employment. Mobility Allowances have led to a certain amount of frustration in communities where everyone knows everyone else's business. Most of us do not have private incomes or families able to help financially, so one might ask Mr Alfred Morris "never mind the age-groups what about the disability?" And what about sex discrimination when men are able to claim 5 years after women are ineligible? Fears that a whole geriatric group would qualify could be dispelled by a limit to the history of disability. Many people have suffered all or most of their lives, must they then suffer for the sake of a few years?

Yours faithfully,

Eithiog Resident

(See DHSS announcement p. 29) — Ed.

Dear Sir,  
I am a 26 year old Multiple Sclerotic, and have recently become a Resident here at The Hill, Sandbach. In my short time here, I have found the staff most kind, but I am missing young company amongst the Residents.

I would truly like to correspond, and meet with other young Residents from the various Homes, and wonder if it would be possible to get in touch, through 'Smile' with anyone who would like to correspond with me.

My interests and hobbies include Music, watching football, handicraft and "girls".

Yours faithfully,

*Trevor Jones  
The Leonard Cheshire Home,  
The Hill,  
Newcastle Road,  
Sandbach.*

## British Achievements for Disabled Held in High Regard

In a recent statement Mr Alfred Morris MP, Minister for the Disabled who has accepted an invitation to Chair a World Planning Group to prepare a "Charter for the 'Eighties" for the world's 450 million disabled people said:

"The aim of this new world body is to help countries everywhere to improve both the well-being and status of their disabled people.

"While Britain has much more to do, it is clear that our achievements in this field are held in high regard across the world.

"We have pioneered new ideas and services that have aroused not only interest, but also admiration in other countries.

"I am naturally glad that we are now seen as a country with much to contribute to world planning in the service of disabled people."

## Equipment for the Disabled

### LEISURE & GARDENING

The newly updated LEISURE & GARDENING book contains a wealth of information, practical suggestions and ideas for leisure and gardening activities.

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LEISURE & GARDENING is a full and handy reference book which may offer a solution to many a query or problem.

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Ten other books in EQUIPMENT FOR THE DISABLED series – write for leaflet.

# OVERSEAS



## Rumah Amal, Selangor, Encourages Independence

Rumah 'Amal Cheshire, under the patronage of HRH the Tengku Ampuan of Selangor (the consort of the Sultan) was opened in 1963. The Home, ideally situated in the uncrowded Kuala Lumpur suburbs, provides accommodation for the physically handicapped of all ages and races who are unable to care for themselves. It is one of the very few residential facilities, public or private, for the disabled in Malaysia. Naturally, the number of residents has increased through the years and the physical plant and facilities expanded and improved.

Although many of the residents suffer from progressively disabling handicaps, the paid staff of twelve and volunteers as well actively help them participate in the everyday world rather than be isolated and ignored because of their disabilities. They live in a happy, cheerful home atmosphere and are encouraged to be as independent as possible. In rare instances, some residents have so improved that they are able to return to their families and resume near normal lives. The younger ones do attend school if their handicaps permit and every effort is made to provide outings for those not house-bound. Many earn pocket money through sales of their very attractive handicrafts and a few are occasionally employed for contract work.

The Home is managed by an entirely volunteer Council. The Ministry of Welfare Services provides a yearly grant-in-aid but the budget greatly exceeds this grant. The bulk of funds needed are raised through an ANNUAL APPEAL and infrequent fund raising projects. Business firms and individuals are most helpful in supplying the Home with essential household and food items.

See cover picture.



**MRS. ROSY GEORGE**

Honorary Secretary "Vishranti Illam" KATPADI India

## The Profile of a Remarkable Lady

*Sir Christopher Foxley-Norris Chairman of The Foundation in a letter of introduction about "ROSY" says*

"It is with great pleasure that I received from Pin Maller of the Indian Foundation and now pass on to readers of the Smile, the following 'Profile' of Mrs. Rosy George of the Katpadi Cheshire Home.

I suppose there is no single individual in the Foundation who better typifies the invincible enthusiasm of our pioneer workers in India and their enduring dedication to ensure, steady improvement in the care provided for our people there. For all of us who have met her she has provided a source of unequalled and continuing inspiration."

No one else in the Cheshire Home organisation has been able to sacrifice so much time and energy in such a short time for the rehabilitation of several of our unfortunate leprosy affected brethren, as Rosy George, who at the age of 68 is Honorary Secretary of the Cheshire Home in Katpadi.

This Home looks after over 65 Burnt out Leprosy patients comprising men and women, regardless of race, religion or rank, political affiliation or geographical demarcation.

For these poverty stricken people, Hospitals have no bed, the Medical science has no cure and Society too often has no place because they belong, in the eyes of the world, to the so called category of "incurables". Yet Rosy George has come to our rescue and looks after them with all love and affection. It is a profound sacrifice on the part of one who is affectionately known to so many of us in the Foundation as "Auntie George".

Rosy hails from a well known and well to do family of Trichur who have dedicated themselves to the service of the sick and suffering from time immemorial. Born in 1910, she has three daughters, two of whom are in the medical line.

Notwithstanding all the comforts that she has had in the usual course inherited from her family, she developed from her early days the urge to serve the sick and suffering. The demise of her husband, Mr. K. George, an Engineer, about 2 decades ago, only increased this urge and today she lives, eats and works with those unfortunate inmates of the Home, day-in and day-out, exactly like a proud mother does in the happy company of her kids. Because of this selfless and affectionate service, she is dearly known as "Ammal" (meaning mother in Tamil).

Social work-wise she figures prominently because of her additional associations with several charitable organisations and welfare societies and Clubs, including the Cheshire Homes for whom she has been abroad on four occasions as their representative.



Though her association with the Cheshire Homes dates back to 1955, Mrs. George took over the reins of the Katpadi Home in 1961 as its Honorary Secretary at a time when no one else was ready to shoulder the ever growing responsibility attached to this honorary position. She had to start from scratch because she was a novice to Leprosy Rehabilitation work.

During her stewardship the Home has expanded its activities in many directions, providing more amenities for the patients and giving them an opportunity to learn whatever vocation they are inclined to choose on the basis of their physical condition and mental calibre. This move of hers aims at their jobwise rehabilitation too.

Her first venture at the Home was a fully equipped Industrial Shed installed at a cost of Rs. 1.00 lakh for housing a sophisticated printing press costing over Rs.2 lakhs received as a gift from the German Leprosy Association. This press not only gives employment to several of the residents but also brings in a sizeable income which is shared by the workers as well as the Home. This Industrial Shed has become a Training Centre for the mentally alert and physically fit.

Rosy George was also instrumental in acquiring a plot of land measuring about 110 cents which now raises vegetables for their day-to-day use thereby reducing the Home's running expenses to an appreciable extent.

Her third venture was a Work Shed built at a cost of about Rs.50,000. This helps to produce various cottage industry products. These are marketed through renowned departmental stores in Madras. Needless to mention here that many of the workers have been amply rewarded as a result of the training they have had in the workshop. A few have settled down with their families leaving the Home and many more get fixed up in gainful employment because of the excellent training they have under the direct supervision of Mrs. George.

The Government of Tamil Nadu, in recognition of the services thus rendered by her to the cause of leprosy eradication awarded her with Merit Certificates as the Best Employer of the physically handicapped for the years 1975 to 1977.

The Rotary Club of Vellore too, recognised her services by issuing two certificates in appreciation of her exemplary services to suffering humanity.

In conclusion, we are proud to record here that Rosy George has done an uphill job for the rehabilitation of Leprosy stricken citizens in particular, and for the relief of human suffering in general through our organisation and she is still continuing to do so smilingly despite her advancing age and fragile health.

She is a human dynamo which is powered by patience and perseverance. She has thus been able to amass an inexhaustible fund of motherly love and affection which is readily available in abundance to those silently suffering souls in our Home as well as to those in the vicinity.

## Halton Region Cheshire Homes, Canada *Carey House says 'Hello'*

"We, the residents of Carey House in Burlington, would like to extend a cordial hello! This is our first opportunity to exchange greetings with other Cheshire Homes.

"We haven't passed our first year yet, but we feel we are making headway. The community has been very good to us and we have been warmly accepted. The downtown core area sidewalks have been ramped making shopping trips much more enjoyable.

"Our garden has been organized, with flowers, shrubs and wheelchair-height pots. We hope to have a good crop of vegetables by fall.

"We have now organized a residents' committee and have a house mascot, Ralph, a black and white kitten."

*The Residents,  
Carey House,  
1401 Ontario Street, Burlington, Ontario*

### AWARDS

#### Honours and Distinction for Cheshire Friends in Canada

**MARGARET McLEOD** – One of the founders of Cheshire Homes in Canada and our ever-active "Mother Superior", Margaret McLeod was chosen to receive the Government of Ontario medal for Good Citizenship from the Honourable Pauline McGibbon, Lieutenant Governor of Ontario on June 30th at Queen's Park.

**NANCY SKINNER** – Nancy Skinner, Chairman of London, Ontario, Cheshire Homes and active member of ALPHA London, was awarded the Canadian Paraplegic Association Award of Merit on May 26th at the C.P.A. Annual General Meeting and Dinner at the Royal York Hotel in Toronto.

**COL. FRANK McEACHERN** – Senior aide de camp of Pauline McGibbon and a former Board member of the Cheshire Homes Foundation, Colonel McEachern was made a Commander in the Royal Victorian Order for personal services to the Sovereign. He is now one of our patrons.

**AUDREY KING** – Vice-President of the Ontario Federation for the Physically Handicapped and of the Clarendon Foundation, Audrey King was invited to Calgary on June 1st to receive the Canadian Rehabilitation Council for the Disabled (C.R.C.D.) Award for Outstanding Achievement at their Annual General Meeting and Conference. She was also

chosen as International Woman of the Year by the Pilots Club and was presented with that award in Niagara Falls, Ontario on April 23rd.

**PAMELA CLUFF** – One of the Founders of Cheshire Homes (Ontario) and Honorary Architect of the Foundation, Pamela Cluff was the recipient of a City of Toronto Award of Merit for her work as a member of the Mayor's Task Force on the handicapped and elderly and as President of the Ontario Welfare Council. It was presented by Mayor David Crombie at City Hall on March 6th, 1978.

*Our congratulations to them all!*



*The photograph shows Maggie talking to Hoseph one of the three original residents at the Home of Telock Paku, 21 years ago.*

## Maggie Murphy of Singapore

*'An unforgettably vivid personality'*

The following account of Maggie Murphy of whom the 'G.C.' writes 'she was probably one of the outstanding personalities in the Overseas Homes and truly a unique person in her own right' was written by Mrs Pamela Hickley, a cousin of the 'G.C.' and through whom he first went to Singapore in 1957 resulting in the setting up of the Cheshire Home there.

## Volunteer in Singapore

*Report from Timothy Grandage*

### "MAGGIE"

She was an unforgettably vivid personality, vivacious, extrovert and gay with a tremendous zest for life and an infectious sense of humour and fun.

She was immensely hospitable, generous and warm-hearted, with a sensitive understanding of people of all races, ages and status.

She was forthright and courageous, both morally and physically, had a hot temper when roused but was quick to forgive.

She was, above all, filled with deep compassion for anyone in any sort of trouble or distress, had an intense love for animals and a wonderful talent for friendship.

She was a founder committee member of the Singapore Cheshire Home, Chairman of its Management Committee since 1964 and a Governor since 1970. Simultaneously, she was also very active in other fields of charity and received, early this year, a Certificate of Appreciation from the Singapore Government "in recognition of valuable services to others".

She was undoubtedly the one above all others to whom the Singapore Home owes its progress, development and character. It was the object of her ceaseless dedication; she was its moving spirit. She inspired all those who worked with her, knew all the residents personally and was loved by them all.

She it was who suggested the distinctive "Red Feather" emblem of the Singapore Home, an emblem which has since been adopted by other Homes around the world.

She was Maggie Murphy, very dearly loved wife of Denis, who died of cancer on 1st July, 1978. Keenly missed, she is remembered with affection, wonder and gratitude by a multitude of friends in many lands.

She is already a legend in Singapore.

Following her death 'The Maggie Murphy Memorial Fund' was set up in Singapore, in lieu of flowers, the proceeds from which will go to the Singapore Home. Further contributions will be welcome and should be sent to 'The Maggie Murphy Memorial Fund' Singapore Cheshire Home, Room 2E, 2nd Floor Singapore Council of Social Service Building, 11 Penang Lane, Singapore 9.

Singapore is an interesting place, the home is in Changi right out on the Eastern coast, looking onto the Creek where hundreds of small boats come in and out from the neighbouring islands.

It is a very simple home, and there is no modern luxury. We go to bed at about 8.30, sometimes 9.30 and rise at about 6.00.

The residents here are 'beautiful people', they may not have much of a body, but they have huge hearts. They never complain and never ask for anything. Hock Sing, a resident unable to turn his head at all, only able to move his arms considers himself lucky and helps push the less able around from his own chair - he also looks after the children. Some of the girls are expert with their hands, making the most gorgeous cloth. Then there is John, a crippled mute, we talk in signs, he was found by the police, abandoned in the back street of Singapore. He helps everybody and is always bringing us cups of tea.

Sadly poor old Luyon (a Chinese boy suffering from Muscular Dystrophy) died in his sleep. He was only 28. A terrible shock for us all in the Home as he was very much loved and respected. He was found with a marvellously tranquil look on his face.

We have built a concrete ramp for the residents to go down into the garden and look over the creek, and later hope to start building another ramp so we can put them into the ambulance more easily.

I have become the night ambulance driver. Sister Rosa approached me and said 'could I drive an ambulance'. I said I'd never tried but would have a go. At any rate, I climbed into the machine - a 1936 reject model on its last wheels for about 10 years. We set off lights full on, towards Changi Hospital, where we unloaded the two - one a Malay 'Sallih' who lost both her legs falling out of a coconut tree. The other a Chinese girl called Barbara who managed to get the catch of her earring lost in the lobe of her ear! Sallih has six children and a wife. His eldest son Amin has been working at the Home for 4 years full time. He is very intelligent and I am teaching him to read, write, swim and speak English. He wants to teach me Malay and to climb coconut trees!

We only have one physiotherapist here who comes in once a week for one hour. There is a terrible lack of physio's and so I have started up myself. I have managed to get one Chinese lad aged about 39 - Lam Yit Lau, who has been paralysed down his left side since birth, and has been in a wheel chair all his life, to start moving his leg and arm. I take quite a few of them in the sea each day and teach them to float and move in the water. Water is a marvellous medium and I find after a bit, most can float on their own. The sea scouts keep their canoes here and so I hope to start teaching those who have strong arms to canoe.

I have been very lucky whilst I have been here, having spent week-ends with Mrs. Hickley and with the Chairperson of the Cheshire Home – a real character – Maggy Murphy. She has a super house in Katong on the South Coast with acres of garden. Rushed off her feet by organizing things for others she decided to open a beauty salon. It is called MAGGIES and is a real hit in one of the swank hotels in Singapore. Maggie introduced me to her Chinese partner Mrs. Wong who has a son, Alan. He is a little older than me and was educated in England. He invited me to lunch at his Club 'The Singapore Cricket Club' the smartest in Singapore where it all happens! A seven a side rucker competition started at 2.00 in the heat of the day and finished at 6.00! It really is the life! When we returned to Maggies salon, she decided to take me for a drink at the renowned Raffles Hotel – a fabulously old fashioned affair with gorgeous palm garden in which one eats dinner in the true colonial style. She possesses in her home no less than 14 dogs. She also has numerous fish at various strategic points. We had just settled down to a delicious supper when what should appear crawling along the roof but a large rat, which had apparently been trained to come out at 8.05 exactly to entertain the dogs who howl and jump at him!

On Good Friday, I took a party of canoists for a picnic on one of the neighbouring islands. Building a fire from coconut branches pulled from the jungle we cooked our sausages – great fun was had by all and then after a swim and some fishing back Home, where at about 4.30 I met Mr. and Mrs. Stanley, a charming couple who came to spread the Gospel, basically very good and kind. Painting the umbrellas is another project I have started. They have about 10 dowdy sunshades which needed painting bright colours so they are now stripping and painting them all colours of the rainbow.



## Developing a Healthy Relationship with People Around You

*by Mr. Anthony Chang  
Department of Social Work, University of Singapore*

Man is basically a social creature, born into a group, living within a group, and usually dying supported by a group. The instinct theorists have postulated some kind of herd instinct that makes the human animal, like other gregarious animals, feel incomplete when he is alone. There is also some sense of security that comes from being with individuals like one's self.

Murray has listed one of our major needs as the need for affiliation.

In a big city like ours which is very industrialised and rapidly becoming very materialistic, this need of man for man may be slowly replaced by need for material goods. As we strive for such material gains, our values slowly change, and we lose sight of important things like friendship and caring for others. Consequently, many people may be lonely people, incapable of forming friendships and even feeling alienated from society. David Riesman has written about 'The Lonely Crowd'. People can be very lonely in a big crowd or city. Loneliness usually means that a person is left to deal with separateness and to face crises alone. It is a process that often brings fear, pain and isolation. When we talk about a lonely person we usually mean someone needing someone else. Even the mere presence of a caring person is sufficient to disrupt the loneliness. You are familiar with many pop songs lamenting about loneliness. The Beatles' 'Eleanor Rigby' is a good example.

Another psychological 'condition' (or problem) suffered by human beings is extreme shyness. I call it a 'condition' because it is something not really healthy and can be quite incapacitating to the person's everyday functioning in life. Extreme shyness is found in many young people. One may feel very awkward and/or blush easily. This may often happen in the presence of the opposite sex. Of course, it does not help to have defects, real or imagined, that one may feel very self-conscious about. Shyness can lead to withdrawal and other personality problems. Shyness may be due to the following: (1) poor self-image, or what is known as an inferiority complex (2) inability to interact with others – not enough social skills (3) fear of rejection – if you don't ask, you won't get rejected.

When we talk about social skills, we usually talk about communication and learning how to communicate with others. Communication when viewed in the inter-personal context involves two or more people. More importantly, it involves getting feedback or responses to what one may say. This is verbal communication. Communication also involves non-verbal communication. This is what is popularly known as body language. Feelings are revealed through visible body signs. We know what a frown, smile or snarl of the lips indicate. More subtle body language involves even the slightest gesture or twitch or positioning of the body. We know we must never always take every word said at face value.

Ability to communicate is particularly important for adolescents. Adolescence is the stage of growing up and separating emotionally from the family and seeking out an identity for oneself. Erickson calls this the Identity crisis for youths. The

days of merely playing games are left behind, the youth is growing up and the peer group is the most important thing in his life because they provide him with his identity. Hence, if a youth feels he has to stride out for himself, he needs to be able to rely more on social skills like presentation of self, poise and ability to converse. A sense of humour is highly valued; it is usually not something that occurs naturally, it can be developed. The youth needs to develop these qualities because these are the basic tools he will need to develop himself with and to form more lasting relationships with others, particularly with the opposite sex whom they are starting to be quite interested in now. Those who are not able to relate sufficiently well may find consolation in 'dropping-out', or forming cliques with others like them or with the more anti-social elements. Drug-taking among them may not be uncommon. Such 'drop-outs' at least find their identity here, and this gives them a measure of self-esteem.

Developing the social skills:- I hope Dale Carnegie did not have the last word in his book 'How to win friends and influence people'. Firstly, in relating to others, one's own self awareness is very important. This can be developed. If one can learn to accept one's self and can feel comfortable with himself, one can more easily learn to accept others. In Kelly's construct theory the interesting idea he put forth is that if we think of someone as cold and aloof, we tend to treat him as such, and it is very likely that he will respond to us in that manner. We also tend to put on masks to hide our feelings (or mask our feelings) because we may feel insecure about exposing too much of our true self. Putting on masks and playing intellectual games may be offputting to people who prefer the more straightforward approach. To give an example of this, in psychology there is a situation called the Double-bind Situation (or Distorted Communication). A mother might say to her child, 'Come and give mummy a kiss'. She may then push away the advancing child and say, 'Your clothes are dirty'. This is a double bind situation for the child. A child who comes from a home with much double bind situations can become schizophrenic.

I have been asked to also speak on the qualities people should try to develop in themselves. There is really no standard quality. However, I believe that to have the ability to listen and respond to others is an asset. There is a phrase that goes 'If you listen you can hear'. You should also think of the qualities that you would appreciate in others, and try to develop these in yourself. Freud said that people do certain things because they are sick. Now we believe that people become sick because they keep on doing the same (wrong) things. Hence, if we can try to change certain behaviours and develop others, we are making progress in developing ourselves.

A.C.K.  
'Singapore Handicaps Monthly'

## Self Reliance, Self Respect and Self Government for Homes

in New Jersey, U.S.A.

Cheshire Homes of New Jersey proposes to establish a residence for 35 severely disabled adults in Florham Park. Their objective is to foster the maximum degree of self-reliance, self-respect and self-government possible.

Major grants from foundations and the approval of the 3 acre site donated by Exxon Research & Engineering Co. make the plans for a home in New Jersey more than just the dream it has been since early 1971. Plans have been drawn up for the proposed buildings which will be within a mile of community centres, recreational facilities, three colleges, high schools and churches. The Architectural Advisory Committee, which includes a number of disabled members/potential residents have encouraged the design of a one-storey, barrier free building which will meet government standards, yet at the same time be as non-institutional as possible. Hopefully the design will encourage social interaction, allow privacy and provide space for work and recreation within the home.

At present, the Cheshire Home in New Jersey is projected to open in late 1979 or early 1980.

Mrs. Katherine Akers,  
Director, Cheshire Home,  
Red Cross Building,  
One Madison Avenue, Madison, New Jersey

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*Al-Gilani, a descendant of the prophet Qusheyri, born in 1078 A.D., near the Caspian Sea, declared—*

"I want to have in my hand all  
the wealth of this world  
To distribute it among those who  
have hunger.

As much as we meet, I behold a form whose  
beauty grows in splendour and in glory  
So I cannot escape from that ever increasing  
love pre-destined to eternal growth of  
majesty."

In his Gulestan the poet Saadi sang to  
humanity—

"All men are members of the same body  
created from one essence  
If fate brings suffering to one member  
The others cannot stay at rest  
Those who remain indifferent to the burden  
of pain of others  
Do not deserve to be called human."

# To Realize our Potential

## A Question for Discussion

by Brian Line 'Le Court'

In the Winter of 1977 I was visited by Mr Peter Allen of PUA. It is as a result of that discussion that I now find myself, many months later, dictating this article. His ideas seemed quite straightforward and simple on the surface, to create a formula between the Cheshire Homes and PUA. When a resident requires the use of one of their gadgets the PUA are willing to pay 50 per cent. Is the Cheshire Foundation willing to provide the other 50 per cent, either from each individual Home, or from the Central Funds & If so, the answer would appear to be as simple as the question.

I wrote to the Chairman to ask him these questions and in answer he said that the Home is normally expected to provide the rest of the money not forthcoming from PUA, but if the Home is financially pushed, an interest-free loan can be expected from Market Mews, or in extreme cases, a grant. I also asked him to whom the request for aid should be made and he answered that correspondence should be sent to the Finance and General Purpose Committee, it not being a matter of great importance who actually writes, as long as all the necessary information is given, both on the financial and medical side.

From the above it would therefore seem to be just a simple matter of a resident writing to the General Purpose and Finance Committee to ask for aid, provided that his own Home is unable to help him. Before giving the grant the Committee may want to know if any help can be obtained from the DHSS or the Social Services, and various other questions. To answer these questions it would be necessary to talk to the Head of Care, or Head of Home, maybe to one of the Cheshire counsellors, or even the Management Committee. On speaking to any one of these people the slightest discouragement or opposition might well put a timid person off. Remarks like "Do you really need one of these...", "We have lots of helpers to write letters", "Isn't it a bit lazy..." are very off-putting. To my mind this brings up a whole range of questions.

How much improvement do we need to make in each individual Home to assess the needs of the residents? To use the phrase so often postulated in the Cheshire Foundation, "A Resident is enabled to make the fullest use of his remaining capacities and to realize his potential". The question is what do we do as a Foundation, as well as individually at the level of each Home to help him to achieve this?

What positive steps do we take with each individual resident to discover what his capacities might be? And having done so, what help might he need in realising this potential? Many times I have heard the other well-used phrase "Our Residents don't need these gadgets".

To give you an example — I am now very fortunate in having a System 7, which some years ago was one of the earlier alternatives to POSSUM. This was given to me by Buckinghamshire County Council, my sponsors, but not, I might add, without a twelve-month battle on paper with the Authority. Certainly not without the backing also of the Head of Home, who consistently kept encouraging me to chip away, until, I suppose, they gave me what I wanted to shut me up. Not that I am advocating this as a good reason to give anybody an appliance. The point I wish to make is that although I think I am as determined as most people, I would possibly have thrown in the towel after a year if it had not been for the continued encouragement of my Head of Home.

I suppose that most people know about PUA if they live in a Cheshire Home. But PUA is not able to supply all our needs. If there is an appliance which a resident would find helpful and it cannot be supplied by POSSUM then is there, in each Cheshire Home, or in the whole Foundation, a knowledge of other sources from which gadgets can be obtained? I started off with a question regarding PUA and financial help, and although the answer to this may be relatively simple I find that I have only begun to scratch the surface of the whole problem of an improved source of gadgets which surely is really what is required in the Foundation. We need a specific point of reference to which any resident, no matter how shy or how pushing, knows he can go and be given encouraging advice.

But before this can happen we have to ask many more questions as Peter Wade of the Research and Forward Planning Committee suggested to me in his letter of 13 April 1978 — "The implications inherent in asking who gets to be recommended for 'aids' and who does not — how does this come about? Who does the recommending? Who might do the recommending if things were better organised? Who sanctions that such and such an amount should be spent and how is the decision arrived at? Who should play their parts in this process? What positive policy should a Home pursue, in regard to Management, to staff, to residents, to outside agencies? What part should the Foundation play as opposed to Homes? What is the role of counsellors, or Alan Lord or any other of the Foundation staff? How much is the responsibility that of the institution, and how much that of the individual?"

At the moment I strongly suspect that the way an application is made, either within the Home or to Market Mews is very much a haphazard affair. I imagine that it is most likely that someone knows

something, and seeing it as a possibility to help a specific person, does something about it. Or it is as a result of a need recognised by a Resident himself, who then sets about obtaining his best possible answer according to his own knowledge. A lot, I am sure, depends on the contacts the Resident can use to bring pressure on other people. Perhaps it is a general examination of this process itself that should take place.

What about those residents who are shy, reserved, timid, not so sociable and as a result have far fewer contacts and are less pushing? Who is going to encourage them and give them a leg up the ladder towards finding the extra freedoms which the new coming electronic age is going to make available to us? It is something, I believe, that we should find the answer to by 1980. I have to confess that I do not have the answer myself because, I do not know enough about the workings of the Social Services, the DHSS, even our own Foundation and other Charities relating to it. But I do think it is something we should all start talking about in the hope that someone will come up with an answer, or answers. It may well be, and it is my belief, that discussion itself will solve much of this problem. What do you think?

*Brian Line  
"Le Court"*

*Note* This article is written by Mr Brian Line as a result of having a correspondence with the Chairman of the Foundation, Sir Christopher Foxley-Norris, the Possum Users Association, and Mr Peter Wade, Trustee. The purpose of this article is not to come to a conclusion but rather to stimulate a discussion in the Cheshire Magazine.



## **G.L.A.D. Chairman's Report**

Mr. Richard Learner, Chairman of the Greater London Association for the Disabled said in his Annual Report that their chief aim has been to strengthen and support the network of Borough Associations that are so vital if it is to achieve maximum benefit for the individual disabled Londoner.

At the new Headquarters increased effort has been put into the dissemination of information.

The increased level of achievement among Borough Associations during the year has been extremely encouraging. It is, he hopes, not too far into the future before disabled people in every borough will be supported by a local association.

Two of the principal areas of concern with which the information service was heavily involved were mobility and housing. While the majority of the enquiries could be answered rapidly there remained a significant, and important, number of cases in which information and advice were not enough to solve the problems and these enquiries have developed into ongoing cases.

### **Recreation**

Throughout the London boroughs there has been considerable development in the recreation and leisure opportunities for handicapped people, where such activities as wheelchair dancing, archery, petanque and swimming are becoming everyday activities. Borough Associations have given the initiative in setting up bowls and swimming clubs and found that although they may be lacking in finance, there is no lack of those wishing to participate.

Under this heading, particular mention must be made of the Sports Open Day for the Disabled organised by the Greater London Council (Parks Department) together with GLAD and the British Sports Association for the Disabled. The two venues were Finsbury and Dulwich Parks, where everything from clock golf to javelin throwing was the order of the day. Such events could not have been organised without tremendous support from the Greater London Council.

### **Research into the Provision of Services for Disabled People in Greater London**

The necessity for objective research is very important for the formulation of policy. Clear statements, backed up by incontrovertible facts, have more impact on the policy-makers than any amount of anecdotal or emotional evidence.

The research carried out by GLAD to date has already shown that well-reasoned arguments supported by proven facts do influence local authority policy. Phase I of the research into housing for disabled people revealed many shortcomings and has caused more than one local authority to review its policies, procedures and provisions.



## Matters from the Ministry

### Wheelchairs

Mr. A. Morris told Mr. Carter-Jones that the annual expenditure into research and development of wheelchair design was £40,000, about 0.7% of the annual cost of supply and repair of wheelchairs. Mr. Wigley asked Mr. John Morris (Secretary of State for Wales) to reconsider the provision of a powered wheelchair suitable for both outside and indoor use. He was told that the Government's priority was the phasing in of the Mobility Allowance, and purchase of powered wheelchairs should be within the reach of mobility allowance recipients if they chose to use the allowance in this way.

### Health and Social Services cost £20,000 million a year over £30 a week spent on average family

Britain is spending £400 a year on health and social services for every man, woman and child in the country. It means that more than £30 a week is spent on a family with two children.

The estimated cost of the health and personal social services in the year ended March 1978 was £6,927 million.

More doctors and nurses are treating increasing numbers of patients, and for the second year running, the number of in-patients in NHS hospitals was a record. Meanwhile the number of management jobs in the NHS has been cut by over 2,700 in two years, at the same time 8,000 fewer people are training as nurses this year.

Mr Ennals in his Report says: "Medical advances require more staff, not less, to man new equipment and help to administer new treatments. More people are living longer — and more staff are needed to look after them."

Help for the disabled has improved and Mobility allowance, originally £5 a week, has doubled to £10. Under the Motability scheme, big discounts on new cars (up to 18 per cent) and car leasing have been arranged for disabled people. A campaign was launched to see that disabled people can gain access to places ranging from shops and cinemas to pubs and football grounds.

### New leaflet on financial assistance for disabled students

The National Bureau for Handicapped Students has brought out a very useful guide to the main sources of finance available to disabled persons wishing to enter further or higher education.

The leaflet contains information on grants, training opportunities offered by the MSC, DHSS benefits, local authority services, voluntary organisations and educational charities and trusts. There is also a list of recommended books.

Copies of Financial Assistance for Disabled Students are available from the National Bureau for Handicapped Students, Thomas Coram Foundation, 40 Brunswick Square, London, WC1N 1AZ. Please enclose an s.a.e. for a single copy; bulk orders will be invoiced at the rate of 5p per copy, plus postage.

### Mobility (for allowance purposes) redefined by the National Insurance Advisory Committee

The National Insurance Advisory Committee has been asked by Mr David Ennals, Secretary of State for Social Services, to consider and report on draft regulations on mobility allowance which redefine "inability or virtual inability to walk", which is the main condition for receiving the benefit.

The proposed regulations redefine "inability or virtual inability to walk" to include people whose ability to move on foot is so severely impaired that they cannot make real progress. This would mean, for example, that sufferers from Down's Syndrome who had extreme difficulty walking would be entitled to mobility allowance.

### Government cash for new schools project to help the disabled

Mr Alfred Morris MP, Minister for the Disabled, recently announced that he had approved a grant of up to £32,000 a year, for the next two years, to Community Service Volunteers for a new project aimed at involving secondary schoolchildren in solving some of the problems of elderly and disabled people. To be known as 'School Concern' the project will start in January, 1979.

The project is based in the City of Salford, and is seen as one of national importance. Mr Morris intends that the experience gained in Salford will stimulate other localities to introduce comparable arrangements.

Explaining the background to his decision, Mr Morris said:

"School Concern has its origin in a visit I paid to Walkden High School in Salford last year, having heard of the pioneering work of Mollie Barrett, the school's Head of Science, whose pupils had 'tailor-made' a wide range of aids to give practical help to local elderly and disabled people.

"Many of the aids were highly imaginative. They included an emergency call system for an elderly disabled person living alone and an alarm 'clock' to wake up a young person who was totally deaf. Their effect was to bring greater safety, comfort, independence and happiness to some very hard-pressed local people.

"The aids were thought out and made by the pupils, as part of their school work. It was work that not only helped individual elderly and disabled people, but which gave the children themselves a new awareness of the problems and needs of those they were helping."

Building upon the work begun at Walkden High School, Salford, the project will involve three comprehensive schools, one sixth form college and four centres run by the Social Services Department in Salford.

Launching School Concern, the Minister said: "I am delighted to be able to provide Community Service Volunteers with the funds in this important new venture. Its aims are, first, to give practical help to people in special need, and secondly, to give children a better understanding of and sympathy with the problems of the disabled.

"The problems and barriers still faced by the disabled are many and daunting. They are problems and barriers caused in the main by ignorance. There is still widespread ignorance of how, for example, just one concrete step can seem like Mount Everest to a person in a wheelchair. There is ignorance also of the loneliness and even desperation felt by the blind and deaf when they cannot see or hear announcements at railway stations or airports.

"These are difficulties that need never have arisen if just a little thought and understanding had been applied in the first place. 'School Concern' will help to ensure that the future generation do not repeat the mistakes of the past in treating the handicapped as second class citizens."

## Medical Treatment in Europe

Most UK citizens covered by the UK National Insurance scheme, and their dependants, are entitled to immediately necessary medical treatment if they become ill whilst visiting another country in the European Economic Community (the EEC). This arrangement also covers those receiving national insurance benefits including pensioners.

Treatment is provided, not through the NHS, but by the national medical care scheme of the other country concerned. You must get treatment from a doctor, dentist or hospital operating under that scheme. The schemes of the other EEC countries vary. In some treatment is free of charge. In others a charge may be made which is recoverable either in whole or in part. You should claim your refund from the local authorities before you leave the country which provided your treatment. If the scheme of that country provides partial refunds (usually 70/75% of the costs) you must pay the balance yourself.

When you book your holiday contact your local social security office and ask for leaflet SA28 which includes an application form. Complete and return this form and, providing you qualify, you will be issued with a certificate of entitlement to treatment (form E111) which is recognised throughout the EEC. Take leaflet SA28 with you on holiday. It explains how to get treatment through the national schemes of each of the other EEC countries.

Britons taken ill while on holiday in Hungary will be also able to get urgent medical treatment free of charge under a reciprocal health agreement between the UK and Hungary.

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### Mobility Allowance – Welcome Changes Announced

In reply to a written Parliamentary Question from Mr. Bruce Grocott (Lichfield and Tamworth), Mr. Ennals said: (9.11.78)

"I am pleased to announce that we intend to make two changes to the upper age limits for the receipt of Mobility Allowance. Firstly, we will provide equal treatment for men and women so that both can establish entitlement to the allowance up to the age of 65. This means that for women, the upper age limit for entry is accordingly raised from 60 to 65.

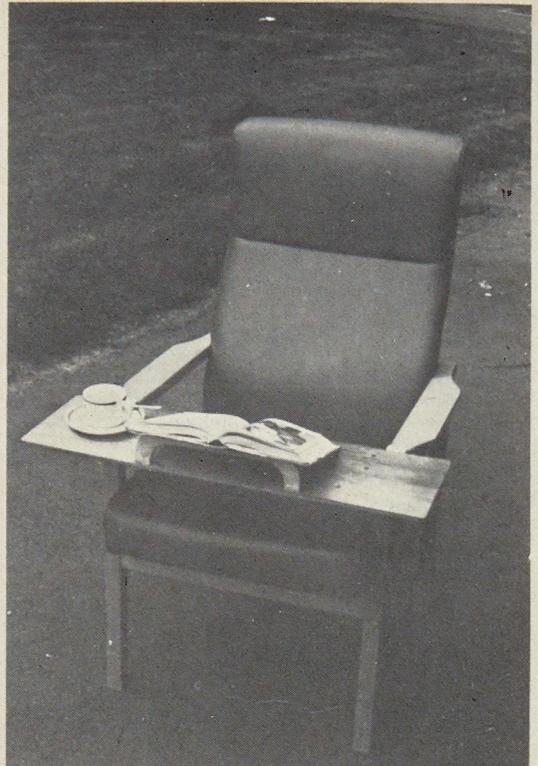
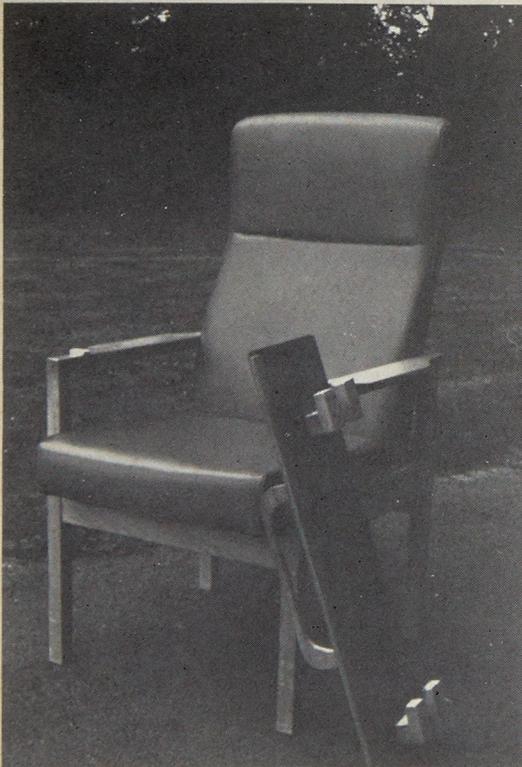
"Secondly, once the allowance is awarded it may be retained until the age of 75, by both men and women."

## Montgomery Armchair Desk

The Disabled, Infirm, or Aged person inevitably has to spend many hours sitting immobile in the same chair. He has the additional frustration of not having in front of him a firm level surface on which he can place such things as his writing pad, his book, his cup of tea, and his T.V. snack. The Armchair Desk has been designed to overcome these difficulties.

The Desk, which is made entirely of wood, is basically very simple. It consists of a strip of lightweight plywood, which we will call the desk top. A shaped handle is fixed in a vertical position on the edge of the desk top furthest from the user when he is sitting in the chair. This handle is useful when placing the desk in position, or removing it. It acts also as a support for the head of the open book when the desk is being used as a bookrest.

As shown in the accompanying drawing and photograph, the only other items are two pairs of blocks fixed to the underside of the desk top. They are so positioned that when the desk is in place on the armchair one block from each pair will be under each armrest. At the same time each pair will have one block in front of and one block behind either the left or the right vertical leg.

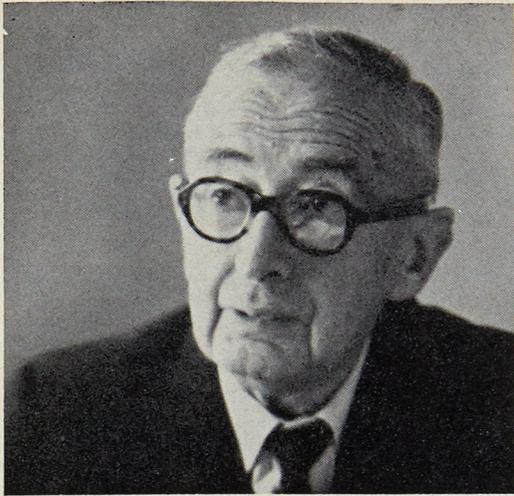


To put the desk into position it is placed across the armrests of the chair with the underside of the desk top resting on the upper surface of the armrests. To anyone sitting in the chair the shaped handle will be seen to rise vertically from the desk edge furthest from him. The desk should now be slid from right to left until the blocks have taken up their positions as described in the last paragraph. When that has been done it will no longer be possible either deliberately or accidentally to push the desk further to the left, or to move it either forward from or back towards the user. To remove the desk from the chair, simply slide it to the right.

To make it easier to position the desk correctly, small flat guide blocks can be glued in the appropriate positions on top of the armrests.

As will be seen from the photograph, the desk is designed for an armchair with open sides. It is an advantage, also, if the armchair is, as is shown, made of wood which is square in section. The armchair shown in the photograph is an SW51 made by Will Beck Ltd.

L.T.M.



## Doctor Geoffrey C. Cheshire, F.B.A., D.C.L.

As we go to press, we have heard of the very sad death of Professor G. C. Cheshire, the father of our Founder Group Captain Leonard Cheshire, V.C.

Dr. Cheshire was the senior Patron of The Leonard Cheshire Foundation, and one who must have played a very considerable and important part in the establishment and building up of the Homes throughout the world.

He was one of the most distinguished academic lawyers of his day, and was Vinerian Professor of English Law at Oxford University between 1944 and 1949.

He was a great writer on the Law and some of his works written as far back as 1925, have extended into their twelfth edition. He was a man from whom 'great things were expected'. He was a Justice of the Peace for Berkshire, and regularly presided over the Juvenile Court at Abingdon when he was resident there. In the Obituary Notice in The Times (30.10.78) it says 'Cheshire combined great fairness of temper with strong convictions, and had the best qualities of a lawyer. Though charming and sociable among his intimates, he rather shunned big occasions'.

Many associated with the Cheshire Foundation will remember his regular appearances at the Annual Conferences until a few years ago. It was always a delight to talk and listen to him, and in his passing the Foundation has indeed lost a great and true friend, but his memory and his influence will continue to live.

We extend to the Group Captain and his brother Christopher and their families our very deepest sympathy in their great loss.

*R.E.L.*

## *Subscription to the Smile*

Our honorary Business Manager, Mr. Bill Taylor wishes to thank all those Homes and personal subscribers who have very kindly made additional payments to their renewal subscriptions to 'The Smile', as suggested by him. The response, he says, has been most encouraging.

Mr. Taylor who turns his hand to every aspect of the business and administration side of the magazine, acts in turn as accountant, secretary, typist, addressograph operator, post-boy, you name it, he does it with the help of a part-time lady assistant. He is a gentleman who does so much, quietly and without fuss, and 'The Smile' owes much to him.

You can show your appreciation by adding as much as you can afford when your subscription comes up for renewal.

## **Annual Conference**

We regret that as 'The Smile' goes to press, we have not as yet received the full transcripts of all the speeches and proceedings at the Annual Conference, but hope to be able to include them as fully as possible in the Winter issue which we hope will be ready by mid January.

*R.E.L.*

# 1 The Leonard Cheshire Foundation

Registered as a Charity Number 218186

**Leonard Cheshire Homes** care for the severely and permanently handicapped—those for whom hospitals can do nothing further. They are run as homes, and offer the affection and freedom of ordinary family life, the residents being encouraged to take whatever part they can in the day-to-day running of the house and to develop their remaining talents. Disabled people are admitted according to need, irrespective of race, creed or social status.

The Management of each Home is vested in a Committee as representative as possible of the local community. The Leonard Cheshire Foundation (a registered charity) is the Central Trust, and has ultimate responsibility for all the Homes. It owns all the property, and acts as guarantor to the public that the individual Homes are properly managed in conformity with the general aims of the Foundation. Similar charitable Trusts have been established to control the Homes overseas.

**7 Market Mews, London, W1Y 8HP**  
**Telegrams, Cheshome, London, W1**  
**Tel: 01-499 2665**

*Founder:* Group Capt. Leonard Cheshire, V.C., D.S.O., D.F.C.

*Patrons:*

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*Chairman:* Sir Christopher Foxley-Norris, G.C.B., D.S.O., O.B.E., M.A.

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*General Secretary:* Mr Arthur L. Bennett.

*Hon. Medical Adviser:* Dr Basil Kiernander, F.R.C.P.

*Hon. Treasurer:* Mr Peter Rowley, M.C.

## Homes Counselling Service

Office: 7 Market Mews, London, W1Y 8HP  
 Tel: 01-492 0162

*Head of Counselling Service:* Mr. Ronald Travers.

*Counsellors:* Mrs. Gillian Corney, Mrs. Alma Wise, Mr. Robert Hopkinson.

*Secretary:* Mr. Wally Sullivan.

# 2 Sue Ryder Foundation

Registered as a Charity Number 222291

**Sue Ryder Home, Cavendish, Suffolk CO10 8AY**

*Founder:* Sue Ryder, C.M.G., O.B.E.

*Chairman:* Mr H. N. Sporborg, C.M.G.

*Honorary Councillors:* Dr J. Apley, C.B.E., M.D., F.R.C.P., J.P./Group Captain G. L. Cheshire, V.C., D.S.O., D.F.C./Miss E. B. Clarke, C.V.O., M.A., B.Litt.(Oxon), J.P./The Rev. Sister J. Faber/Mr Airey Neave, D.S.O., O.B.E., M.C., M.P./Mr John Priest, J.P./Sue Ryder, C.M.G., O.B.E./Mr J. W. Steed/Mr John L. Stevenson, F.C.S., A.C.I.S., F.T.I.I.

The Sue Ryder Foundation was established by Miss Ryder during the Post War Years, after she had been doing relief work on the Continent. Its purpose was—and still is—the relief of suffering on a wide scale by means of personal service, helping the needy, sick and disabled everywhere, irrespective of age, race or religion and thus serving as a Living Memorial to all who underwent persecution or died in defence of human values, especially during the two World Wars. Sue Ryder Homes care for the sick and needy of all ages, including children, and principally for the incurably sick and disabled, the homeless and those others for whom the general hospitals can do no more and who have no suitable place to go.

There are Sue Ryder Homes/Hospitals in Britain and overseas.

# 3 The Mission for the Relief of Suffering

Registered as a Charity Number 235988.

*Founders:* Sue Ryder, C.M.G., O.B.E., and Leonard Cheshire, V.C., D.S.O., D.F.C., in association with Mother Teresa of Calcutta.

*President:* Mrs Lakshmi Pandit.

*Secretary:* Ronald Travers.

**The Mission** was founded by Sue Ryder and Leonard Cheshire for the principal purpose of pioneering new projects which, although fulfilling a clear need and in keeping with their general aims and objects, would probably not be undertaken by either of their respective organisations. Four such projects are:

**Raphael, The Ryder-Cheshire International Centre, P.O. Box 157 Dehra Dun, Up. India.**

caring for a total of some 300 people in need.

Raphael comprises a colony for burnt out leprosy cases, a Home for severely mentally retarded children,

## Subscription Form

Annual Rate—50p. (post free)

If you would like to receive the 'Cheshire Smile' regularly, please fill in your name and address and post this form, with remittance to the Treasurer, The 'Cheshire Smile', Greenacres, 39 Vesey Road, Sutton Coldfield, Warwicks, B73 5NR.

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the "Little White House" for destitute orphaned children and a small hospital with two separate wings, one for general nursing and the other for the treatment of TB. In addition, Raphael operates a Mobile TB and Leprosy Clinic in the Tehri, Garhwal area of the Himalayan foothills. There is a Cheshire Home in Dehra Dun itself, so Raphael is not able to appeal locally for funds. With effect from June 1976 responsibility for its financial upkeep has been taken over by the Ryder-Cheshire Foundation of Australia and New Zealand. The administration is in the hands of a General Council under the Chairmanship of Lt./Gen. S. P. Bhatia, O.B.E. (Retd.).

#### **Gabriel, St. Thomas' Mount, Madras, South India**

A training Unit for leprosy and non-leprosy patients who are living on their own in Madras but are incapable, through lack of a trade, of obtaining work. Financial responsibility is shared between India and Ryder-Cheshire Support Groups in the United Kingdom.  
*Chairman of Governing Council:* L. Nazareth.

#### **Ryder-Cheshire Films, Cavendish, Suffolk**

This Unit produces films and video-tape programmes about the work of the two Foundations.

Details of these productions available on request.

#### **Raphael Pilgrimages**

A Pilgrimage to Lourdes is arranged annually for those chronically ill and permanently handicapped people, many of whom would not be accepted on other pilgrimages, and willing helpers.

*Leader of Pilgrimages:* Gilbert Thompson.  
23, Whitley Wood Road, Reading, Berks.

## **Cheshire Homes in Britain**

*Residents telephone numbers in brackets.*

### **ENGLAND**

#### **Avon**

Greenhill House, Timsbury, near Bath BA3 1ES.  
Timsbury 70533 (70866).

#### **Bedfordshire**

Agate House Cheshire Home, Woburn Road, Amptill, Bedfordshire. Amptill 403247 (404470).

#### **Buckinghamshire**

Chiltern Cheshire Home, 29 North Park, Gerrards Cross SL9 8JT. Gerrards Cross 86170 (84572).

#### **Cheshire**

The Hill, Sandbach. Sandbach 2341 (2508).

#### **Cleveland**

Marske Hall, Marske-by-the-Sea, Redcar, Cleveland TS11 6AA. Redcar 2672.

#### **Cornwall**

St. Teresa's, Long Rock, Penzance. Marazion 710336 (710365).

#### **Cumbria**

Lake District Cheshire Home, Holehird, Windermere. Windermere 2500 (387).

#### **Derbyshire**

Green Gables, Wingfield Road, Alfreton DE5 7AN. Alfreton 2422.

#### **Devon**

Cann House, Tamerton Foliot, Plymouth. Plymouth 771742 (772645).

Douglas House, Douglas Avenue, Brixham.

Brixham 6333/4.

Forches House Cheshire Home, Victoria Road, Barnstaple. Barnstaple 75202.

#### **Dorset**

The Grange, 2 Mount Road, Parkstone, Poole. Parkstone 740188 (740272).

James Burn House, Leonard Cheshire Home, Greenways Avenue, Bournemouth. Bournemouth 523182 (515397).

#### **Durham**

Murray House, St. Cuthbert's Avenue, Blackhill, Consett DH8 0LT. Consett 50400 (502363).

#### **Essex**

Seven Rivers, Great Bromley, Colchester 230345 (230463).

#### **Gloucester**

Cotswold Cheshire Home, Overton Road, Cheltenham GL50 3BN. Cheltenham 52569.

#### **Hampshire**

Le Court, Greatham, Liss. Blackmoor 364 (229).

James Burns House, Greenways Avenue, Bournemouth, 0202 523182.

#### **Hereford and Worcester**

The Saltways Cheshire Home, Church Road, Webheath, Redditch B97 5PD. 0527-44462 (43208).

#### **Hertfordshire**

Hertfordshire Cheshire Home, St. John's Road, Hitchin. S94 9DD. Hitchin 52460 (52458).

#### **Isle of Wight**

Apley Cliff, Popham Road, Shanklin. Shanklin 2193.

#### **Kent**

Chipstead Lake Cheshire Home, Chevening Road, Chipstead, Sevenoaks, Kent, TN13 2SD. 0732-59510 (51855).

Mote House, Mote Park, Maidstone. Maidstone 37911 (38417).

St. Cecilia's, Sundridge Avenue, Bromley BR1 2PZ. 01-460 8377 (7179).

Seven Springs, Pembury Road, Tunbridge Wells. Tunbridge Wells 31138 and 33522 (20130).

#### **Lancashire**

Honresfeld, Blackstone Edge Road, Littleborough. Littleborough 78627 (78065).

Oaklands, Dimples Lane, Barnacre-with-Bounds, near Garstang, Preston PR3 1UA. Garstang 2290 (3624).

#### **Leicestershire**

Roecliffe Manor, Woodhouse Eaves, Loughborough LE12 8TN. Woodhouse Eaves 890250.

Staunton Harold, Ashby-de-la-Zouch, LE6 5RT. Melbourne Derby 2571 (2387).

#### **Lincolnshire**

Hovenden House, Fleet, Spalding PE12 8LP. Holbeach 23037 (23241).

#### **London**

Athol House, 138 College Road, London SE19 1XE. 01-670 3740 (6770).

#### **Merseyside**

Freshfields Leonard Cheshire Home, College Avenue, Formby, Liverpool L37 1LE. Formby 70119.

Springwood House, Cheshire Home, Springwood Avenue, Liverpool L25 7UW. 051-427 7345 (5400).

#### **Middlesex**

Arnold House, 66 The Ridgeway, Enfield, Middlesex EN2 8JA. 01-363 1660 (01-363 0750).

#### **Norfolk**

The Grove, East Carleton, Norwich NR14 8HR. Mulbarton 279.

#### **Northumberland**

Matfen Hall, Matfen, Newcastle-upon-Tyne. Stamfordham 212 (383).

## **Nottinghamshire**

Holme Lodge, Julian Road, West Bridgford, Nottingham NG2 5AQ. Nottingham 869002.

The Dukeries Cheshire Home, Hospital Road, Retford, Notts. Retford 5765.

## **Oxfordshire**

Greenhill House, Twyford, Banbury. Adderbury 679 (667).

John Masefield Cheshire Home, Burcot Brook, Burcot, Oxfordshire OX14 3DP. Oxford 340324 (340130).

## **Somerset**

St. Michael's, Axbridge, Somerset BS26 2DW. Axbridge 358 (204).

## **South Humberside**

Stonecroft House, Barnetby ND38 6YD. Barnetby 344 (699).

## **Staffordshire**

St. Anthony's, Stourbridge Road, Wolverhampton WV4 5NQ. Wombourne 3056 (2060).

## **Surrey**

Harts Leap Children's Home, Harts Leap Road, Sandhurst, near Camberley. Crowthorne 2599.

Hydon Hill, Clock Barn Lane, Hydon Heath, near Godalming. Hascombe 383.

## **Sussex**

Heatherley, Effingham Lane, Copthorne, Crawley RH10 3HS. Copthorne 712232 (712735).

St. Bridget's, The Street, East Preston, Littlehampton. Rustington 3988 (70755).

## **West Midlands**

Greenacres, 39 Vesey Road, Sutton Coldfield, West Midlands, B73 5NR. 021-354 7753 (7960).

## **Wiltshire**

Greathouse, Kington Langley, Chippenham. Kington Langley 235 (327).

## **Yorkshire**

Alne Hall, Alne, York YO6 2JA. Tolterton 295.

Beechwood, Bryan Road, Edgerton, Huddersfield HD2 2AH. Huddersfield 29626 (22813).

Champion House, Clara Drive, Calverley, Pudsey LS28 5PQ. Bradford 612459 (613642).

Kenmore, Whitcliffe Road, Cleckheaton BD19 3DR. Cleckheaton 2904 (2724).

Mickley Hall, Mickley Lane, Totley, Sheffield S17 4HE. Sheffield 367936 (365709).

Spofforth Hall, Harrogate HG3 1BX. Spofforth 284 (287).

White Windows, Sowerby Bridge, Halifax HX6 1BH. Halifax 31981 (32173).

## **SCOTLAND**

### **Dumfries**

Carnsalloch House, Dumfries. Dumfries 4924.

### **Edinburgh**

Mayfield House, East Trinity Road, Edinburgh EH5 3PT. 031-552 2037 (4157).

## **WALES**

### **Clwyd**

Dolywern, Pontfadog, Llangollen. Glynceiriog 303.

Eithiog, Old Highway, Upper Colwyn Bay LL28 5YA. Colwyn Bay 2404 (30047).

### **Dyfed**

Coomb, Llangynog, Carmarthen. Llanstephan 292 (310).

### **Gwent**

Llanhenock Cheshire Home, Llanhenock, near Caerleon NP6 1LT. Caerleon 420045 (420676).

### **South Glamorgan**

Danybryn, Radyr, Cardiff CF4 8XA. 842237 (842335).

## **IRELAND**

Ardeen, Shillelagh, Co. Wicklow, Eire.

Rathfredagh House Cheshire Home, Newcastle West, Co. Limerick, Eire.

St Laurence Cheshire Home, Lota Park, Cork, Eire.

St Patricks Cheshire Home, Tullow, Co. Carlow, Eire.

Cara Cheshire Home, Phoenix Park, DUBLIN 20.

The Barrett Cheshire Home, 21 Herbert Street, DUBLIN.

The O'Dwyer Cheshire Home, Lismirrane, Boholo, Co. Mayo.

## **HOMES FOR PSYCHIATRIC AFTER-CARE**

### **London**

Miraflores, 150-154 Worple Road, Wimbledon, SW20. 01-946 5058.

Gaywood, 30 The Downs, Wimbledon SW20. 01-946 9493.

Nicholas House, 3 Old Nichol Street, Bethnal Green E2. 01-739 5165 (9298).

## **MENTALLY HANDICAPPED CHILDREN**

### **Cheshire**

The Green, Christleton, near Chester. Chester 35503.

### **Dorset**

Buckfield House, Lyme Regis.

Fairfield House, Lyme Regis. Lyme Regis 2487.

Hawthorn Lodge, Hawthorn Road, Dorchester. Dorchester 3403.

## **Special Services**

Leonard Cheshire Homes wing for G.L.C. Flats: (care service only) Cheshire Estate, 30 Palace Road, Tulse Hill, London SW2. Tel: 01-671 2288

Flats for couples, one of whom is disabled:

Robin House, St. John's Road, Hitchin, Herts.

Disabled Students accommodation:

Taylor House, 16 Osler Road, Headington, Oxford.

Training Centre:

Cheshire Foundation Service Corps, Study Centre, Le Court, Liss, Hants. Tel: Blackmoor 421

## **Leonard Cheshire Homes Overseas**

Secretary, 5 Market Mews, London W1Y 8HP. Tel. 01-499 2267.

### **Argentina**

Hogares Cheshire para Lisiados Casilla de Correo 896, BUENOS AIRES

### **Bangladesh**

Cheshire Foundation Home, C/53 Road 6. Bonani Model Town, P.O. Box 2342, DACCA.

### **Brazil**

The Cheshire Home, Rua 7 de Abril 252, 12, SAO PAULO

### **Canada**

Ashby House Cheshire Home, 78 Springhurst Avenue, TORONTO

Carey House Cheshire Home, P.O. Box 985, Oakville, ONTARIO

Clarendon Foundation (Cheshire Home) Inc., 21a Vaughan Road, Toronto, Ontario

C.O.R.D.I. Home, 1604 Pullen Street, OTTAWA, K1G.0N7.

The Durham Region Cheshire Homes, 829 Simcoe Street, N. Oshawa, ONTARIO

McLeod Home, 11 Lowther Avenue, TORONTO

Peel Cheshire Home, 361 Queen Street, Streetsville,  
Mississauga, ONTARIO  
Quinte Cheshire Home, 246 John Street, BELLEVILLE,  
Ontario  
Saskatoon Cheshire Home, 314 Lake Crescent,  
Saskatoon, Saskatchewan  
\*London, Nova Scotia, Toronto.

#### **Chile**

Hogares Fundacion Cheshire de la Esperanza, Casilla  
3337, SANTIAGO  
Hogares Cheshire Home, Casilla 74, CONCEPCION

#### **Ethiopia**

The Cheshire Home, PO Box 3427, ADDIS ABABA (C)  
The Cheshire Clinic, PO Box 1383, ASMARA (C)  
The Cheshire Home, PO Box 18, SHASHAMANE  
Makalle\*

#### **France**

Foyer Cheshire de Fontaine-Francaise 21610.

#### **Guyana**

The Cheshire Home for Spastic Children, Mahaica  
Hospital, E. C. DEMARARA (C)

#### **Hong Kong**

The Cheshire Home, Chung Hom Kok, PO 15061,  
NR. STANLEY

#### **India**

The Cheshire Home, H. A. L. Road, BANGALORE 17  
The Cheshire Home, Opp. Buddhev Colony, Kareli Baug,  
BARODA  
Bethlehem House, Mahakali Caves Road, Andheri,  
BOMBAY 69  
The Cheshire Home, (Asansol) Dt. Burdwan, BURNPUR,  
W. Bengal  
Serampore Cheshire Home, "Bishop's House"  
51 Chowringhee Road, CALCUTTA 16  
Tollygunge Cheshire Home, Tollygunge, CALCUTTA  
Cheshire Home, Sowripalayam Road, COIMBATORE,  
641028  
"Anbu Nilayam", The Cheshire Home, COVELONG,  
Chingleput Dt.  
Govind Bhavan Cheshire Home, 16 Pritam Road, DEHRA  
DUN  
Rustomji P. Patel Cheshire Home, c/o Telco Ltd.,  
JAMSHEDPUR  
"Vishranti Illam" Cheshire Home, KATPADI Township.  
Vellore 632006, N.A.Dt.  
The Cheshire Home, Towers Lane, Kankanady,  
MANGALORE 2  
The Cheshire Home, Balamore Road, NAGERCOIL 629001  
Delhi Cheshire Home, c/o C-1/33 Safdarjang Dev. Area,  
NEW DELHI 16.  
Meathmag Cheshire Home, PO Box 10, RANCHI  
Lucknow\*  
Cheshire Home, Thoppur B.O. (via) MADURAI-625006.  
India.  
The Leonard Cheshire Home, Kuravankonam,  
TRIVANDRUM 3.

#### **Indonesia**

Wisma Cheshire, 90 PO Box 3018 Djarkata.

#### **Kenya**

Dagoretti Childrens' Centre, P.O. Box 24756, Nairobi.  
The Limuru Cheshire Home, P.O. Box 325, LIMURU,  
Nairobi.  
Likoni Cheshire Home, P.O. Box 83094. MOMBASA.

#### **Malaysia**

Cheshire Home Johore, Jalan Larkin, JOHORE BAHRU  
Cheshire Home, PO Box 1267, KUCHING, Sarawak  
Rumah Amal Cheshire Selangor, PO Box 2111,  
KUALA LUMPUR  
Sabah Cheshire Home, Peti Surat 1271, Kota Kinabalu,  
SABAH

#### **Mauritius**

Cheshire Home, Tamarin, FLOREAL

#### **Morocco**

Foyer Koutoubia, Parvis de la Koutoubia, MARRAKECH (C)  
Dar el Hanaa, 3 Place des Aloes, Marshan, TANGIER (C)

#### **Nigeria**

Cheshire Home Enugu, 1 Adelaba Street, ENUGU (C)  
Oluyole Cheshire Home, PO Box 1425, IBADAN (C)  
Cheshire Home Lagos, 91 Agege Road, Mushin, LAGOS  
State (C)  
Cheshire Home Orlu, Ubulu-Theojofofor, ORLU, E.C.S. (C)  
Cheshire Home, PO Box 365, Churchill Road,  
PORT HARCOURT (C)

#### **Papua and New Guinea**

The Cheshire Home, PO Box 1306, Boroko, PAPUA (CM)

#### **The Philippines**

Sinag Tala for Men, Congressional Road, Carmel  
Subdivision, Project 8, Quezon City  
Sinag Tala for Women, 74 Grants Street, G.S.I.S.  
Village, Project 8, Quezon City  
Kakayhan Home, 39 Marikundo Street, Urduja Village,  
Caloolan City, Quezon City  
Pangarap Home, 31 Paraiso Street, Bo. San Agustin,  
Novaliches, Quezon City  
Bahay Mapagmahaj, National Orthopaedic Hospital,  
Banawe Street, Quezon City  
Biyaya Home, St. Michael Street No. 7, Cubao,  
Quezon City  
Tahanang Walang Hagdanan, 13 Dona J. Rodriguez  
Street, New Manila, Quezon City  
Tahanang Walang Hagdanan, 5th Street, New Manila,  
Quezon City  
Liwanag Home, P.O. Box 3565 MANILA  
Bagio Home, P.O. Box 3565 MANILA  
**Portugal**  
Lares Cheshire em Portugal, Rua Joao da Silva No. 3,  
CARCAVELOS

#### **Seychelles**

Dr. Hermitte House Cheshire Home, Mont Royal,  
Victoria, MAHE

#### **Sierra Leone**

Sir Milton Cheshire Home, PO Box 150, BO. (C)  
The Cheshire Home, PO Box 916, 18 Race Course Road,  
FREETOWN (C)

#### **Singapore**

Singapore Cheshire Home, Singapore Council of Social  
Services Bldg. 11 Penang Lane, SINGAPORE 9

#### **South Africa**

Cheshire Homes - Natal P.O. Box 3887, DURBAN 4000  
and 119 Salisbury House, Smith Street, DURBAN 4001  
Queensburgh Cheshire Home, 890 Main Road, MOSELEY  
4093, Natal  
Chatsworth Cheshire Home, House No. 74, Road 217,  
CHATSWORTH 4092, Natal  
Ann Harding Cheshire Home, P.O. Box 51357. RANDBURG,  
Transvaal, South Africa 2125  
The Cheshire Home, Gomery Avenue, Summerstrand,  
PORT ELIZABETH  
Eric Miles House, 20 Corsair Road, Sandrift, MILNERTON,  
Cape Province.

**Spain**

Hogar de la Amistad, Calle Beneditti No. 60 BARCELONA  
 Hogar de la Amistad, de Sants, Calle Augranes 103 Bajos,  
 Sants, BARCELONA

Hogar de la Amistad, de Mosnou, Avda de Navarro 68,  
 Mosnou, BARCELONA

Hogares Cheshire de Essana, Cno. de los Vinateros 127  
 7° B., Moratalaz, MADRID.

**Sri Lanka**

The Cheshire Home for Elders, Kiula, MATALE  
 Sir James & Lady Peiris Cheshire Home, 17 Siripala Road,  
 MOUNT LAVINIA

Wester Seaton Cheshire Home, 76 Main Street,  
 NEGOMBO

**Sudan**

The Cheshire Home, PO Box 801, KHARTOUM (C)  
 Juba\*

**Thailand**

Siri-Wattana Cheshire Home, BANGPING, 25 Chitlom  
 Lane, Bangkok 5

Cheshire Home, Rangsit, 25 Chitlom Lane, Bangkok 5

**Uganda**

Buluba Cheshire Home, PO Box 151, BULUBA, Iganga  
 Cheshire Home for Paraplegics, PO Box 6890,  
 KAMPALA

**U.S.A.**

Enquiries to Cheshire Home in N.J. Inc., Red Cross  
 Building, One Madison Avenue, Madison, N. J. 07940,  
 U.S.A.\*

The Secretary, Leonard Cheshire Foundation Inc.,  
 Suite 600, 1211 Connecticut Avenue, Washington  
 D.C. 20036

**Venezuela**

Casa Cheshire, Cuarta Avenida 24, Campo Alegre,  
 CARACAS

**West Indies**

Thelma Vaughan Memorial Home, The Glebe, St. George,  
 BARBADOS (C)

The Cheshire Home, Sauteurs, St. Patrick, GRENADA  
 The Cheshire Home, St. Andrews Gardens, San Fernando,  
 TRINIDAD

Jamaica Cheshire Village, Mona Rehabilitation Centre,  
 Kingston 7, Jamaica.

**Zambia**

The Cheshire Home, 10a Twin Palm Road, LUSAKA (C)

\*Homes in preparation. (C) for disabled children.  
 (CM) for Mentally retarded children.



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