**Oral History Transcription – Trev – Sobell Lodge**

**Rewind – Leonard Cheshire Disability, supported by the Heritage Lottery Fund**

**Filmed** – 2016

**Start of transcription**

[Text on screen: What theatre productions did you do?]

[Trev]

00:00:11 - I got involved in two theatre shows… And we arrived on Saturday afternoon. At two o'clock and ready for a 7:30 start, and then we had, no. We had to get our costumes on first. And then makeup, and then I used to get back at ten o'clock at night.

00:00:59 - So I did a drama course for two years which I thoroughly enjoyed, and I made friends. And … I have fun memories of my plays, 'cause I used to do plays here as well.

00:01:28 - Pied Piper, Snow White, Cinderella, Sherlock Holmes. And we used to get certificates at the end to show people that we were acting, 'cause there's nothing to stop you from doing what you want.

[Text on screen: What other activities have you done?]

00:02:08 - I did a swim-a-thon … against another resident. I think it was at Seven Springs, another Cheshire home, because they've got their own hydro pool and we borrowed that one for the sponsored swim. And we raised money for this, the home, and I did 30 and the lady did 33.

00:02:56 - And I do poetry on Monday's. And I enjoy life with Leonard Cheshire 'cause I know he was a great man. I'm very proud of being here, 15 years later, 'cause I was only 21 when I arrived, I'm now 37. So, I'm very proud to be part of Leonard Cheshire.

00:03:44 - I feel comfortable here. I've built up relationships. I've built up friendships. I've built up … friendships with residents and we have a laugh.

[Text on screen: What else do you do here?]

00:04:08 - I'm heavily involved in the church. When the real pastor’s not here, or on holiday, I can step in because I'm his assistant. So, I can step in if he can't make it. And I feel very happy now that it’s given me something to do with my weekends 'cause I'm always preparing for the church service on Sundays.

00:04:56 - I know it's once a month but it gives me something to do, to prepare for. So it's like a new life that I want to follow up.

**End of transcription**