**Film Transcription**

**Rewind – Leonard Cheshire Disability, supported by the Heritage Lottery Fund

Film Title:** Hope
**Duration:** 18minutes 32 seconds **Transcription Date:** 8th August 2016

**Summary of Main Points**

0:10 to 0:52 Introduction Screens are Displayed

0:53 to 2:13 An Introduction from Stewart Yesner

2:14 to 3:09 A song is played entitled, 'It Could Happen To You'

3:12 to 7:26 We are introduced to 'Trinny', a young woman who is in a wheelchair following a motorcycle accident.

7:48 to 9:57 Phillip Scott is introduced, a former race car driver, who broke his neck in a crash and is now paralysed as a result.

9:57 to 15:59 We are introduced to Judy and Jason Kilby, a mother and her son, where it is revealed that Jason was struck by a car and permanently paralysed.

16:00 to 17:46 Stewart Yesner discusses paralysis and the hope scientists have of eventually being able to 'cure' it.

17:47 to 18:10 Credits for the film are shown. After which, there is a blank screen and silence until the video ends at 18:32.

**Start Of Transcription**

0:00 Silence and blank screen until 0:10

0:11 'International Spinal Research Trust' is displayed on-screen.

0:27 'A Nick Dance/Brian Line Film' is displayed on-screen.

0:40 'This production made for the International Spinal Research Trust contains extracts from the original film - 'It Could Happen To You' - made for television and The International Year of Disabled People' is displayed on-screen.

0:49 'Hope' is displayed on-screen.

0:53 'Introduced by Stewart Yesner, B.A, Founder Director' is displayed on-screen.

0:58 **Stewart Yesner**: The spinal cord consists of a complex system of nerve-fibers, running from the brain to the base of the spine. This acts as a telecommunications system between the brain and the rest of the body thereby enabling the body to function properly. Damage that cord and your telecommunications system goes haywire, usually permanently and this means confinement to a wheelchair. The spinal cord is a very delicate structure and it does not take much to cause permanent paralysis. This was clearly brought home to me by a leading scientist who explained, that it is just **this** [1:35 Yesner drops a small, hexagonal nut into his palm from a short height] amount of pressure on the open, exposed, spinal cord which is sufficient to cause permanent paralysis. There are no available figures in the United Kingdom of how many people are paralysed but in the United States, at present, the paralysed population is a half a million and a further 15,000 people every year end up in wheelchairs. Spinal cord injury paralysis strikes the old and young alike, being fit and healthy is no protection, no one is really free...no one is free from the risk of it happening to them.

2:14 Music plays [A song called 'It Could Happen To You']- it is a song of children being born paralysed and of different situations where people have been paralysed.. We are shown a child being born. We are shown car crashes and ambulances. We are shown violent skirmishes between the public and police, a woman with a severely injured leg and multiple shots of people in wheelchairs. At 3:07 'It Could Happen To You' appears on screen.

3:09 'Narrated by Tony Northmore' appears on screen.

3:12 **Trinny**: I was out one evening, with my boyfriend, and we'd been to...a pub and, we had met up with my brother and several other friends, and it was when we were driving back I was on the back of his motorcycle, and emm...we hit a stationary vehicle. Both my boyfriend and I were injured, he broke a leg, I broke my back which is why I'm now in Stoke Mandeville Hospital.

3:39 **Tony Northmore**: One person in ten in Britain is disabled. Trinny is one of them. Just a few months ago she was leading a normal, healthy life of a teenager at school. But now we see her at the National Spinal Injury Centre at Stoke Mandeville. One of the doctors treating Trinny, Director of the National Spinal Injuries Centre, Doctor Hans Frankel.

4:00 **Doctor Hans Frankel**: Well the disability we deal with here is spinal cord damage, which in most cases is caused by an accident. There are a few diseases that cause a similar severe impairment of the spinal cord of sudden onset. But most of our patients are from accidents. The commonest being road accidents...cars, motorcycles, pedestrians and the next commonest being industrial accidents where people fall off buildings or things fall onto people. And finally, there are quite a lot of sporting accidents. Gymnastics, horse riding, diving into shallow water and all these injuries can damage the spinal column, which can injure the spinal cord which runs within it. A spinal cord is the main nerve supplier to the body, and if the nerves in the spinal cord are physically severed, there's nothing known to medical science at the moment which can mend those nerves. The consequences of that are immensely serious, not only is there paralysis of all the muscles below the injury, there's also a loss of feeling and a great deal of trouble with the bladder and bowel functions.

5:18 **Trinny**: When you first come here, you are just kept absolutely immobile in bed for a couple of months...the nursing has to be very intensive and very careful the way they treat you because you're not in a brace or a splint or anything. And after the couple of months are up and they establish that your back is...the bone has healed, they start to put you up in your chair and emm...from then on you have two types of treatment, one just to keep you occupied and keep you happy cause obviously that is an important point. And another to actually prepare you for the world outside. And that takes the form of physiotherapy which is rather gruelling, and you don't think you can do it right at the beginning but gradually everything comes together. And the physiotherapists are very good. And everyone seems very kind.

6:11 **Female Physiotherapist**: Ok Trinny, shall we start? Nice big lift...high as you can...that's right, and down. [Trinny is shown lifting herself off the ground with her hands, from a seated position]

6:24 The video seizes until 6:28

6:28 **Trinny**: ...improving things like balance which are dreadful and you have things like archery, and swimming and there's occupational therapy where you can do handicrafts, sewing and really generally what interests you, everyone's very keen to make sure that you are enjoying yourself, as much as possible.

6:47 Music plays once more. The lyrics reference Trinny and her disability. The video shows her taking part in archery and looking at shop windows in town.

7:11 **Tony Northmore**: Although at the moment Trinny's getting complete support, when she returns to society, she is going to face the reality of life in a wheelchair. Sadly, this is going to be a permanent situation unless hope is found for a cure, through research.

7:27 The film changes to race-cars on a starting grid, revving their engines.

7:48 **Tony Northmore**: One disabled person whose life was changed in a split second is Phillip Scott.

7:54 **Phillip Scott**: I was working umm...in the film industry and doing a variety of jobs there umm...and I also started doing motor racing too, at Thruxton. It was while I was at Thruxton I had a slight accident, it was quite colossal at the time. I was doing a...practice day and ehh...it was a cold, wet morning and...I was going through a series of kerbs and it was just coming out of one of those curbs I hit the dreaded mud. This mud...I just happened to get one wheel on it and crank the car up sideways...I was doing about 80 at the time I think, roughly, coming out of the corner...and I went straight into a marshals post...the force, about 80 miles an hour, sideways, just broke my neck. The ambulance came very quickly and uh...fire brigade...and it was quite a bit of time until we actually...got me out of the vehicle indeed. Because they had to go and cut the middle section of the car to pieces because it was imperative that my neck wasn't moved, bent or anything and uhh...they then lifted the middle section of the car into the ambulance and I was then carted off to Salisbury and ehh...there I spent my first night in hospital in Salisbury. And a day later I went to stay at Mandeville, which was a...[Laughs] a very different experience than I ever experienced before. Yet I still enjoy going to motor racing, in fact I went quite recently and saw a friend of mine Carl Jeans and I remember when he was sitting in the car and I was chatting to him that, I was wondering what he was thinking about just before his race. I've heard some drivers say that after they came to visit me in hospital they...had very bad times when they, when they drove 'round the circuit because it must affect you in some way...umm...to see a friend or a colleague lying in there who...got there purely because he was going about enjoying something that he was doing quite a lot of or...or sort of thing. But, yes people do tend to slow down, think, after a while... [One more word is said, under breath at 9:57 but it is unclear]

9:57 **Tony Northmore**: The horrifying fact that dismayed Phillip's family and friends, was that nothing was being done. Phillip, like so many thousands of others still have hope for a cure. Imagine...imagine what it must be like for the family of a 2 year old boy to face the future without hope. Judy Kilby experienced this when her son Jason was paralysed in an accident. What was her first reaction?

10:25 **Judy Kilby**: Well the obvious feeling for me was that ahh...why? Why my child? Why was it my child that was run over? And then, shock. Umm...very badly shocked, obviously. It took me quite a long time, really, to get over it umm...in fact Jason helped a lot, in the way that umm...he's...he's accepted his injury, he helped us an awful lot to umm...cope. And to accept the fact that he is in a wheelchair.

10:55 **Jason Kilby**: Well, I got knocked down by a car. Quite a few years ago. When I went in to Stoke...I've had a few press sores and I had to keep...going back into hospital for check-ups and...operations, like, clipping my ankles and uhh...hip operations and on my back and that...I was in for a long time there.

11:23 **Judy Kilby**: He was in Stoke for about 16 months after his accident and uhh...that is when umm...I umm...definitely realised what had happened. It wasn't really until then that I realised because you had a child that went out that wasn't in a wheelchair and when he comes home he's in a wheelchair. And it does make a big difference. Certain things you sort of, have to build around...Jason uhh...you can't get away from that but...we try as much as we can for our daughters sake and for everyone's sake to lead as normal a life as possible...and I think this is what Jason would want anyway umm...you know, he hates to be fussed over, he doesn't like to feel any different and he isn't any different than you or I, 'part from the fact that he can't walk. And therefore he doesn't want,...you know, to be treated any different.

12:12 **Jason Kilby**: I done...swimming...uhh...archery, basketball, that school has started the javelin and the shot and kept on with me swimming. And I started football...a few months ago and cricket.

12:29 **Judy Kilby**: We're very thrilled umm...that he, he won the uhh...Young Citizen of the Year Award this year...umm, because he did a swim...because he raised umm, I think it was about a 1000 and a half pounds in two hours, that they nominated him for this award and umm...for his age group he won it. And uhh...we are obviously very proud of him.

12:52 to13:07 Jason is shown playing with his sister and then with his dog.

13:07 **Jason Kilby**: Mum remembered the 'Way I See' club, teacher got me interested in it...and I've been interested in it ever since I've been...out from [Unclear at13:17]...school, where I buy a lot of bird books. I've been a member for five months and at the moment I've bought ten bird books throughout that...period. And I go on the nature trails with the school...and go in the bird hides...and watch the birds. I think it's really good fun.

13:43 **Judy Kilby**: Quite honestly before, I hadn't uhh...really thought an awful lot about it, you obviously, you see people in wheelchairs but emm...you don't realise ehh...exactly what it means because it's not just the fact that ehh...perhaps they can't walk or even some people can't move their arms. Umm...there's all the other things that go with it. Umm...which are equally, really, important. And it's opened my eyes...oh...an awful lot...I just umm...didn't comprehend really what it all meant.

14:17 **Jason Kilby**: I'm interested in model-making as well. At the moment, I got a job...something that my dad organised...I get 3 pound for a model that I do...that is making it, spraying it and doing it all up...that's good fun. Well I'd like to, sort of, be able to walk and I'd like to be...truck driver when I grow up...perhaps something will come along so that, I can drive lorries about and get up and into the cab by myself...and help load the trailers, when I need to. And sort of, see to the engine and change the wheels when they need changing. That'll be good.

15:09 **Judy Kilby**: You never give up hope, you must never ever, give up hope, and I hope that Jason's never given up hope which I'm sure he hasn't because I don't know how you would go on living if you did. Umm...it's very very important to just think no, I'm perhaps not just going to sit there all the rest of my life, that perhaps one day, someone might come along with something and be able to do it to help me, you know, and do something about the injury. If the money's forthcoming, which I...I just hope that it will be, because it's so important, it's such an important thing that they are doing, and it's going to help so many hundreds of people umm...that if the money is forthcoming and they do come up with something, operation or whatever, I would only be too willing and I'm sure Jason would to...to take...any part in ahh...anything like that.

16:00 **Stewart Yesner**: We have seen a few examples, of how people's lives have been instantly transformed. With recent advances in medical science and technology, it is now possible to explore ways of trying to cure paralysis. Spinal cord research is one of the most neglected areas of medicine today.

16:18 Video freezes.

16:31 **Stewart Yesner**: ...that the results the results of our frontier research program, could also benefit many people suffering from back pain and other neurological disorders. We are closely collaborating with research efforts, in the United States and other parts of the world. We don't want to falsely raise people's hopes, but the fight against paralysis is gaining ground and scientists are convinced that there is some light at the end of the tunnel. We are asking you, to help us, in our task to raise the urgently needed funds for spinal cord research. If nothing is done, we will be seeing people in wheelchairs for some time to come. There is justification for hope. Please send all donations, however large or small, to the International Spinal Research Trust, Strand House, 10 New Fetter Lane, London, EC4A 1AD. Thank You.

17:47 An image is shown: It is a man standing up from a wheelchair, entitled: "He wants to stand up for himself. Your donations for research are urgently needed."

**End of transcription**